Annual Mental Health 2020

# Tentative Program

7th World Congress on

## Mental Health, Psychiatry and Wellbeing

March 27-28, 2020 Barcelona, Spain






2020

WELLBEING EVENT

# March 27, 2020 | Friday

09:00-09:30

Registrations and Opening Ceremony

09:30-11:00

Keynote Sessions

11:00-11:15

Group Photo, Book Launch and Coffee Break

11:15-12:00

Exhibitor and Special Session

12:00-13:00

International Workshops

13:00-14:00

Lunch and Networking

14:00-17:00

Plenary Sessions

17:00-17:30

Round Tables and Panel Discussions

# March 28, 2020 | Suturday

09:30-11:00

Keynote Sessions

11:00-13:15

Plenary Sessions

13:15-14:15

Lunch and Networking

14:15-16:30

Plenary Sessions

16:30-17:30

Young Researcher Forum (YRF) and Poster Sessions

17:30-18:00

Round Tables and Panel Discussions

18:00-18:30

Award Ceremony and Tourism Guide

**Abstract Submission is Open**

**Registrations Open | Group Discounts Available**

20+ Sessions

20+ Sessions

20+ Sessions

20+ Sessions

20+ Sessions

# Tentative Sessions

**Title: Being Mental Health Strong and Walking Resiliently Alongside a Loved One with a Mental Health Condition**

**Erin Ramachandran,** Mental Health and Wellness Program, USA

**Title: Dragons, Warriors, and the Mythical Saga: Archetypal psychology and why it works with teens in recovery**

**Aaron Huey,** Fire Mountain Residential Treatment Center, USA

**Title: The importance of collaboration and compassion in mental health treatment of anxiety disorders**

**Myra Braun,** Concordia University, USA

**Title: Breaking the Silence from this Relationship Destroyer - - Marriage & Mental Health**

**Erin Ramachandran,** Mental Health and Wellness Program, USA

**Title: Religiosity, psychosocial factors, and well-being: an examination among a national sample of Chileans**

**Silvia da Costa,** University of Basque Country, Spain

**Title: Facts File let me pass: Non approved mother begs low level transportation facility Principal of Private Pharmacy Institution in Pune to let her enter in muster signature**

**Rahul Hajare,** India

**Title: How Artificial Intelligence help in estimating number of people with Autism Spectrum Disorder (ASD)? 2019**

**Kadhim Alabady,** Dubai Health Authority, UAE

## Speaker Slots Available

**Title: Emotional Creativity Inventory: validity in junior, senior students and Chilean workers of the ECI-S scale**

**Silvia da Costa,** University of Basque Country, Spain

**Title: Influence of Emotional Processes and Psychological Distress to Adolescents' Hoarding Tendencies: Basis for A Proposed Proactive Intervention Program**

**Rhalf Jayson F. Guanco,** Adventist University of the Philippines, Philippines

**Title: When Coffee's Not Enough: Having An 'ACE' Up Your Sleeve.**

**Jen McNally,** USA

**Title: Promoting community suicide risk detection and response through an online Bystander Intervention Model-informed tool: A Randomised Controlled Trial**

**Karien Hill,** La Trobe University, Australia

**Title: Tired all the time ? It might be chronic fatigue syndrome – don't assume it's depression.**

**Joanna Słomko,** Poland

**Title: What Would You Do with Your Second Chance at Life?**

**Matthew J Caruana,** Mental Made Manageable, Australia

**Title: Effect of cognitive behavior anger management program on student anger profile**

**Sanaa Shaheen,** Egypt

**Title: A Reassessment of the Classification and Management of Eating Disorders: Should the Relative Importance of Symptoms and Aetiology Be Re-Balanced?**

**Sofia Weiss Goitiandia,** University of Cambridge, UK

**Title: The contribution of the family environment to women who have undergone mastectomy after breast cancer**

**Dimitrios Charos,** University of West Attica, Greece

# Major Scientific sessions

Mental Health and Wellbeing
Wellness and Health Care
Women's Mental Health and Midwifery
Psychiatry and Psychiatric Disorders
Psychology and Psychological Resilience
Psychiatric and Mental Health Nursing
Mental Disorders
Stress, Anxiety and Depression
Self-harm and Suicide Prevention
Post-Traumatic Stress Disorder and Treatments
Addiction and Substance Use Disorders
Child and Adolescent Psychiatry
Mindfulness Yoga & Medication
Positive Psychology: A new approach to Mental health
Neurology and Neurological Disorders
Neuroscience and Neuropsychiatry
Neuropharmacology and Neurochemistry
Case Reports and Management of Mental Health

# Who can Attend?

Psychology Professors
Psychiatry Professors, Researchers
Medical Colleges
Psychiatry Associations and Societies
Manufacturing Medical Devices Companies
Psychologists
Psychiatrists
Psychotherapists
Doctors
Students
Researchers
Physicians
Business Professionals
Academic Professionals
Scientists
Medical and Pharma Companies
Medical Colleges and Hospitals
Brain researchers
Public health professionals
Scientists and Academic scientists
Industry Researchers
Nurses and Healthcare Professionals
Registered Psychiatric Nurses
Registered Nutritionists
Physical Therapists
Yoga & Fitness Professionals
Business Entrepreneurs
Public Health Professionals

# Important Links

# Plan Your Trip @ Barcelona

Spain's second largest and absolutely most cosmopolitan city and one of the Mediterranean's busiest ports. Barce-lona is the capital city of the self-governing community of Catalonia in the Kingdom of  pain, which is a region of Spain with its own language – Catalan, and its own culture and character. Barcelona propositions the best of both worlds, situated on the Costa Brava on the Spanish Mediterranean coast, the city gently rises up from the coastline through the city and up into a range of wooded hills. Famous for breaking ground art, avant-garde chefs and architecture; the city eclipses many other for its creativity and forward thinking. Barcelona is a dynamic, open Mediterranean city. It is the perfect city to relax, stroll around and enjoy its unique way of life. The famous Las Ramblas avenue, Gothic architecture, Gaudi's Güel Parc and the unfinished La Sagrada Cathedral, La Ribera and La Barceloneta, The old Raval quarter, a beachside ravel of corridor style streets where you can find some fantastic resident restaurants and bars, away from the typical tourist area.

The cookery is a dynamic mix of traditional and modern exploratory dishes; the city of Barcelona itself has more than 600 years of gastronomy culture and ranks along with Gaudi, its gothic inheritance, the Born archaeological discoveries and the art influences of Miró and Picasso, as the main incentives for tourism in the city









Plan Your Trip @  Barcelona

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