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26th European Nutrition and Dietetics Conference

April 20-21, 2020 | Berlin, Germany



SCIENTIFIC PROGRAM

Title: Beyond Modern and Traditional Medicine: A New Diet for the Holobiont

Marcello Menapace
M&Ms Consulting Ltd, UK

Recent advances in glycobiology have described the inner workings of the much debated blood type diets (BTD).The confirmed presence of special sugars (glycans) in all foods explains how and why people of different blood type react differently to food. All women and men can be effectively divided into four blood groups: A, B, AB and O.The BTD has been devised empirically but can now be demonstrated theoretically, too. This characterization of humanity into distinct groups (or constitutions) is neither unique nor a recent discovery.

Title: Blood Type Diets: Expanding the Theory to Practice

Marcello Menapace
M&Ms Consulting Ltd, UK

Theoretical and molecular biology has expanded its scope recently to include a vast array of new topics following the greater availability of new technologies. Glycobiology is one such subcategory of Life Sciences that has considerably benefited from the introduction of almost fantascientific novel tools to explore humans at the molecular level. Advances in glycobiology have have new realms of explanation possibilities especially in Nutrition.

Title: Comparison of blood vitamin D status between young adults of African-Caribbeans and Caucasians

Honglin Dong
Coventry University UK

Vitamin D deficiency in the UK affects 21.7% of women and 24% of men. The most vulnerable groups have shown to be ethnic minorities, for instance, African- Caribbean and Asian adults due to the skin pigmentation that affects the absorption of ultraviolet-B (UVB) light. This cross-sectional study aimed to determine the prevalence of Vitamin D deficiency, insufficiency and sufficiency in African-Caribbean and Caucasian young adults at Coventry University.

SPEAKER SLOTS AVAILABLE

Title: A systematic review on child growth: the incongruity of key-words between research paradigms

Lybrich Kramer
University of Groningen, Netherlands

While socio-cultural context is shaping parents' construction of and actions around child growth, the discourse on assessment of child growth is largely based on biomedical indicators. We aimed to identify indicators of child growth that go beyond the biomedical or socio-epidemiological paradigm. A systematic search using keywords related to child growth (including development) was conducted in MEDLINE, PUBMED, EMBASE, CINAHL, Science Direct, Sociological Abstracts, CAB Global health, and Cochrane.

Title: Determinants of household food insecurity among smallholder farmers in ilu galan district, oromia region, ethiopia

BelachewDessalegn
Madda Walabu University, Ethiopia

Global estimates of food insecure population stand at 825 million to 850 million. Regional estimates of the food insecure population include 263 million in South Asia, 268 million in China and Southeast Asia, 60 million in South and Central America and the Caribbean, 2012 million in sub-Saharan Africa and 50 million in other regions of the world. Household food insecurity is a complex, multidimensional phenomenon created by the non-availability of sufficient food to meet the needs of all household members.

Title: Barriers on optimal Maternal and Child feeding practices in Pastoralist Areas of Somali Region

Abdulahi Haji Abas
Jigjiga University, Ethiopia

Rhizosphere is a soil ecological region where soil is subjected to specific influence by plant root due to the interface. The great array of root- microbe interactions results in the development of a dynamic environment known as the rhizosphere where microbial communities also interact. The differing physical, chemical, and biological properties of the root – associated soil compared with those of the root – free bulk soil

SPEAKER SLOTS AVAILABLE

Title: Chemistry, oxidative stability and bioactivity of Rosa rugosa Thunb. oil extracted by supercritical CO2

Magdalena Grajzer
Wroclaw Medical University, Poland

Wrinkled rose Rosa rugosa Thunb. oil (RR) extracted by supercritical carbon dioxide was characterized for its composition, quality and DPPH radical scavenging activity. The oxidative stability was assessed using differential scanning calorimetry (DSC). Bioactive potential of RR aqueous emulsions was investigated by in vitro models for cell cytotoxicity, proliferation, redox state and migration using mouse embryonic fibroblast Balb/3T3, human dermal fibroblast NHDF cell lines.

Title: The Differences In Hydration And Dehydration Status: Physiological Characteristics In Students

Ogbolu Melvin Omone
Obuda University, Hungary

As dehydration becomes chronic, it results in notable long-term effects that are disadvantageous to the physiological performance of an individual. The need for continued research and awareness on drinking behavior is important for examining the influence of both hydration and dehydration status on physiological health. Thus, this would help fortify the human body against the lethargy associated with water deficiency when adequate water intake (AWI)..

Title: Next generation probiotics, prebiotics and postbiotics: Composition, activities and their potential applications throughout the life span

Laila Hussein
National research center, Egypt

The characteristics of the gut microbiota in healthy human had been well defined throughout the whole life span. Definite changes in the gut microbiome dysbiosis is closely related to development of chronic inflammation related disease. The modulation of the intestinal microbiome by next generation probiotics [NGP], prebiotics and postbiotics provides novel strategies that may be effectively applied for treatment of such aberrations.

SPEAKER SLOTS AVAILABLE

Title: The antioxidants and mineral components in Georgian red wines Kindzmarauli and Saperavi

LaliAkhalbedashvili
Tbilisi State University, Georgia

Statement of the Problem: Antioxidants prevent lipid peroxidation and accumulation of free radicals in the body. Deficiency of endogenous antioxidants can be compensated by using the natural biologically active compounds found in beverages and food products. Grape wines, the sources of a unique natural composition of antioxidants, attract special attention of researchers. Mineral components

Title: Nutritional status and food intake affected by crohn's disease severity: a greek cross-sectional study

Arezina Kasti
Attikon University Hospital,Greece

Crohn's Disease (CD) patients are prone to malnutrition. Perturbations of dietary intake may adversely affect the course of the disease. Primary objective: to investigate the adequacy of dietary intake based on the European Dietary Reference Intake (DRI) in CD patients. Single center cross-sectional study. Patients were divided into 2 groups according to severity of the disease defined by Harvey-Bradshaw Index

Title: Effects of seaweed extract on postprandial blood glucose in overweight individuals

