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Proceedings of

International Conference on

AESTHETIC MEDICINE AND COSMETOLOGY

May 21-22, 2018 Singapore

AESTHETIC MEDICINE 2018

CONFERENCE SERIES LLC LTD
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Scientific Program

Aesthetic Medicine 2018

Day 1 May 21, 2018

09:00-09:30 Registrations

Seletar Room 1, Level 3

conferenceseries.com **09:30-09:45 Opening Ceremony**

Keynote Forum

09:45-09:50 Introduction

09:50-10:30 Title: Use of DC electric plasma in aesthetic medicine

Pavel brychta, University Hospital Brno, Czech Republic

10:30-11:10 Title: Non-invasive tattoo removal unique technique

Linda Paradis, Linda Paradis Group, France

Networking & Refreshments Break 11:10-11:30 @ Seletar Foyer

Session: Surgical and Non-Surgical Aesthetic Treatment | Hair Transplantation | Scars and Wounds | Breast Augmentation

Session Chair: Adherbal De Souza, Shining Way Esthetics, USA

Session Introduction

11:30-12:00 Title: Hormonal and nutritional interference as adjuvants to skin vitality

Adherbal De Souza, Shining Way Esthetics, USA

12:00-12:30 Title: Severe Acneiform facial eruption an updated prevention and complications management

Michael Chan, Association of Integrative Aesthetic Medicine, China

12:30-13:00 Title: Inhibition mechanism of acellular dermal matrix on capsule formation in expander-implant breast reconstruction after postmastectomy radiotherapy

Ung Sik Jin, Seoul National University Hospital, Republic of Korea

Lunch Break 13:00-13:50 @ Atrium Restaurant

13:50-14:20 Title: Hair Transplantation-Meeting the expectations

Lokesh Handa, Cocoona JLT, India

14:20-14:50 Title: Carboxytherapy–non-invasive method in dermatology, aesthetic dermatology and some other branches of medicine

Hana Zelenkova, Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia

14:50-15:20 Title: Things don't tell you about fillers

Tariq Saeed, Dr.Tariq Hospital, Bahrain

15:20-15:50 Title: Achieving excellence in hair transplant- experience of 6000 cases in 22 years

Manoj Khanna, Enhance Clinics, India

Networking & Refreshments 15:50-16:00 @Seletar Foyer

Panel Discussions and B2B Meetings

Day 2 May 22, 2018

Seletar Room 1, Level 3

Keynote Forum

09:30-10:00 **Title: Finesse in rhinoplasty**

Tariq Saeed, Dr.Tariq Hospital, Bahrain

10:00-10:50 **Title: The individualized Needle-hub threading: Developing a systemic approach to high-risk facial rejuvenation**

Wen Hsien Ethan Huang, GeneHope Aesthetic Medical Group, Taiwan

Networking & Refreshments Break 10:50-11:10 @Seletar Foyer

Session: Scars & Wounds | Acne & Treatment | Photo Rejuvenation | Hair Transplantation Non-Surgical Liposuction | Entrepreneurs Investment Meet in Primary Health Care | Face Lifts

Chair: Hana Zelenkova, Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia

Session Introduction

11:10-11:40 **Title: Scars and wounds novel approach in scar management**

Hana Zelenkova, Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia

11:40-12:10 **Title: Differential depth parameters of fractional CO2 laser for acne pits and scars in skin of colour**

Uddhav Patil, Dr. D. Y. Patil Medical College, Hospital and Research Center, India

12:10-12:40 **Title: Health Care Management**

Mahran Ashour, Med Art Clinics, UAE

Lunch Break 12:40-13:30 @Atrium Restaurant

13:30-14:00 **Title: Abdominal liposculpture (Abdominal Etching) for male patient with ultrasound energy (VASER)**

Huseyin Kandulu, Bilecik State Hospital, Turkey

14:00-14:30 **Title: E-BABE- Progressive tunnelizations in neck face-lift**

Dilson Luz, Plastic Clinic Dilson Luz, Brazil

14:30-15:00 **Title: Recent advances in fue hair transplant**

Bhavesh Gupta, The Esthetic Clinic, India

Award Ceremony

Networking & Refreshments 15:00-15:30 @Seletar Foyer

Panel Discussions and Networking

Supporting Journals

Journal of Clinical & Experimental Dermatology Research

Journal of Cosmetology & Trichology

Journal of Dermatitis



International conference on

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May 21-22, 2018 Singapore

Upcoming Conferences

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bioasiapacific@geneticconferences.com

Asthma Congress 2018
May 23-24, 2018 | Singapore
http://asthma.conferenceseries.com/
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Auckland, New Zealand

