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5th International Conference on

Mental Health and Human Resilience

March 07-08, 2019
Barcelona, Spain



SCIENTIFIC PROGRAM

DAY 1
Thursday, 7th March

08:30-09:00 **Registrations**

09:00-09:30 **Introduction**

09:30-09:50 COFFEE BREAK

09:50-11:50 Meeting Hall 01 **KEYNOTE LECTURES**

11:50-13:10

MEETING HALL 01	MEETING HALL 02
Talks On:	**Talks On:**
Emergency Mental Health	Mental disorders
Human Resilience	Psychiatric Emergencies
Mental Health and Wellness	Psychosis
Psychopathology	Women's Mental Health
Mental retardation	Positive Psychology: A new approach to Mental health

13:10-13:15 GROUP PHOTO

13:15-14:00 LUNCH BREAK

14:00-16:00

MEETING HALL 01	MEETING HALL 02
Talks On:	**Talks On:**
Diagnosis and Therapy	Suicide attempts and suicidal thoughts
Medications for Mental illness	Anxiety
Mental Health treatment	Psychiatric rehabilitation
Mental Health case reports	Etiology of psychiatric emergencies
Mental Health Nursing	Screening and prevention
	Mental state examination

16:00-16:20 COFFEE BREAK

MEETING HALL 01 (16:20-17:00)	MEETING HALL 01 (17:00-18:00)
Young Researchers in Mental Health	Workshop

DAY 2
Friday, 8th March

09:00-10:30 Meeting Hall 01 — **KEYNOTE LECTURES**

10:30-10:50 COFFEE BREAK

10:50-12:50

MEETING HALL 01	MEETING HALL 02
Talks On:	**Talks On:**
Mental Health Research	Diagnosis and Therapy
Chronic Illness	Clinical depression
Down Syndrome	Anxiety disorder
Narcissistic personality disorder	Bipolar disorder
	Dementia
	Autism

12:50-13:35 LUNCH BREAK

13:35-15:55

MEETING HALL 01	MEETING HALL 02
Talks On:	**Talks On:**
Mental wellness	Psychological resilience
Epidemiology of mental health	Biological models of resilence
Alternative therapies	Approaches to resilience
Mental Health Evaluation	Resilience and ability

15:55-16:15 COFFEE BREAK

MEETING HALL 01 (16:15-17:00)	MEETING HALL 01 (17:00-18:00)
Poster Presentations	Workshop

Awards & Closing Ceremony

Glimpses of Mental Health

















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Barcelona Attractions



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