Alfons Ramel
University of Iceland, Iceland

Background: Nutritional status of hospitalized old adults is often inadequate after discharge. The aim of the study was to assess dietary intake, food security and nutritional status of old adults after discharge. Methods: In these pilot study community-dwelling old adults (N=13; 87.7±5.6yrs; MMSE≥20; no catabolic diseases) discharged from the Acute Geriatric Unit of the National University Hospital of Iceland were included. Anthropometrics, dietary intake, food security and quality of life (QoL) were assessed at discharge, one week (home) and two weeks later (home)

SPEAKER SLOTS AVAILABLE

Title: Nutrition related problems in Icelandic old adults recently discharged from hospital

Alfons Ramel
University of Iceland, Iceland

Background: Nutritional status of hospitalized old adults is often inadequate after discharge. The aim of the study was to assess dietary intake, food security and nutritional status of old adults after discharge.Methods: In this pilot study community-dwelling old adults (N=13; 87.7±5.6yrs; MMSE≥20; no catabolic diseases) discharged from the Acute Geriatric Unit of the National University Hospital of Iceland were included. Anthropometrics, dietary intake, food security and quality of life (QoL) were assessed at discharge, one week (home) and two weeks later (home).

Title: Assessment of Nutrition Patterns among Nursing Students at Misurata University

Ayman Mustafa
Misurata University, Libya

Good nutrition pattern is reflecting a healthy and nutritionally adequate diet to help promote health and prevent chronic disease for current and future generations. The present study was conducted to assess dietary patterns and eating behavior among nursing students at Misurata University. In addition to clarify the correlationship between hemoglobin level, gender, dietary patterns and eating behavior. Sixty-one students age 18-30 years old were selected randomly, within six months from April up to December 2018.

Title: Studies on Diet Transition Impelled Smart Nutrition as a Technological Asset to Justify Health Claim

Vasant N. Pawar
MIT-ADT University, India

Adequate and optimal nutrition rightly compensates with health of consumer as a function of high quality food and valuable nutrients dependent on either natural or processed status. Philosophy of nutrition is changing very fast with lifestyle transition based on unhealthy options predominantly coiling around junk food preferences. This has provided a vibrant option for upgrading of nutrition through innovative processing technologies exploring great potential Heart, brain, joints, vision etc.).

SPEAKER SLOTS AVAILABLE

Title: Global forum of innovation in nutraceuticals and natural medicine

Shaily Agarwal
Sri Sri College of Ayurvedic Science and Research Hospital,India

Food is necessary for building the body and it forms the physical and chemical system. The energycomes from the food we eat. It is responsible for the promotion of health, brings about immunity and happiness. It acts as the medicine for the body and helps in the prevention of diseases like obesity, stroke and kidney stones when a proper diet is followed respectively. Food and proper lifestyle constitute the normal functioning of all the sense organs and keeps us away from all the disorder and bring about proper neurocognition.

Title: Assessing essentiality of nickel in growing cattle

Sabina K.C
College of Veterinary Science and Animal Husbandry, India

This experiment was designed to investigat the effects of nickel (Ni) supplementation on growth performance, nutrients utilization, mineral metabolism, and endocrine variables in growing cattle. A total of 18 growing female Hariana cattle were randomly distributed into 3 groups for a period of 90 days. The treatments were basal diet with different levels of Ni: (1) 0 mg Ni/kg DM (Ni0.0); 1.5 mg Ni/kg DM (Ni1.5); and 3.0 mg Ni/kg DM (Ni3.0). A metabolism trial with 7 days collection period was conducted to analyze nutrient utilization and mineral interaction.

Title: Dietary habits of adolescents, age 12-18 years and its relation to body weight and central adiposity measure

Harsheen Chaudhary
SNDT Women's University, India

Nutrition transition has shown a major impact on the dietary pattern of adolescents and young adults. Traditional foods have been replaced with processed foods which has contributed to an increased prevalence of overweight and obesity in India especially, in 12-18 years of age. Adolescence experience a drastic change in eating pattern. Therefore, the aim of the study to describe the food consumption pattern and to identify a relation with body weight and central adiposity in the population groups of western suburbs of Mumbai

SPEAKER SLOTS AVAILABLE

Title: Vitamin D deficiency is associated with the severity of migraine: a case-control study

Shabbir Saifuddin
Jansons Hospital, United Arab Emirates

It is well recognized that vitamin D deficiency may occur in patients with headache. However, if the serum vitamin D levels correlate with severity of migraine remains uncertain. The aim of this study was to investigate if the severity of vitamin D deficiency correlates with the frequency of headaches in migraine patients.

Title: Nutrition Education Using Dialogue Cards to Improve Dietary Practices

Esther Omosa
Kenya

The aim of presentation consist of Microbiology, employment, income, economy, crises, health, hunger and poverty were studied and reported that Microbiology is the major industry for the development of health, basic need of daily life, create employment, generate income, stronger economy, reducing financial crises, global Poverty and hunger in the developing countries of the world particularly in south Asia. The study reported that microbio means microorganisms, logy means study.

Title: Food in metabolic diseases

E.K.Mukhamejanov
JSC National Medical University, Kazakhstan

First food, people faces is a mother's milk. By its composition, the mother's milk can be attributed to the high fat (HF) principle of nutrition. When a child starts natural feeding, he already gets high carbohydrate (HC) food, but the principle of HF is maintained in the intervals between HC nutrition. Thereafter, two food streams are present in human nutrition: one HC exogenous or absorptive and the other is HF endogenous or postabsorbtive.

SPEAKER SLOTS AVAILABLE

Title: The more you eat, the less your weight. Nutritional basis for treatment of obesity

E.K.Mukhamejanov
JSC National Medical University, Kazakhstan

The World Health Organization (WHO) recently classified Enterobacteriaceae resistance to third-generation cephalosporin into the group of pathogens with critical criteria for future research. A study to assess the antibiogram and beta-lactamase genes among the cefotaxime resistant E. coli (CREc) from a South African wastewater treatment plant (WWTP) was conducted using standard phenotypic and molecular biology characterization methods.