Optical Fiber 2018
May 28-29, 2018 | Auckland, New Zealand
opticalfibre.enggconferences.com
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STD-AIDS-2018
May 30-31, 2018 | Auckland, New Zealand
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TraditionalMed 2018
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Osaka, Japan

Ophthalmic Surgery 2018
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Oculoplastic Surgery 2018
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http://oculoplastic.ophthalmologyconferences.com/
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Aquaculture Summit 2018
May 24-25, 2018 | Osaka, Japan
aquaculture.global-summit.com
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Public Health Summit 2018
May 24-25, 2018 | Osaka, Japan
publichealthcongress.conferenceseries.com
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Oncologists 2018
May 24-25, 2018 | Osaka, Japan
http://annualmeeting.conferenceseries.com/oncologists/
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Diabetic Complications 2018
May 28-29, 2018 | Osaka, Japan
diabetes-complications.conferenceseries.com
diabeticcomplications@conferencesworld.org

Medical Oncology 2018
May 28-29, 2018 | Osaka, Japan
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medicaloncology@conferencesworld.org

MatScience 2018
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Astronomy 2018
May 30-31, 2018 | Osaka, Japan
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Neonatology Congress 2018
May 30-31, 2018 | Osaka, Japan
neonatologycongress.pediatricsconferences.com
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Alzheimers Congress 2018
May 30-31, 2018 | Osaka, Japan
http://alzheimersdementia.neurologyconference.com/
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Neuro Imaging 2018
June 01-02, 2018 | Osaka, Japan
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Clinical Oncology 2018
June 01-02, 2018 | Osaka, Japan
http://globaloncology.conferenceseries.com/
clinicaloncology@conferencesworld.org

Clinical Case Reports 2018
June 01-02, 2018 | Osaka, Japan
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clinicalcasereports@healthconferences.org

Bacteriology Congress- 2018
June 04-05 2018 | Osaka, Japan
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Biopolymers summit 2018
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biopolymerscongress.conferenceseries.com
biopolymerssummits@enggconferences.com

Neuro-Ophthalmology 2018
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http://neuro.ophthalmologyconferences.com/
neuroophthalmology@conferenceworld.org

Thoracic Surgery 2018
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cardiothoracicsurgery@conferencesworld.org

Herbals Summit 2018
June 06-08 2018 | Osaka, Japan
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Applied Microbes- 2018
June 06-07 2018 | Osaka, Japan
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Tokyo, Japan

Pharmacology Congress 2018
May 24-25, 2018 | Tokyo, Japan
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pharmatoxicology@pharmaceuticalconferences.org

Nephrology 2018
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Ophthalmology Conference 2018
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Hong Kong

Dermatologists Meeting 2018
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Aesthetic Dermatology 2018
June 21-22, 2018 | Hong Kong
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Nursing Summit 2018
June 21-22, 2018 | Hong Kong
nursing-healthcare.nursingconference.com/
nursingsummit@conferencesworld.org

Bangkok, Thailand

Cancer Summit 2018
July 02-03, 2018 | Bangkok, Thailand
worldcancer.cancersummit.org
worldcancersummit@conferencesworld.org

Medicine Congress 2018
July 02-03, 2018 | Bangkok, Thailand
https://worldmedicine.conferenceseries.com/
worldmedicine@conferencesworld.org

Pathology Summit 2018
July 02-03, 2018 | Bangkok, Thailand
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pathologysummit@pathologyseries.com

Med Pharma Congress 2018
July 05-06, 2018 | Bangkok, Thailand
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Nursing Conference 2018
July 05-06, 2018 | Bangkok, Thailand
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World Ophthalmology 2018
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Biotech 2018
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Obesity Summit 2018
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Nanomaterials Congress 2018
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Cardiology Summit 2018
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Stroke 2018
July 09-10, 2018 | Sydney, Australia
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GI Diseases 2018
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gidiseases@annualcongress.net

Environment and Health Congress 2018
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World Nephrology 2018
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Rhinology and Otology 2018
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Manila, Philippines

Nutrition Congress 2018
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worldnutrition@nutritionalconference.com

Cardiac Nursing 2018
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Waste Management Convention 2018
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Cancer Diagnostics Conference 2018
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oncodiagnostics.cancersummit.org
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Bacteriology Asia Pacific 2018
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Telecommunications 2018
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World Nursing Congress 2018
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nursingcongress.nursingconference.com/
nursingasia@nursingconference.com

Kinesiology 2018
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Satellite Convention 2018
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Mass Spectra 2018
August 24-25, 2018 | Singapore
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Obesity Meet 2018
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Smart Robotics Congress 2018
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oralsurgery@annualcongress.net

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pharmaengineering@pharmaceuticalconferences.org

