17th World Fitness Expo

November 13-15, 2017 Atlanta, USA



Theme: *"Optimize your health with fitness & current advancement in fitness training".*

For Available Speaker Slots Contact

fitness@healthconferences.org

http://fitness.conferenceseries.com/

November 13-15, 2017, Atlanta, USA

Program at A Glance

Day 1

Morning Sessions	**Reception/Registration**	**08:00-09:00**	
		Time	**General Session**
			Inaugural Address
	Least of 3 Keynote/Plenary Talks		Keynote/Plenary Talk 1
			Keynote/Plenary Talk 2
			Keynote/Plenary Talk 3
	Panel Discussions/Group Photo		
	Coffee/Tea Break 10.45 - 11.00 (Networking)		
Evening Sessions			Physical Fitness
			Exercise & Sports science
			Kinesiology
	Lunch Break 12.40 - 13.30		
			Benefits of fitness
			Fitness Research & Development
			Physical education & Rehabilitation
	Coffee/Tea Break 15.30 - 15.45 (Networking)		
			Workshop

Day 2

Morning Sessions		**Time**	**Session 1**	**Session 2**
			Keynote Forum	Factors affecting body's fitness
			Keynote Forum	Exercise & Sports science
			Keynote Forum	Kinesiology
	Coffee/Tea Break 10.40 - 10.55 (Networking)			
			Fitness function	Fitness landscape
			Fitness approximation	Athletic Performance
			physical therapy	Fitness Nutrition
	Lunch Break 12.35-13.25			
Evening Sessions			Workshop	Workshop
			General Fitness Training	High Intensity Interval Training
			Innovations in Fitness Exercise	Plyometric and Isometric Exercises
			Innovations in Fitness Equipment	Aerobic exercise & Anaerobic exercise
	Coffee/Tea Break 15.05-15.20 (Networking)			
			Types of Fitness	Benefits of Fitness

Awards & Closing Ceremony 17.00 – 18.25

Call for Abstract: **http://fitness.conferenceseries.com/call-for-abstracts.php**
Registration:**http://fitness.conferenceseries.com/registration.php**
Abstract Submission: **http://fitness.conferenceseries.com/abstract-submission.php**
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Day 3

		Time	Session 3	Session 4
Morning Sessions			Keynote Forum	Innovation in fitness Exercise
			Keynote Forum	Exercise & Sports science
			Keynote Forum	Kinesiology
	Coffee/Tea Break 10.40 - 10.55 (Networking)			
			Fitness function	Fitness training
			Fitness approximation	Interactive genetic algorithms
			Factors affecting body's fitnes	Adaptive fuzzy fitness granulation
Evening Sessions	**Lunch Break 12.35-13.26**			
			Workshop	Workshop
			Physical Therapy	High Intensity Interval Training
			Innovations in Fitness Exercise	Plyometric and Isometric Exercises
			Exercise science & Sports medic	Aerobic exercise & Anaerobic exercise
	Coffee/Tea Break 15.05-15.20 (Networking)			
			Types of Fitness	Cardiovascular Fitness, Muscular Strength Fitness

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Glimpses of Fitness Expo Conference 2015















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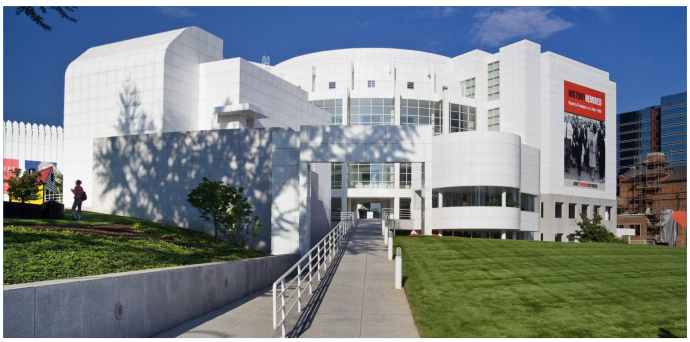
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