Title: Two Pyramids of Two Products

E.K.Mukhamejanov
JSC National Medical University, Kazakhstan

Nutrition is the basis of life activity, but in recent years it has been the main cause of morbidity and mortality in humans. Apparently we are missing very important aspects in the science of nutrition. All the theories of balanced nutrition are aimed at solving issues of the nutrition safety and adequacy. Nutrition is primarily aimed at ensuring the repair and renewal of protein and cellular structures and the storage of excess energy flow.

Title: The food technology neophobia scale and acceptability of chicken eggshell powder for human consumption

Sarah Nabukenya
FTNS, Uganda

The success of new food technologies largely depends on consumers' behavioral responses to the innovation. In Eastern Africa, Uganda in particular, a technology to process chicken eggshell into flour would provide an excellent calcium source to all age groups to curb down calcium deficiencies. This study applied the Food Technology Neophobia Scale (FTNS) to investigate the potential use of chicken eggshell powder for human consumption

SPEAKER SLOTS AVAILABLE

DAY 1
Monday 20th April

08:30-09:00 **Registrations**

09:00-09:30 **Introduction**

09:30-09:50 COFFEE BREAK

09:50-11:50
Meeting Hall 01

KEYNOTE LECTURES

MEETING HALL 01

11:50-13:10 **Talks On:**

- Clinical Nutrition
- Pediatric Nutrition
- Nutritional Science
- Innovative Information in Nutrition
- Nutritional Deficiencies
- Nutrition and Cancer
- Nutrition and Diabetes
- Nutrition and Health

13:10-13:15 GROUP PHOTO

13:15-14:00 LUNCH BREAK

MEETING HALL 01

14:00-16:00 **Talks On:**

- Nutrition and Immunology
- Sports Nutrition
- Animal and Dairy Nutrition
- Malnutrition or Nutrition Deficiency
- Nutraceuticals and Medicinal Food
- Vitaminology and Lipidology
- Nutrition related Chronic Diseases

16:00-16:20 COFFEE BREAK

MEETING HALL 01 (16:20-17:00)

Young Researchers in Nutrition Research

DAY 2
Tuesday 21st April

09:00-10:30 Meeting Hall 01 — **KEYNOTE LECTURES**

10:30-10:50 COFFEE BREAK

MEETING HALL 01

10:50-12:50 **Talks On:**

- Nutrition and Psychology
- Nutrition and Public Health
- Diet in Obesity and Underweight
- Food and Nutrition
- Current research in Nutrition and Dietetics
- Nutrition and Food Science
- Probiotic Nutrition
- Nutrigenetics and Nutrigenomics

12:50-13:35 LUNCH BREAK

MEETING HALL 01

13:35-15:55 **Talks On:**

- Obesity and Heart disease
- Obesity and Weight Managemen
- Nutrition in Cancer Care
- Nutraceuticals & Medicinal Foods
- Recent Innovation in Food Chemistry

15:55-16:15 COFFEE BREAK

MEETING HALL 01 (16:15-17:00)

Poster Presentations

Awards & Closing Ceremony

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USA



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Mukogawa Women's University

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DAY-1

April 22, 2019

Meeting Hall: **Olimpica 1**

08:30-09:00 Registrations

Opening Ceremony 09:00-09:15

KEYNOTE FORUM

09:15-09:55 Title: **A study on the hypoglycemic effect of pomegranate and blueberry nutraceuticals in a model of intestinal absorption by means of electrochemical devices**
Gaia Rocchitta, University of Sassari, Italy

09:55-10:35 Title: **Managing diabetes through diet**
Carmen Ghantous, Carmen's Diet Clinic, Lebanon

GROUP PHOTO

Networking & Refreshments 10:35-10:50 @ Foyer

Sessions: Nutrition and Public Health | Nutrition and Health | Nutrition and Diabetes | Nutritional Science

Chair: Agnes Mazic- de Sonis, Pain Clinic Foundation, Belgium

INTRODUCTION

10:50-11:15 Title: **"Fuco-Bar" – A product that improves an Athlete's performance**
Emil K Mukhamejanov, N Nurumov, D Shakenov & **Z Anayatova**, Fucoidan World, Kazakhstan

11:15-11:40 Title: **Childhood Obesity: Problems and solutions: The key diets to beat & treat childhood obesity**
Lina Rammal, Diet Center Owner & CEO, Lebanon

11:40-12:05 Title: **New evidence to prove green jackfruit can reduce lifestyle diseases and demand for diabetic medication**
James Joseph, CEO, God's Own Food Solutions Pvt Ltd

12:05-:12:30 Title: **Obesity and protein metabolism**
Emil K Mukhamejanov & **N M Nurumov**, Fucoidan World, Kazakhstan

12:30-12:55 Title: **The prevention of inflammaging by improving nutraceuticals' content in food. The role of biosensors in monitoring bioactive compounds**
Gaia Rocchitta, University of Sassari, Italy

Lunch Break 12:55-13:55 @ Hotel Restaurants

13:55-14:20 **Title: Nutrition and neutraceuticals an epigenetic strategy a for chronic diseases**
Agnes Mazic- de Sonis, Pain Clinic Foundation, Belgium

14:20-14:45 **Title: Phase nutrition–new model nutrition of humans**
Emil K Mukhamejanov, Shakenov D P & **Anayatova Z,** Fucoidan World, Kazakhstan

14:45-15:10 **Title: Can green jackfruit flour as a nutritional supplement replace haemopoietic growth factor?**
James Joseph, CEO, God's Own Food Solutions Pvt Ltd

15:10-15:35 **Title: Systematic review of the health and performance benefits of nitrate-rich beetroot supplementation in older adult**
Luke A Stanaway, Massey University, New Zealand

Networking & Refreshments 15:35-15:50 @ Foyer

WORK SHOP

15:50-16:50 **Title: SPA-SKY-Natural mineral water with CoQ_{10}**
Dias Shakenov, LLP SPA-SKY Production, Kazakhstan

VIDEO PRESENTATION

16:50-17:35 **Title: T2D nursing and healthcare guide based on GH-Method: Math-physical medicine to develop simple but accurate conversion factors from annualized quantitative analysis of relationships among PPG, food and exercise**
Gerald C Hsu, Eclaire MD Foundation, USA