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September 14-15, 2018 | Singapore
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Neuro Oncology 2018
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neurooncology@conferencesworld.org

Heart Diseases 2018
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heartdisease@cardiologyconference.org

Dementia Congress 2018
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http://dementiacongress.neurologyconference.com/
dementiacongress@annualcongress.net

EnviTox Summit 2018
September 17-18, 2018 | Singapore
environmental-toxicology.toxicologyconferences.com

Enzymology Congress 2018
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http://enzymology.biochemistryconferences.com/
enzymology@annualcongress.net

Public Health Nursing 2018
September 19-20, 2018 | Singapore
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publichealthnursing@nurseconferences.com

Epilepsy Treatment 2018
September 19-20, 2018 | Singapore
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epilepsytreatment@neurologyconferences.org

Analytika 2018
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Neurologists 2018
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https://neurologists.conferenceseries.com/
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Osaka, Japan

Gastroenterology Summit 2018
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surgical.nursingconference.com/
surgicalnursing@nursingconference.com

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medicinalplants@pharmaceuticalconferences.org

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Asia Pacific Nano Congress 2018
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Fetal and Maternal Medicine 2018
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fetalmedicine@conferencesworld.org

Biotek Health Congress 2018
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biotechhealth@annualcongress.net

Ethnomedicine 2018
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ethnomedicine@pharmaceuticalconferences.org

Pediatrics Summit 2018
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pediatricssummit@conferencesworld.org

Neuropediatrics 2018
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https://pediatricneurology.neurologyconference.com/

Endocrinology Summit 2018
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endocrinologysummit@endocrineconferences.com

World Psychiatrist 2018
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worldpsychiatrists@psychiatryconferences.com

Asia Nursing 2018
October 03-04, 2018 | Osaka, Japan
nursing.conferenceseries.com/asia-pacific/
asianursing@nursingconference.com

Food Safety Congress 2018
October 03-04, 2018 | Osaka, Japan
foodsafetycongress.foodtechconferences.com
foodsafety@conferencesworld.org

Personalized Medicine Congress 2018
October 05-06, 2018 | Osaka, Japan
https://personalized-medicine.conferenceseries.com/
personalizedmedicine@conferencesworld.org

HealthSummit 2018
October 08-09, 2018 | Osaka, Japan
https://medicaleducation.healthconferences.org

Medical innovations 2018
October 08-09, 2018 | Osaka, Japan

Nephrology Congress 2018
October 22-23, 2018 | Osaka, Japan
https://nephrologycongress.conferenceseries.com/
nephrologycongress@conferencesworld.org

Global Vaccines 2018
October 22-23, 2018 | Osaka, Japan
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vaccines@annualcongress.net

Nurse Practitioner 2018
October 22-23, 2018 | Osaka, Japan
nurse-nursepractitioners.nursingconference.com/
nurse@nurseconferences.com

Tokyo, Japan

Naturopathy 2018
August 15-16, 2018 | Tokyo, Japan
http://naturopathy.conferenceseries.com/
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Physicians 2018
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physicians@healthconferences.org

Dermatology Meetings 2018
August 16-17, 2018 | Tokyo, Japan
dermatology.dermatologymeeting.com
dermatocosmetology@conferenceworld.org

Dental Implants 2018
August 17-18, 2018 | Tokyo, Japan
http://orthodontics.conferenceseries.com/
dentalimplants@conferencesworld.org

Endodontics 2018
August 17-18, 2018 | Tokyo, Japan
http://endodontics.conferenceseries.com/
endodontics@annualcongress.net

Global Nursing Practice 2018
August 20-21, 2018 | Tokyo, Japan
evidencebasedpractice.nursingconference.com/
nursingpractice@annualcongress.net

Asian Biosimilars 2018
August 20-21, 2018 | Tokyo, Japan
https://biosimilars-biologics.pharmaceuticalconferences.com/asiapacific/
biosimilarsasia@pharmaceuticalconferences.org

Diabetes and Heart Experts 2018
August 20-21, 2018 | Tokyo, Japan
http://diabetes-heartexperts.diabetesexpo.com/
diabetesexperts@diabetesconferences.org

STD Asia Pacific 2018
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STDcongress@infectiousconferences.com

Emergency Medicine 2018
August 22-23, 2018 | Tokyo, Japan
emergencymedicine.conferenceseries.com
emergencymedicine@conferencesworld.org

Gynecology Congress 2018
August 22-23, 2018 | Tokyo, Japan
gynecology-obstetrics.conferenceseries.com
gynecologycongress@healthcarevents.com

Organ Transplantation 2018
August 24-25, 2018 | Tokyo, Japan
https://organtransplantation.conferenceseries.com/
organtransplantation@conferencesworld.org

