Annual Mental Health 2020

# Tentative Program

7th World Congress on

## Mental Health, Psychiatry and Wellbeing

March 27-28, 2020 | Barcelona, Spain









2020

WELLBEING EVENT

## March 27, 2020 | Friday

09:00-09:30

Registrations and Opening Ceremony

09:30-11:00

Keynote Sessions

11:00-11:15

Group Photo, Book Launch and Coffee Break

11:15-12:00

Exhibitor and Special Session

12:00-13:00

International Workshops

13:00-14:00

Lunch and Networking

14:00-17:00

Plenary Sessions

17:00-17:30

Round Tables and Panel Discussions

## March 28, 2020 | Saturday

09:30-11:00

Keynote Sessions

11:00-13:15

Plenary Sessions

13:15-14:15

Lunch and Networking

14:15-16:30

Plenary Sessions

16:30-17:30

Young Researcher Forum (YRF) and Poster Sessions

17:30-18:00

Round Tables and Panel Discussions

18:00-18:30

Award Ceremony and Tourism Guide

**Abstract Submission is Open**

**Registrations Open | Group Discounts Available**

20+ Sessions

20+ Sessions

20+ Sessions

20+ Sessions

20+ Sessions

# Major Scientific sessions

Mental Health and Wellbeing

Wellness and Health Care

Women's Mental Health and Midwifery

Psychiatry and Psychiatric Disorders

Psychology and Psychological Resilience

Psychiatric and Mental Health Nursing

Mental Disorders

Stress, Anxiety and Depression

Self-harm and Suicide Prevention

Post-Traumatic Stress Disorder and Treatments

Addiction and Substance Use Disorders

Child and Adolescent Psychiatry

Mindfulness Yoga & Medication

Positive Psychology: A new approach to Mental health

Neurology and Neurological Disorders

Neuroscience and Neuropsychiatry

Neuropharmacology and Neurochemistry

Case Reports and Management of Mental Health

# Who can Attend?

Psychology Professors
Psychiatry Professors, Researchers
Medical Colleges
Psychiatry Associations and Societies
Manufacturing Medical Devices Companies
Psychologists
Psychiatrists
Psychotherapists
Doctors
Students
Researchers
Physicians
Business Professionals
Academic Professionals
Scientists
Medical and Pharma Companies
Medical Colleges and Hospitals
Brain researchers
Public health professionals,
Scientists and Academic scientists
Industry Researchers
Nurses and Healthcare Professionals
Registered Psychiatric Nurses
Registered Nutritionists
Physical Therapists
Yoga & Fitness Professionals
Business Entrepreneurs
Public Health Professionals

# Important Links

# Plan Your Trip @ Barcelona

Spain's second largest and absolutely most cosmopolitan city and one of the Mediterranean's busiest ports. Barcelona is the capital city of the self-governing community of Catalonia in the Kingdom of Spain, which is a region of Spain with its own language – Catalan, and its own culture and character.

Barcelona propositions the best of both worlds, situated on the Costa Brava on the Spanish Mediterranean coast, the city gently rises up from the coastline through the city and up into a range of wooded hills. Famous for breaking ground art, avant-garde chefs and architecture; the city eclipses many other for its creativity and forward thinking. Barcelona is a dynamic, open Mediterranean city. It is the perfect city to relax, stroll around and enjoy its unique way of life.

The famous Las Ramblas avenue, Gothic architecture, Gaudi's Güel Parc and the unfinished La Sagrada Cathedral, La Ribera and La Barceloneta, The old Raval quarter, a beachside ravel of corridor style streets where you can find some fantastic resident restaurants and bars, away from the typical tourist area.

The cookery is a dynamic mix of traditional and modern exploratory dishes; the city of Barcelona itself has more than 600 years of gastronomy culture and ranks along with Gaudi, its gothic inheritance, the Born archaeological discoveries and the art influences of Miró and Picasso, as the main incentives for tourism in the city









Plan Your Trip @ Barcelona

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