Sessions: Nutritional Science

Chair: Agnes Mazic- de Sonis, Pain Clinic Foundation, Belgium

17:35-18:00 **Title: Therapeutic ketosis and the broad field of applications for the ketogenic diet: Ketone ester applications & clinical updates**
Raffaele Pilla, St. John of God Hospital, Italy

Panel Discussion

DAY-2

April 23, 2019

POSTER PRESENTATIONS 11:00–12:00 @ FOYER

Extended Networking & Lunch Break 12:00-13:00 @ Hotel Restaurants

Awards & Closing Ceremony

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Day 1 June 11, 2018

08:00-09:00 Registrations

Lucan Suite

conferenceseries.com **09:00-09:30** **Opening Ceremony**

Keynote Forum

09:30-09:35 **Introduction**

09:35-10:20 **Title: Benefits of egg intake in diverse populations**
Maria Luz Fernandez, University of Connecticut, USA

10:20-11:05 **Title: Effects of instant coffee on pitch speed, pitch accuracy and the consistency of throws**
Lonnie Lowery, University of Mount Union, USA

Group Photo

Networking & Refreshment Break: 11:05-11:25 @ Foyer

11:25-12:10 **Title: A standardized extract, KGR-BG1, from Korean black ginseng *(Panax ginseng)* and its protective effects against a suppressed immunomodulatory disorder induced by environmental heat stress**
Jong Dae Park, Korean Ginseng Research Co. Ltd, South Korea

Workshop

12:10:12:40 **Title: Diet-induced postprandial inflammation: Consequences on human health**
Kenneth Olson, Life Sciences Technologies International, USA

12:40-13:10 **Title: Diametrol: A functional food to support normal blood sugar and wellness**
Martha Dawson, Life Sciences Technologies International, USA

Lunch Break: 13:10-14:10 @ Peacock Restaurant

Sessions: Clinical Nutrition | Sports Nutrition & Kinesiology | Plant Nutrition | Animal and Diary Nutrition | Malnutrition or Nutritional Deficiency | Nutrient related Chronic diseases | Nutrition and Cancer | Nutrition in Pregnancy and Lactation | Pediatric Nutrition

Session Chair: Teruyoshi Amagai, Mukogawa Women's University, Japan
Session Co-Chair: Lonnie Lowery, University of Mount Union, USA

Session Introduction

14:10-14:40 **Title: Carer experience of appetite changes in people living with dementia at home**
Emily R Walters, University of Southampton, UK

14:40-15:10 **Title: How sensory properties of an oral nutritional supplement affect intake, satiation and satiety**
Nikos Pagidas, Kerry Group, Ireland

15:10-15:40 **Title: The effects of yoga on the weight management**
Yunus Emre Uzun, Istanbul Okan University, Turkey

15:40-16:10 **Title: Assessment of nutrition knowledge, and dietary behavior of post bariatric surgery patients in Rashid Hospital Outpatient Clinic in Dubai, UAE**
Souheir Alia, United Arab Emirates University, UAE

Networking & Refreshment Break: 16:10- 16:30 @ Foyer

16:30-17:00 **Title: Psychological impact of process of diet planning on the persons who are under going the process of weight loss**
Ranjan Tyagi, Fitpoint, India

17:00-17:30 **Title: Importance of yoga for sports persons**
Shibashis Chakraborty, Indus Valley Ayurvedic Centre, India

Panel Discussion

Day 2 June 12, 2018

Lucan Suite

Keynote Forum

09:30-10:15	**Introduction** **Title: PepsiCo nutrition criteria** **Marianne O'Shea,** PepsiCo, USA
10:15-11:00	**Title: Sugar taxes – do they influence consumption and incidence of obesity?** **Aisling Aherne,** Kerry Group, Ireland
	Networking & Refreshment Break: 11:00- 11:20 @ Foyer
11:20-12:05	**Title: Structured Lipids vs natural TAG enriched in omega-3 outcome of lipids with different PUFA: ALA, Stearidonic, EPA and DHA** **Francisco J. Señoráns,** Autonomous University of Madrid, Spain
12:05-12:50	**Title: Paradigm shift of novel linguistics for clinical nutrition** **Teruyoshi Amagai,** Mukogawa Women's University, Japan
	Lunch Break: 12:50- 14:00 @ Peacock Restaurant

Poster Presentations 14:00-14:45 @ Foyer

NC-001	**Title: Decrease in CoQ by statin treatment does not attenuate exercise-induced adaptations in the myocardium** **Joseph W Starnes,** University of North Carolina at Greensboro, USA
NC-002	**Title: Diametrol: A functional food to support normal blood sugar and wellness** **Martha Dawson,** Life Sciences Technologies International, USA
NC-003	**Title: Youth share importance of family mealtime in living a healthy lifestyle** **Heather R McCollum,** California State University-Northridge, USA
NC-004	**Title: Via® instant coffee prior to brief ballistic exercise tends to increase serum epinephrine** **Jesse White,** University of Mount Union, USA
NC-005	**Title: Psychostimulant effects of Via® instant coffee as a pre-exercise beverage: Caffeine-habituated versus caffeine-naive** **Carolyn Balzano,** University of Mount Union, USA
NC-006	**Title: Black sesame (*Nigella sativa L.*): Its composition and clinical properties** **Yunus Emre Uzun,** Istanbul Okan University, Turkey
NC-007	**Title: Consumption of Prebiotic Affects Bowel Function in Patient with Diabetes** **Yi-Cheng Hou,** Buddhist Tzu Chi Medical Foundation, Taiwan
NC-008	**Title: Clinical association between epicardial fat thickness and dietary macronutrient with metabolic syndrome in Korean men** **Hyejin Chun and Bo Youn Won,** CHA University, **Kunhee Han,** Seoul Metropolitan Seonam Hospital, South Korea
NC-009	**Title: Serum vitamin D level is negatively associated with carotid atherosclerosis in Korean adults** **Ha-Na Kim,** The Catholic University of Korea, Republic of Korea
NC-010	**Title: Peony roots as a potential functional food improving bone-health** **So-Young Park,** Dankook University, South Korea
NC-011	**Title: The effect of intestinal immunity with lactic acid bacteria isolated from Vietnamese feces and Korean traditional food kimchi** **Cheol-Hyun Kim,** Dankook University, South Korea