Health Science Congress- 2018
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Hypertension Congress 2018
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hypertensioncongress@annualcongress.net

Ophthalmologists 2018
August 27-28, 2018 | Tokyo, Japan
https://annualmeeting.conferenceseries.com/ophthalmologists/
ophthalmologists@ophthalmologyconferences.org

Neuro Psychiatry 2018
August 27-28, 2018 | Tokyo, Japan
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neuropsychiatry@conferencesworld.org

Surgery Congress 2018
August 27-28, 2018 | Tokyo, Japan
http://surgerycongress.conferenceseries.com/
surgerycongress@conferenceworld.org

Biosensors Congress 2018
August 29-30, 2018 | Tokyo, Japan
biosensorscongress.conferenceseries.com
Biosensorscongress@conferencesworld.org

Computer Graphics Congress 2018
August 29-30, 2018 | Tokyo, Japan
www.computergraphics-gamedesign.conferenceseries.com
computergraphics@annualcongress.net

Alternative Medicine 2018
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alternativemedicine@healthconferences.org

Stem Cell Biology 2018
September 03-04, 2018 | Tokyo, Japan
http://stemcell.geneticconferences.com/
stemcellbiology@geneticconferences.com

Medical Nanotechnology 2018
September 03-04, 2018 | Tokyo, Japan
https://medicalnanotechnology.conferenceseries.com/
medicalnano@nanotechconferences.org

Infectiousmeet 2018
September 03-04, 2018 | Tokyo, Japan
infectiousmeet.conferenceseries.com
infectiousmeet@conferencesworld.org

Computational Biology 2018
September 05-06, 2018 | Tokyo, Japan
www.computational-biology.conferenceseries.com
bioinformatics@annualcongress.net

Catalysis 2018
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http://catalysis.chemicalengineeringconference.com/
catalysis@conferencesworld.org

Asia Pacific Oncologists 2018
September 05-06, 2018 | Tokyo, Japan
http://cancer.global-summit.com/asia-pacific/
cancersummit@cancersummit.org

Clinical Pharmacy Congress
September 07-08, 2018 | Tokyo, Japan
clinicalpharmacycongress.pharmaceuticalconferences.com
clinicalpharmacy@annualcongress.net

Demtatology Conference 2018
September 17-18, 2018 | Tokyo, Japan
http://dermatology.conferenceseries.com/asiapacific/
dermatologyconference@dermatologymeeting.com

Cancer Nursing Congress 2018
September 17-18, 2018 | Tokyo, Japan
http://cancer.nursingconference.com/
cancer@nursingmeetings.com

Pathology Congress 2018
September 17-18, 2018 | Tokyo, Japan
http://pathology.pathologyconferences.com/
pathologycongress@pathologyseries.com

Nanotek Congress 2018
September 19-20, 2018 | Tokyo, Japan
https://nanotek.conferenceseries.com/
nanotechnology@conferencesworld.org

Neuroscience 2018
September 19-20, 2018 | Tokyo, Japan
http://neuroscience.conferenceseries.com/

Synthetic Biology Congress 2018
September 19-20, 2018 | Tokyo, Japan
https://syntheticbiology.conferenceseries.com/asiapacific/
synbiology@geneticconferences.com

Robotic Oncology 2018
September 21-22, 2018 | Tokyo, Japan
roboticoncology.conferenceseries.com
oncorobotics@annualcongress.net

Advanced Materials 2018
September 21-22, 2018 | Tokyo, Japan
http://advancedmaterials.conferenceseries.com/
advancedmaterials@enggconferences.com

Nutrition Conferences 2018
September 21-22, 2018 | Tokyo, Japan
http://obesitycongress.nutritionalconference.com/
obesityworld@conferencesworld.org

Cardiac Pharmacology 2018
September 24-25, 2018 | Tokyo, Japan
cardiac.pharmaceuticalconferences.com
cardiacpharmacology@pharmaceuticalconferences.com

Neonatology 2018
September 24-25, 2018 | Tokyo, Japan
https://pediatricsummit.conferenceseries.com/
pediatrics@conferencesworld.org

Probiotics Congress 2018
September 24-25, 2018 | Tokyo, Japan
probioticscongress.conferenceseries.com

Nutraceuticals Congress 2018
September 26-27, 2018 | Tokyo, Japan
worldnutraceuticals.pharmaceuticalconferences.com
clinicalpediatrics@annualcongress.net

Epidemiology Summit 2018
September 26-27, 2018 | Tokyo, Japan

Shanghai, China

Oil and Gas Congress 2018
September 10-11, 2018 | Shanghai, China
http://oil-gas.chemicalengineeringconference.com/
oilandgas@enggconferences.com

