Scientific Program



5th International Conference on

Mental Health and Human Resilience

March 07-08, 2019 | Barcelona, Spain

UK: Conference Series LLC Ltd
47 Churchfield Road, London, W3 6AY
Toll Free: +1-800-014-8923

DAY-1

March 07, 2019

Meeting Hall: Silverstone

08:30-09:30 Registrations

Opening Ceremony 09:30-10:00

KEYNOTE FORUM

10:00-10:10 Introduction

10:10-10:50 Title: Prefiguring the future: An educational project to strengthen resilience and hope in individuals and communities facing natural disasters
Patrizio Paoletti, Patrizio Paoletti Foundation, Italy

10:50-11:30 Title: Increasing resilience: Molecular and electrophysiological changes following Quadrato motor training
Tal Dotan Ben Soussan, Patrizio Paoletti Foundation, Italy

Networking & Refreshments 11:30-11:50 @ Bar Terraza

Sessions: Psychiatric Emergencies | Mental Health and Wellness | Human Resilience | Mental Disorders | Women' s Mental Health

Chair: **Luis Allen,** Advent Health, USA
Co-Chair: **Moira Laura Eva Dechef,** Jewish General Hospital, Canada

INTRODUCTION

11:50-12:20 Title: A novel approach to behavioral health care services in a hospital setting
Luis Allen, Jessica Koontz & LaDonna Sampson, Advent Health, USA

12:20-12:50 Title: The influence of environmental aesthetic in the belongingness of psychiatric patient
Ivete Contieri Ferraz , Veritas Clinic, Brazil

GROUP PHOTO 12:50–13:00

Lunch Break 13:00-14:00 @ Bar Terraza

14:00-14:30 Title: A study to assess resilience of adult family caregivers of patients having schizophrenia and its related disorders, in a selected hospital, New Delhi
Bobby Syiemlieh, AIIMS, India

14:30-15:00 Title: Significant association between brain derived neurotrophic factor gene polymorphism C270T and cognitive symptoms in veterans with PTSD
Nela Pivac, Rudjer Boskovic Institute, Croatia

15:00-15:30 **Title: Promoting human resilience through the pedagogy for the third millennium**
Tania Di Giuseppe & Grazia Serantoni, Patrizio Paoletti Foundation, Italy

15:30-16:00 **Title: Agency and resilience behind the we-ness, a case study of a couple therapy for mental disorders**
Jonna Karasmaa, University of Jyvaskyla, Finland

Networking & Refreshments 16:00-16:20 @ Bar Terraza

WORKSHOP

16:20-17:20 **Title: OMM (One Minute Meditation) path for increasing resilience and well-being**
Patrizio Paoletti, Tal Dotan Ben Soussan & Tania Di Giuseppe, Patrizio Paoletti Foundation, Italy

VIDEO PRESENTATION

17:20-17:30 **Title: The patient in room 1B... confronting our fears to overcome reservation and build trust**
Nonye Aghanya, Pace University, USA

Panel Discussion

DAY-2

March 08, 2019
Meeting Hall: **Silverstone**

KEYNOTE FORUM

10:00-10:40 **Title: The therapeutic uses of humor**
Robin Andrew Haig, St John of God Hospital, Australia

10:40-11:20 **Title: Implementing positive risk-taking in practice**
Steve Morgan, Practice Based Evidence Consultancy, UK

Networking & Refreshments 11:20-11:40 @ Bar Terraza

11:40-12:20 **Title: Social media - The antisocial media, it's challenges and impact on mental health**
Khurram Sadiq, Mental Health NHS Foundation Trust, UK

Sessions: Women' s Mental Health | Mental Health and Wellness | Human Resilience

Chair: Tal Dotan Ben Soussan, Patrizio Paoletti Foundation, Italy
Co-Chair: Khurram Sadiq, Mental Health NHS Foundation Trust, UK

INTRODUCTION

12:20-12:50 **Title: Can too much resilience be a bad thing?**
Alan Dovey, University of Birmingham, UK

12:50-13:20 **Title: Resting heart rate variability and the effects of biofeedback intervention in women with low-risk pregnancy and prenatal childbirth fear**
Hideya Kodama, Akita University, Japan

Lunch Break 13:20-14:20 @ Bar Terraza

POSTER SESSIONS 14:20–15:20 @ MEETING ROOMS

Poster Judge: Khurram Sadiq, Mental Health NHS Foundation Trust, UK

MH 01 **Title: Towards an understanding of substance use risk and prevention factors to promote mental health and human resilience among high school age youth**
Alexander Reznik, Ben Gurion University of the Negev, Israel

MH 02 **Title: A qualitative study on the resilience of public health nurses who supported sufferers of the Great East Japan earthquake over the last 6 years**
Manami Amagai, Kyoto University, Japan

MH 03 **Title: The lived experience of GP burnout**
Philippa Shaw, University of Westminster, UK

MH 04 **Title: Study on the resilience and its related factors of disaster victims who live in evacuation areas for an extended time: Five years after the Great East Japan earthquake**
Tomoko Yamanouchi, Kyoto University, Japan

MH 05 **Title: The characteristics of substance abusers attending a detox hospital in Oman and patterns of their utilization of healthcare services**
Al Khatib Rashid Al Saadi, Oman Medical Specialty Board, Oman

MH 06 **Title: Is fatphobia or psychosomatically expressed psychological distress central to deliberate food restriction? An exploration of populations from the Arabian Gulf**
Harith Hamood Said Al-Aamri, Oman Medical Specialty Board, Oman

MH 07 **Title: The experience and impact of stigma in Saudi people with a mood disorder**
Hanoof AlKhalaf, King Saud University, Saudi Arabia

SPEAKER SESSION CONTINUES..

15:20-15:50 **Title: Strategic approaches to sexual violence prevention in adolescents**
James Bush, Bush Counseling Services, USA

15:50-16:20 **Title: A study to assess personality, psychological distress and adjustment difficulties among nursing students at AIIMS**
Anita P, AIIMS, India

Networking & Refreshments 16:20-16:40 @ Bar Terraza

16:40-17:10 **Title: If orange really was the new black: Examining trends seen across the incarcerated women population**
Breanna Lynn & Brittney Montgomery, The Chicago School of Professional Psychology, USA

17:10-17:40 **Title: Peeling the onion: Interventions to stimulate, support, and sustain reading progress in a child psychiatry unit**
Moira Laura Eva Dechef, Jewish General Hospital, Canada

Networking & Refreshments 16:20-16:40 @ Bar Terraza

E POSTER PRESENTATIONS

Panel Discussion

Awards & Closing Ceremony



Bookmark your Dates

6th International Conference on

Mental Health and Human Resilience

March 09-10, 2020 | Rome, Italy

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Website: mentalhealth.insightconferences.com