Sessions: Food and Nutrition | Nutritional Epidemiology | Public Health Research | Diet & Appetite | Vitaminology & Lipidology | Nutritional Neuroscience & Eating Disorders | Nutrition & Metabolism | Nutraceuticals & Medicinal Food

Session Chair: Maria Luz Fernandez, University of Connecticut, USA

Session Co-Chair: Marianne O'Shea, PepsiCo, USA

Session Introduction

14:45-15:15	**Title: A swallowing function as an indicator of total physical functional improvement in patients with cerebral hemorrhage** **Akiko Takezawa,** Mukogawa Women's University, Japan
15:15-15:45	**Title: The study of an association between outcome and an energy intake achievement during the first 2 or 3 days after admission to the general word – A single institute study** **Kazumi Matsumoto,** Mukogawa Women's University, Japan
15:45-16:15	**Title: The Carbohydrate/Protein ratio in daily intakes as outcome indicator in post-operative patients with oesophageal cancer** **Mari Hasegawa,** Mukogawa Women's University, Japan
16:15-16:45	**Title: Nutritional status, energy expenditure, segmental body composition and physical activity performance with metabolic holter assessment in non-obese women with PCOS** **Gulcan Arusoglu,** Kirklareli University, Turkey

Networking & Refreshment Break: 16:45-17:00 @ Foyer

Panel Discussion

Day 3 June 13, 2018

Keynote Forum

09:30-10:15	**Title: One carbon metabolites and telomere length in cross-sectional, prospective and randomized one year B-/D-Vitamin supplementation trials** **Wolfgang Herrmann,** Saarland University Hospital, Germany
10:15-11:00	**Title: Dietary nitrate: Novel, innovative roles in common, diverse cardiometabolic disorders** **Conor P Kerley,** Dublin City University, Ireland

Networking & Refreshment Break: 11:00- 11:20 @ Foyer

Sessions: Nutrition, Health and Choice | Current Research in Nutrition and Dietetics | Food and Nutrition | Nutritional Epidemiology | Food Science & Chemistry | Public Health Research

Session Chair: Wolfgang Herrmann, Saarland University Hospital, Germany

Session Co-Chair: Conor P Kerley, Dublin City University, Ireland

11:20-11:50	**Title: Diet adjustment in later life: A grounded theory study of eating behaviours amongst the ageing population of Limerick** **Sharon O Flaherty,** Limerick Institute of Technology, Ireland
11:50-12:20	**Title: A novel, 12 week dietitian-led curriculum beneficially modulates nutrition behavior in older adults attending community rehabilitation** **Conor P Kerley,** Dublin City University, Ireland
12:20-12:50	**Title: The role of vitamin D/VDR signalling within key mechanisms of ulcerative colitis** **James Matthews,** Middlesex University London, UK

Lunch Break: 12:50-14:00 @ Peacock Restaurant

14:00-14:30	**Title: Nutritional status, nutrient intakes and prevalence of overweight/obesity and hypertension among Chakhesang women from Northeast India** **Indrapal I Meshram,** National Institute of Nutrition, India
14:30-15:00	**Title: Time trend in magnitude of under nutrition among rural under five year children in India** **N Arlappa,** National Institute of Nutrition, India
15:00-15:30	**Title: Dietary patterns and their relationship with non communicable diseases among rural population of India** **Venkaiah K,** National Institute of Nutrition, India
15:30-16:00	**Title: Association between non-communicable diseases and micronutrient deficiencies in urban elderly of South India** **P Suryanarayana,** National Institute of Nutrition, India

Networking & Refreshment Break: 16:00-16:30 @ Foyer

Panel Discussion

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Day 1 June 29, 2017

08:00-09:00 Registrations

Avila

conferenceseries.com 09:00-09:30 **Opening Ceremony**

Keynote Forum

09:30-09:35 **Introduction**

09:35-10:15 **Title: Grading nutritional health claims by weight of evidence would make for a better-informed public**

Francois Andre Allaert, Cen Nutriment Dijon, France

10:15-10:55 **Title: Nutritional hypoproteic approach and phosphate control allows the Incremental Hemodialysis**

Piergiorgio Bolasco, ASL Cagliari, Italy

Group Photo

Networking & Refreshments Break 10:55-11:15 @ Foyer

Sessions: Clinical Nutrition | Nutrient related Chronic diseases | Food and Nutrition | Nutrition- Health and Choice | Diet in Obesity & Gastrointestinal Disorders | Nutrition in Pregnancy and Lactation | Vitaminology & Lipidology | Current Research in Nutrition and Dietetics

Session Chair: Francisco J. Senorans, Universidad Autonoma de Madrid, Spain
Session Co-chair: Teruyoshi Amagai, Mukogawa Women's University, Japan

Session Introduction

11:15-11:45 **Title: Efficacy and tolerability of the autoimmune protocol diet for inflammatory bowel disease**

Gauree G Konijeti, Scripps Clinic, USA

11:45-12:15 **Title: Food enrichment with omega-3: new oilseed sources and algal oils for microencapsulation and delivery of healthy lipids**

Francisco J Senorans, Universidad Autonoma de Madrid, Spain

12:15-12:45 **Title: Association Between Functional Performance AbilityAnd Energy Intake In The First Seven Days of Patients after stroke**

Noriko Kurokawa, Mukogawa Women's University, Japan

Educational Presentation

12:45-13:20 **Title: A novel methodology system to educate patients with non-communicable diseases and to evaluate its effectiveness by outcome parameters**

Teruyoshi Amagai, Mukogawa Women's University, Japan

Exhibition Promotional Video

Lunch Break 13:30-14:20 @ Zamora

14:20-14:50 **Title: Observational study of the effect of consumption of a magnesium and B vitamins enriched gingerbread on cognitive well-being (mood, stress, sleep)**

Francois Andre Allaert, Cen Nutriment Dijon, France

14:50-15:20 **Title: Factors associated to lifestyle-related diseases among selected call center agents of metro Manila**

Christina Isabel F Santisteban, St. Scholastica's College-Manila, Philippines

15:20-15:50 **Title: A Clinical advantage of thicken enteral formulae with acidic pH: From study on their effects on different pH in an intra-gastric dynamics**