Pharmacognosy 2018
September 12-13, 2018 | Shanghai, China
http://pharmacognosy-phytochemistry-natural-products.pharmaceuticalconferences.com/
pharmacognosy@pharmaceuticalconference.org

Dental Practice 2018
September 12-13, 2018 | Shanghai, China
http://dentistry.dentalcongress.com/
dentalpractice@dentistryconferences.com

Hong Kong

Cardiologists Congress 2018
September 17-18, 2018 | Hong Kong
http://cardiologists.cardiologymeeting.com/
cardiologists@conferencesworld.org

Clinical Cardiology Congress 2018
September 17-18, 2018 | Hong Kong
www.cardiologycongress.conferenceseries.com
clinicalcardiology@annualcongress.net

Chemical Engineering 2018
September 17-18, 2018 | Hong Kong
http://chemicalengineeringconference.com/
biochemical@enggconferences.com

Neonatal Care 2018
September 19-20, 2018 | Hong Kong
neonatologycongress.conferenceseries.com
neonatology@conferencesworld.org

Food Science 2018
September 19-20, 2018 | Hong Kong
foodscience.foodtechconferences.com
foodscience@conferencesworld.org

Aquaculture Congress 2018
September 19-20, 2018 | Hong Kong
aquaculturecongress.conferenceseries.com
aquacongress@aquaconferences.com

LCMS 2018
September 21-22, 2018 | Hong Kong
https://lcms.massspectra.com
lcms@chemistryconferences.org

Public Health Asia 2018
September 21-22, 2018 | Hong Kong
http://publichealthcongress.nutritionalconference.com/
publichealthasia@annualcongress.net

Registered Nurse 2018
September 21-22, 2018 | Hong Kong
http://registerednurse.nursingconference.com/
registerednurse@nursingmeetings.com

Auckland, New Zealand

Endocrinology Congress 2018
September 03-04, 2018 | Auckland, New Zealand
http://endocrinedisorders.diabetesexpo.com/
endocrinologycongress@diabetesconferences.org

Thyroid 2018
September 03-04, 2018 | Auckland, New Zealand
thyroid.conferenceseries.com
thyroid@diabetesconferences.org

Natural Medicine 2018
September 03-04, 2018 | Auckland, New Zealand
http://naturalproductsconference.com/
naturalmedicine@pharmaceuticalconference.org

Spine Conference 2018
September 05-06, 2018 | Auckland, New Zealand
http://spine-disorders.neurologyconference.com/
spine@neurologyconferences.org

Nanomedicine 2018
September 05-06, 2018 | Auckland, New Zealand
http://nanomedicine.conferenceseries.com/
nanomedicine@nanotechconferences.org

Diet & Nutrition 2018
September 07-08, 2018 | Auckland, New Zealand
http://dietcongress.nutritionalconference.com/
dietcongress@annualcongress.net

Dental Care 2018
September 07-08, 2018 | Auckland, New Zealand
https://dentalcare.conferenceseries.com/

Gastroenterologists 2018
September 07-08, 2018 | Auckland, New Zealand
https://gastroenterologists.conferenceseries.com/

Melbourne, Australia

Mental Health Congress 2018
November 12-13, 2018 | Melbourne, Australia
http://mentalhealth.neurologyconference.com/
mentalhealth@neurologyconferences.org

Structural Materials Congress 2018
November 12-13, 2018 | Melbourne, Australia
http://structural-engineering.materialsconferences.com/
structuralmaterials@conferencesworld.org

Nursing Education Summit 2018
November 12-13, 2018 | Melbourne, Australia
nursingeducation.conferenceseries.com
nursingeducation@annualcongress.net

Bangkok, Thailand

Depression 2018
November 19-20, 2018 | Bangkok, Thailand
https://depression.neurologyconference.com/
depression@psychiatryconference.org

Physiotherapy 2018
November 21-22, 2018 | Bangkok, Thailand
https://physiotherapy.conferenceseries.com/

Nursing Care Innovation 2018
November 21-22, 2018 | Bangkok, Thailand
nursingcareplan.nursingconference.com/
nursingcareplan@annualcongress.net



International conference on

Aesthetic Medicine & Cosmetology

May 21-22, 2018 Singapore

Keynote Forum

(Day 1)