Ryosuke Sato, Hakodate Goryoukaku Hospital, Japan

15:50-16:20 **Title: The challenges and successes of salt, sugar and fat reduction program to prevent NCDs (Iran experiences)**

Majid Hajifaraji, National Nutrition and Food Technology Research Institute, Iran

16:20-16:50 **Title: Cumulative Energy Deficit during 7 days is not a Predictor of Severity and Outcomes of Hospital – acquired Pressure Ulcer in Older Adult Patients**

Chiho Kai, Mukogawa Women's University, Japan

Networking & Refreshments Break 16:50-17:10 @ Foyer

Young Researchers Forum

17:10-17:30 **Title: Rapid improvement in symptoms and quality of life among patients with inflammatory bowel disease following an autoimmune protocol diet**

Shauna L Groven, San Diego State University, USA

17:30-17:50 **Title: Influence of ative moisture balance on outcomes during 7 days after esophageal cancer surgery**

Eri Miyamoto, Mukogawa Women's University, Japan

Panel Discussion

Day 2 June 30, 2017

Avila

Keynote Forum

10:00-10:40 **Title: Brain Nutrition, Aging and Neuroplasticity-The Clinical Orthomolecular Aspects**

Roni Lara Moya, CESPU University, Portugal

10:40-11:20 **Title: Can Rose hip containing seeds and high amount of GOPO shorten the recovery phase after strenous exercise – a comparative study in animals and humans**

Kaj Winther, University of Copenhagen, Denmark

Networking & Refreshments Break 11:20-11:40 @ Foyer

Sessions: Paediatric Nutrition | Nutrient in Cancer & Chronic diseases | Nutrition in Pregnancy and Lactation | Nutrition during Adolescence | Nutrition, Health and Aging | Nutrition and Psychology | Food and Nutrition | Nutrition Epidemiology | Current Research in Nutrition and Dietetics | Nutraceuticals & Medicinal Foods | Animal and Diary Nutrition

Session Chair: Christine Brombach, Zurich University of Applied Sciences, Switzerland
Session Co-chair: N. Arlappa, National Institute of Nutrition, India

Session Introduction

11:40-12:10 **Title: Content of fat and lipid profile of the menus served in school canteens**

Maria J Esteve, University of Valencia, Spain

12:10-12:40 **Title: Meals and eating practices in a multi-generational approach – a qualitative insight study**

Christine Brombach, Zurich University of Applied Sciences, Switzerland

Workshop

12:40-13:40 **Title: "Tribitor® reduces caloric impact of sugar, glycaemic index of food & glucose and insulin spikes after high carbohydrate meals" – the latest clinical studies**

Theodora Mantzourani, UK

Lunch Break 13:40-14:30 @ Zamora

Poster Presentation 14:00-15:00 @ Avila

Poster Judge: Christine Brombach, Zurich University of Applied Sciences, Switzerland

NUTC 01 **Title: BIOMEDICAL INTEGRATIVE APPROACH TO ONCOLOGY From Vitamins to Cellular Therapy**

Roni Lara Moya, CESPU University, Portugal

NUTC 02	**Title: Caffeine and Health**
	Semsi Gul Yilmaz, Ankara University, Turkey
NUTC 03	**Title: Roasted peanuts as a potential bone-health improving food**
	So-Young Park, Dankook University, South Korea
NUTC 04	**Title: Anacardic acid, a phenolic compound found in the shell of the cashew nut inhibits adipocyte differentiation via modulation of histone H3K9 acetylation**
	Jin-Taek Hwang, Korea Food Research Institute, Republic of Korea
NUTC 05	**Title: Low intake of calcium and abdominal obesity in Brazilian adults**
	Ana Gabriella P Alves, Federal University of Goias, Brazil
NUTC 06	**Title: Bioactive Functions of Red Grape**
	Caglar Akcali, Ankara University, Turkey
NUTC 07	**Title: Proteins, catabolism and sepsis**
	Macarena L. Fernandez Carro, University of Manchester, UK
NUTC 08	**Title: Valorization of waste from the citrus industry through the extraction of natural dyes**
	Maria J Esteve, University of Valencia, Spain
NUTC 09	**Title: Risk factors influencing vitamin D status of ethnic minority adults living in the UK**
	Mona S Almujaydil, Manchester Metropolitan University, UK
NUTC 10	**Title: Tracking Semisolid Nutrition through a Gastrostomy Tube with Contrast X-rays**
	Eiji Meguro, Hakodate Goryoukaku Hospital, Spain
NUTC 11	**Title: Eating habits combined with nicotinamide treatment modulate the cognitive funciton and cell metabolism in wistar rat model**
	Melitta Pajk, University of Physical Education, Hungary
NUTC 12	**Title: Characterization of the exopolysaccharide-producing lactic acid bacteria isolated from Vietnamese feces.**
	Cheol-Hyun Kim, Dankook University, Korea
NUTC 13	**Title: Global analysis of DNA methylation in hepatic steatosis induced by oleic acid**
	Jae-Ho Park, Korea Food Research Institute, Republic of Korea
	Sessions Continues..
15:00-15:30	**Title: Time trends in Consumption pattern of Dietary fats among population in India**
	N Arlappa, National Institute of Nutrition, India
15:30-16:00	**Title: Chitosan reduces hypertensive toxicity of the NaCl: results of a randomised double blind cross over clinical trial**
	Francois Andre Allaert, Cen Nutriment Dijon, France
	Networking & Refreshments Break 16:00-16:20 @ Foyer
16:20-16:50	**Title: Infant and Young Child Feeding (IYCF) practices and Nutritional Status of Under 5 year Children of Chenchu Primitive Tribe in India**
	Nikhil Kumar Kotla, Kamineni Institute of Medical Sciences (KIMS), India
16:50-17:20	**Title: Plasma Cholesterol, Heart Diseases and Functional Foods**
	Zhen-Yu Chen, Chinese University of Hong Kong, China
	Panel Discussion

Day 3 July 01, 2017

Avila

Sessions: Nutrition- Health and Choice | Nutrient related Chronic diseases | Vitaminology & Lipidology | Paediatric Nutrition | Food & Nutritional Toxicology | Diet in Obesity and Underweight