Pavel Brychta, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-010



Pavel Brychta
University Hospital Brno, Czech Republic

Use of DC electric plasma in aesthetic medicine



People with the wrinkles feel effect of aging and would like to keep fresh, young and lifted skin for mental comfort and good look. People with the moles, fibromas, hemangiomas and another skin lesions feel discomfort with skin defect and would like to remove it without some surgical treatment, long downtime and visible scars or spots after the treatment. Jett Plasma Lift Medical is a new device for the use in aesthetic medicine. The device works in a principle of continuous pulse of direct current of high voltage. Its maximal power of 2 watt is in the point of application, procedure is contactless. When compared to CO_2 lasers, an average pulse is 0.1 mm and the depth of penetration to the skin is 0.1 to 0.5 mm according to the setting of intensity of the pulse. It provides precise correction of skin disorders with a very easy and safe control. Widespread usage of the device starts with a removal of benign tumors especially on the face, and even on the margins of the eye lids, removal of hyperpigmentation, vascular abnormalities (e.g. Hemangiomas), small venulectasias, up to improvement/removal of mild periocular and perioral wrinkles, post-traumatic or acne scars. It's also possible to remove warts and keratosis in whatever localization. The healing is without complication, there is no risk for eyes when the procedure is applied on the eye lids. In the place of application, hyperpigmentation does not occur afterwards. During usage of the device for wrinkle removal around the eyes and lips there is also due to the direct current of high voltage significantly higher production of collagen type-1, reduction of keloid fibroblasts in scars, e.g. after acne. The presented video with live comment demonstrates the use of this device and the clinical results.

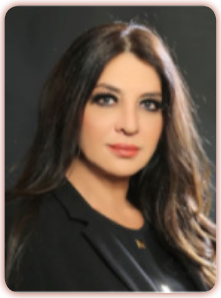
Biography

Pavel Brychta graduated from the Medical Faculty of UJEP in Brno Masaryk University in Brno, Czech Republic. Immediately after graduation, he started his career in the Department of Plastic Surgery in Brno. He is the Head of the Department of Burns and Reconstructive Surgery in Brno and Professor of the Masaryk University in Brno. Since 1995 he is also active in aesthetic plastic surgery and laser surgery. He is the Director of Private Clinic Riva in Brno for 12 years and since 2006, he is a Visiting Professor in Klinikk Haugesund in Norway. He is the Active Member of the International Society of Aesthetic Plastic Surgery (ISAPS).

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Notes:

Linda Paradis, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-010



Linda Paradis
Linda Paradis Group, France

Tattoo Remoov 88 by LINDA PARADIS

Tattoo Remoov 88 by LINDA PARADIS technique is no invasive thanks to the Round Square cartridge 88, which are not penetrating the dermis, and binding with the ink and bringing it up and out of the skin. No need any numbing, no crust and no pain, completely safe and efficient to remove PMU as well as body tattoos. The Tattoo Remoov serum whose composition is mainly food and cosmetic industry and pH degree is 9.5, reaching the dermis without perforation, acts on the different cell layers of the epidermis by causing an isotonic phenomenon of the cells that are shrinking and thus creating a way for that Tattoo Remoov reaches the dermis without perforation of the skin.

Biography

Linda Paradis is CEO, Founder of Linda Paradis Group, and the Inventor of Cartridge 88. She is the first worldwide Tattoo Removal Trainer with more than 25 years of industry experiences both as a Clinical Practitioner, Trainer and International Examiner, enhances her knowledge of skin science and provides foundation training to address body and cosmetic tattoo removal. As a reputed and an assiduous character, she runs the world in search of exclusivity and innovation, putting her customers' satisfaction and safety first, making the wishes come true, via the great and secure technique of tattoo removal without laser. She is a renowned International PMU and Tattoo Removal Educator and the first International Trainer who launch Tattoo Remoov 88 which is unique method of ink extraction for cosmetic and body tattoo and the most powerful and effective ink removal product in the world.

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Notes:



International conference on

Aesthetic Medicine & Cosmetology

May 21-22, 2018 Singapore

Scientific Tracks & Abstracts

(Day 1)

Session:

Day 1 May 21, 2018

Surgical & Non-Surgical Aesthetic treatment | Hair Transplantation | Scars & Wounds | Breast Augmentation

Session Chair

Adherbal De Souza
Shining Way Esthetics, USA

Session Introduction	
Title:	**Harmonal and nutritional interference as adjuvants to skin vitality**
	Adherbal De Souza, Shining Way Esthetics, USA
Title:	**Severe Acneiform facial eruption an updated prevention and complications management**
	Michael Chan, Association of Integrative Aesthetic Medicine, Hong Kong
Title:	**Inhibition mechanism of acellular dermal matrix on capsule formation in expander-implant breast reconstruction after postmastectomy radiotherapy**
	Ung Sik Jin, Seoul National University Hospital, Republic of Korea
Title:	**Hair Transplantation - Meeting the expectations**
	Lokesh Handa, Cocoona JLT, India
Title:	**Carboxytherapy – non-invasive method in dermatology, aesthetic dermatology and some other branches of medicine**
	Hana Zelenkova, Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia
Title:	**Things don't tell you about fillers**
	Tariq Saeed, Dr. Tariq Hospital, Bahrain
Title:	**Achieving excellence in hair transplant- experience of 6000 cases in 22 years**
	Manoj Khanna, Enhance Clinics, India