Session Chair: Majid Hajifaraji, National Nutrition and Food Technology Research Institute, Iran

Session Introduction

09:30-10:00 **Title: Detox and Metabolism Practical Orthomolecular and Nutritional Approach**

Roni Lara Moya, CESPU University, Portugal

10:00-10:30 **Title: Whether probiotic supplementation is effective in prevention of the hyperglycemia induced maternal hypertension?**

Majid Hajifaraji, National Nutrition and Food Technology Research Institute, Iran

10:30-11:00 **Title: Brain coordination and the association with diet in prediabetes**

Yi-Cheng Hou, TMU, Taiwan

Networking & Refreshments Break 11:00-11:20 @ Foyer

Young Researchers Forum

11:20-11:40 **Title: Information about Micronutrients of 3rd and 4th Grade Students in Nutrition and Dietetics**

Caglar Akcali, Ankara University, Turkey

11:40-12:00 **Title: University students' body perception and obesity prejudice**

Semsi Gul Yilmaz, Ankara University, Turkey

12:00-12:20 **Title: Vitamin C intake is reduced in obese Brazilian adults**

Ana Gabriella P Alves, Federal University of Goiás, Brazil

12:20-12:40 **Title: Overweight in Children: An Unexpected Outcome by Trained Community Health Workers in a Rural Setting in Kisumu County, Kenya**

Caroline Sawe, University of Nairobi, Kenya

12:40-13:00 **Title: The Effect of Probiotic Bacteria on Aflatoxin M1 Detoxification in Phosphate Buffer**

Gulsum Gizem Topal, Hacettepe University, Turkey

13:00-13:20 **Title: The Effect of Inulin on Aflatoxin M1 Binding Ability of Probiotic Bacteria in Yoghurt**

Sumeyra Sevim, Hacettepe University, Turkey

Lunch Break 13:20-14:10@ Zamora

Extended Networking Session

Awards & Closing Ceremony

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Introduction

Title: Learning the recognition of Initial Hunger (IH)

Mario Ciampolini, University of Florence, Italy

Title: Diet and cancer: Can superfoods or dietary supplements help?

Martyn Caplin, Royal Free Hospital, UK

Title: Nutrition programs: Solution to or cause of obesity

Eileen Kennedy, Tufts University, USA

Title: Development of integrated support software for clinical nutrition
Pedro Javier Siquier Homar, Hospital Comarcal de Inca, Spain
Title: Energy intake in the first week in an emergency intensive care unit did not influence clinical outcomes in critically ill, overweight Japanese patients
Teruyoshi Amagai, Mukogawa Women's University, Japan
Title: The effect of dietary choline on lipid partitioning and protection from metabolic syndrome
Marica Bakovic, University of Guelph, Canada
Title: Fourth year medical students' required patient care reflections in patients with advanced illness and complete functional assessment: Are they including nutritional status
John Ellis Agens, Florida State University, USA
Title: The role of diet and supplementation in inflammatory bowel disease
Martyn Caplin, Royal Free Hospital, UK
Title: A randomized, parallel, double blinded and placebo controlled study of liquid rose hip in volunteers during the winter season with special reference to the occurrence and symptoms of colds
Kaj Winther, University of Copenhagen, Denmark
Title: Nutritional status of HIV naive individuals in Central South Africa and the effect of nutritional supplementation on their viral load and immune status
Ernst Vermaak, Central University of Technology, South Africa
Title: A sustainable approach to nutrition intervention: Addressing the role of proximal determinants of undernutrition, Bukoba rural, Republic of Tanzania
Neeta Singh, University of the Incarante Word, USA
Title: Evidence for the role of low-fat dairy foods in decreasing body fat compared to calcium alone or a control group in overweight/obese early-postmenopausal women over a 6-months weight loss intervention
Jasminka Z Ilich, Florida State University, USA
Title: Fast food, slow food and Botteghe storiche – How the changing face of Rome's culinary traditions have influenced nutrition, health and cultural heritage
Elena T Carbone, University of Massachusetts Amherst, USA
Title: Magnitude of multiple micro-nutrient malnutrition among the rural children in India
N Arlappa, Indian Council of Medical Research, India
Title: Collagen peptide enteral formula might shorten healing days in older adult hospitalized patients with pressure ulcer
Masako Itoh, Kikai Tokushukai Hospital, Japan
Title: Major fatty acids and biochemical compositions of *Ulva fasciata* macro algae from Qeshm Island
Homira Agah, Iranian National Institute for Oceanography and Atmospheric Science, Iran
Title: Effectiveness of a feed supplement to control hyperphosphatemia and metabolic acidosis in advanced stages of feline Chronic Kidney Disease (CKD)
Natascia Bruni, Istituto Profilattico e Farmaceutico Candioli & C. S.p.A., Italy
Title: Nutrients of concern following bariatric surgery: Vitamin D and B complex vitamins
Carolyn E Moore, Texas Woman's University, USA
Title: The omic approach to evaluate the infant foods innovation (formulas and beikost) and their challenges for optimal baby health
Gaspar Ros Berruezo, University of Murcia, Spain
Title: Examining health literacy and its association with maternal child health and nutrition outcomes: Results of a scoping review
Elena T Carbone, University of Massachusetts Amherst, USA
Title: Should the diet of colon cancer patients be personalized based on gene mutation profiles of tumor cells
Cristina Pereira-Wilson, University of Minho, Portugal
Title: Obesity in pregnancy: Dietary quality not just quantity is important
Julie Abayomi, Liverpool John Moores University, UK
Title: Effect of nutritional counseling in the form of individualized meal plan on serum albumin level among hemodialysis patients
Suhair Abdalla Khalil Abdallah, King Faisal Specialist Hospital & Research Center, KSA
Title: The risk of developing eating disorders in young adults with and without type-1 diabetes mellitus in southern India
Mini Joseph, Christian Medical College & Hospital, India
Title: Advancing the role of tocotrienols in breast cancer: Unveiling novel molecular mechanism of tocotrienols using an *in vitro* model
Premdass Ramdas, International Medical University, Malaysia