Adherbal De Souza Neto, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-011

Hormonal and nutritional interference as adjuvants to skin vitality

Adherbal De Souza Neto
Shining Way Esthetics, USA

The skin is a thermometer. The skin suffers direct and indirect influences from the environment as well as from our internal body. In aesthetic medicine and anti-aging, a myriad of procedures is well known to maintain a youthful and healthy skin appearance - better organized collagen and elastin structures. Yet, many results tend to be moderate and short lived. Better optimization of aesthetic results can be achieved or prolonged when the body is in a positive internal balance. Oftentimes, the root for a healthy skin relies on hormonal homeostasis and proper and balanced nutritious ingredients ingested by the body. Aesthetic and anti-aging practitioners should make use of hormonal and nutrient testing as tools during assessment or planning phases of a treatment plan. At times, postponing treatment until the body is better prepared to receive a treatment may prove to be the best measure and may bring the best outcomes. Other times, a concomitant use of hormones and nutrients during the treatment phase will achieve the best results. However, both hormones and nutrients are essential in addressing many of the common problems encountered in the aesthetic and anti-aging fields and are underutilized by these professionals.

Biography

Adherbal De Souza Neto is the owner of Shining Way Esthetics, LLC and Vita Life Health Bar. He has dedicated to the aesthetic and wellness fields since 2001. He is a Graduate of the University of South Alabama-Women's Health Nurse Practitioner WHNP-BC) and Chatham University-Doctor of Nursing Practice (DNP). He teaches diverse aesthetic procedures for the Esthetic Skin Institute (ESI) and also for DentaSpa in the USA. He is the President for the American Academy of Medical Esthetic Professionals (AAMEP), a Member of the International Academy of Facial Aesthetics (IAFA) and the Sociedade Brasileira de Enfermagem Estetica (SBEE).

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Notes:

Chan Kam Tim Michael, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-011

Severe acneiform facial eruption an updated prevention and complications management

Chan Kam Tim Michael
Association of Integrative Aesthetic Medicine, Hong Kong

Acne scarring and Papulopustular Rosacea (PPR) are well documented cutaneous condition associated with major psychosocial morbidity: Social isolation, depression and suicidal ideation. The negative aesthetic consequences of poorly managed acne are significant to an individual quality of life and career. A positive family history is a predictor of scar formation. Emerging data revealed early retinoids used, positive life-style modifications may prevent scarring. Energy device like radiofrequency microneedling, fractional laser, superficial radiotherapy and intralesional cryotherapy are recognized new attempts to treat acne scars and painful severe enlarging keloid scars in Asian dark skin types, respectively. Low dose systemic isotretinoin was shown efficacious in managing teenage and adult onset acne vulgaris; including acne scar prevention. More and more data are emerging on low dose retinoid therapy both topicals and systemic has add-on aesthetic and rejuvenating effects on acne prone facial skin. The text book paradigm that systemic retinoids are contraindicated in energy device procedure will be challenged; clearly no major adverse effects seen in this combination therapy in Asian skin types. The lecture will discuss these new strategies and examined its potential advantages and limitations. PPR are increasing in prevalence as seen in local skin clinics due to increasing non-judicious topical steroids use; propensity of topical cosmeceuticals in Asian markets and the use of Epidermal Growth Factor Receptor (EGFR) inhibitors in treating metastatic lung cancer. Recent investigations highlighted the importance of the demodex mites, Vascular Epidermal Growth Factor (VEGF), dermal inflammation and impaired epidermal barrier dysfunction in its pathogenesis. New promising treatments are emerging.

Biography

Chan Kam Tim Michael is a practicing private Dermatologist in Hong Kong. He has received his Fellowship from Hong Kong Academy of Medicine as a Registered Dermatologist. He has received his Post-Doctoral training in University of California, Los Angeles. He is presently the Vice-President of the Association of Integrative Aesthetic Medicine in Hong Kong. He was invited as the Editorial-Board Member of the *Journal of Anatomy and Physiological Studies* in 2017. He has been the Editor of *Hong Kong Journal of Dermatology and Venereology* from 2002 to 2007. Previously, he has worked as a Clinical Assistant Professor of the Faculty of Medicine in The University of Hong Kong from 2007 to 2009.