Title: FuelUp & Go!: Effectiveness of a food literacy program for low income adolescents to improve knowledge, attitudes and behaviors related to fruits and vegetables, sugar sweetened beverages and physical activities
Catherine Wickham, University of Massachusetts Amherst, USA
Title: The Role of multivitamins in paediatric HIV management in Nigeria: A randomized controlled study
Regina Esiovwa Ahumareze, University of the West of Scotland, UK
Title: The tailored functional recipe approach: Linking local resources with global science to create sustainable school nutrition intervention in Ghana
Jolene Mateko Azagba-Nyako, University of Westminster, UK
Title: Olive: A therapeutic agent against Alzheimer's Disease
Syed Haris Omar, Charles Sturt University, Australia
Title: Effects of protein restriction on body parameters and bone metabolism in 17β-estradiol treated ovariectomized female Wistar rats
Victoria Padula de Quadros, University of Campinas, Brazil
Title: Sum of serum n-3 fatty acid value might be correlated with residual living days in older adult patients with gastro-intestinal cancer
Moeko Kitagawa, Mukogawa Women's University, Japan
Title: Gut microbiota associated with prebiotic effect of whey
Teresa Sanchez Moya, University of Murcia , Spain
Moringa Oleifera Lam, aqueous extract: Different effects on proliferation, apoptosis and immunomodulatory activity in lympho-monocytoid tumor cells and PBMCs from healthy donors
Marina Potesta, University of Rome 'Tor Vergata', Italy
Title: Low fat dairy foods improve lipid profile and proinflammatory markers in overweight/obese early postmenopausal women after a 6-month weight loss intervention
Jasminka Ilich, Florida State University, USA
Title: Nutritional intervention of adequate calorie and protein intake improve malnutrition among Hemodialysis patients
Suhair Abdalla Khalil Abdallah, King Faisal Specialist Hospital & Research Center, KSA
Title: Relation between anthropometric measurements and biochemical data based on Longitudinal Aging Study in Spain (ELES)
Leticia Coello Lafuente, Basque Culinary Center, Spain
Title: Hypoglycemic effect of pigmented germinated rice in ovariectomized rats
Xingyue Jin, Kyungpook National University, South Korea
Title: Rice extracts of pigmented germination inhibit key metabolic enzymes relevant to diabetes and hyperglycemia
Soo Im Chung, Kyungpook National University, South Korea
Title: Effects of glucose metabolism and antioxidant metabolism of functional rice Keununjami in menopause induced rats
Su-Jin Nam, Kyungpook National University, South Korea
Title: Dairy products and risk of coronary heart disease in South Asians
Sara Shahzad, University of Cambridge, UK
Title: Multilevel examination of the effect of rapid urbanicity on adult dietary fat intake
Chang Su, Chinese Center for Disease Control and Prevention, China
Title: Case of older adult with acute cholecystitis successfully treated with novel enteral formula named Oxypa™
Daizo Saito, Chikamori Hospital, Japan
Title: Iron intake trend of Chinese adults aged 18-49 years in nine provinces from 1991 to 2011
Hongru Jiang, Chinese Center for Disease Control and Prevention, China
Title: Upper extremity muscle volume and function as an indicator of pre-frailty in older adult patients with Chronic Obstructive Pulmonary Disease (COPD)
Teruyoshi Amagai, Mukogawa Women's University, Japan
Title: Obesity in Jordanian school children and its association with maternal feeding practices
Walid Al Qerem, AlZaytoonah University, Jordan
Title: Leucine rich diet changed the placental activity in pregnant tumor-bearing rats
Maria Cristina Cintra Gomes-Marcondes, University of Campinas, Brazil
Title: Effect of maternal CLA consumption on liver triacylglycerol regulation of adult offspring
Claudio Adrian Bernal, University of Litoral, Argentina
Title: Methanolic extracts of cooked black bean and cowpea produce G0/G1 arrest in colorectal cancer cells independently of p53 status
Cristina Pereira-Wilson, University of Minho, Portugal
Title: Analysis of gut microbiota of normal weight and obese donors after fermentation of green tea
Teresa Sanchez Moya, University of Murcia , Spain
Title: Phytonutrient and bioactivity analysis of traditionally used Native American edible plants
Shasha Zheng, California Baptist University, USA
Title: Nutritional support in neurological disorders: Outpatient clinic experience from Turkey
Nilgun Cinar, Maltepe University, Turkey
Title: Recovery of Hunger (IH) and diabetes regression after energy intake suspension up to loss of 20% body weight
Mario Ciampolini, University of Florence, Italy
Title: Understanding the influence of dietary folic acid as a biomarker of Down syndrome with measurement of key regulatory enzymes and metabolites in the methylation pathways of folate synthesis, using a cognitive mouse model Ts65Dn
Susan Edgar Helm, Pepperdine University, USA

Title: Effect of governance on implementation of multi sector nutrition programs in Ethiopia
Eileen Kennedy, Tufts University, USA
Title: Measurements to assist nutritional status assessments of the Japanese population
Yasushi Miyazawa, Chikamori Hospital, Japan
Title: Food-drug interactions. Where are we now?
Conxita Mestres Miralles, University Ramon Llull.Barcelona, Spain
Title: Household food insecurity is associated with lower dietary total antioxidant capacity of Korean adults
Hyojee Joung, Seoul National University, South Korea
Title: How does high glucose affect to genome-wide mRNA expression profiles in fully differentiated human epithelial cell culture model
Sukru Gulec, Izmir Institute of Technology, Turkey
Title: Bridging the gap between theory and practice in behavior change: Science based resources with instructional videos
Raymond Gemen, European Food Information Council, Belgium
Title: Identification of gaps and stakeholder's recommendations in terms of person centered nutrition care: Based on findings in the UK
Seolhyang Baek, Dongguk University, South Korea
Title: Hypocholesterolemic effect of whole barley bread compared to whole wheat bread in diabetes induced hyperlipidemic rats
Alzahraa Mahmoud Hassan Motawei, Mansoura University, Egypt
Title: Use of indigenous food formulation in the management of HIV and AIDS patients in Kenya
Hudson Nyabuga Nyambaka, Kenyatta University, Kenya

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