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Notes:

Jae-Woo Heo et.al., J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-011

Inhibition mechanism of acellular dermal matrix on capsule formation in expander-implant breast reconstruction after postmastectomy radiotherapy

Jae-Woo Heo, Ung Sik Jin
Seoul National University Hospital, Republic of Korea

Purpose: Acellular Dermal Matrix (ADM) has widely used to prevent and treat capsular contracture in expander-implant breast reconstruction. However, little is known about how ADM reduces the capsule formation around breast prosthesis in both irradiated and non-irradiated patients.

Method: Capsular tissue was obtained from patients undergoing second-stage breast reconstruction to exchange a tissue expander for a breast implant. All tissue expanders were covered with pectoralis major muscle and ADM (CryoDerm®). Capsular tissues (1×0.5 cm^2) under pectoralis major muscle and ADM were harvested from patients who had no radiotherapy (n=10) and had prior radiotherapy (n=10). H&E analysis, immunohistochemistry for α-smooth muscle actin, CD31, F4/80 in capsular tissue was performed.

Result: Thickness of subADM capsule was thinner compared to sub-muscular capsule in both non-irradiated and irradiated patients. αSMA-positive cells presenting myofibroblast were decreased in subADM capsule. αSMA and CD31 co-expressing cells which mean endothelial-mesenchymal transition (EndoMT) were observed only in sub-muscular capsule. F4/80-positive macrophage recruitment in subADM capsule was decreased compared to sub-muscular capsule. All the differences between sub-muscular and subADM capsule were predominant in irradiated patients.

Conclusion: ADM reduces activated myofibroblast and macrophage recruitment and EndoMT, leading to inhibition of capsule formation. Our findings provide mechanistic insights into how the coverage of ADM leads to decreased periprosthetic capsular contracture.

Biography

Ung Sik Jin is Plastic Surgeon in Seoul National University Hospital, Republic of Korea. He has expertise in breast reconstruction and aesthetic breast surgery and his area of specialization is microsurgical reconstruction and adipose-derived stromal cell.

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Notes:

Lokesh Handa, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-011

Hair transplant: Meeting the expectations

Lokesh Handa
Cacoona JLT Clinic, India

In the present time of cosmetic practice, hair transplant has emerged as the most common and sought-after aesthetic procedure by males worldwide. With the popularity of the procedure, comes the new challenges faced by the surgeon in meeting the ever-increasing demands of the patients, over the top expectations from them and sometimes unrealistic as well. And to top it all, the awareness of the patient, thanks to the loads of information available on the internet, keeps you on your toes to learn the new techniques, adopt new technology and provide them with the latest treatments available. The treatment for alopecia can be surgical, medical or a simple camouflage in the cases where no treatment can give the satisfactory result/or treatment options are not available. It also depends on the type of alopecia that the patient is suffering from. Patient must be evaluated with detailed history, including the family history of baldness patterns, previous medications, surgery and the examined thoroughly to evaluate what is the best option as a treatment for him/her. Pharmacotherapy includes FDA approved Minoxidil (topical) and oral Finasteride. Other drugs are Dutasteride, Ketoconazole, Spironolactone, Cyclosporine A and micronutrients. Local injectable therapies are also getting very popular in the clinics, which include mesotherapy, PRP (platelet rich plasma) and latest in the regenerative medicine for the hair, adipose derived stem cells. Surgical treatment is the gold standard for hair loss problem and the two broad categories for techniques are FUT-strip (Follicular Unit Transplant) and FUE (Follicular Unit Extraction). Before these techniques, surgical transposition flaps, expanders and scalp reduction techniques were employed, which didn't give aesthetic results. Depending on the extent of baldness, availability of the donor hairs and the preferences of the patient, either of the two or combination of the two techniques is done to give the best aesthetic results possible.

Biography

Lokesh Handa is an experienced Cosmetic and Hair Transplant Surgeon. He started his clinical practice in New Delhi, where he utilized his skills in trauma and reconstructive surgeries, cleft surgeries (in association with Smile Train) and started his cosmetic practice, with major work in hair transplant. He has also worked as a Senior Consultant for 2 years in a leading chain of hair transplant clinics across North India. He has participated in many aesthetic surgery workshops and conferences and gained a lot of clinical experience from the reputed plastic surgeons. He is also the Member of International Society of Aesthetic Plastic Surgeons; Association of Plastic Surgeons of India and Indian Association of Aesthetic Plastic Surgeons.

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Notes:

conferenceseries.com

Zelenkova H, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-011

International Conference on
AESTHETIC MEDICINE & COSMETOLOGY
May 21-22, 2018 Singapore

Carboxytherapy: Non-invasive method in dermatology, aesthetic dermatology and some other branches of medicine

Zelenkova H
Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia

The utilization of carbon dioxide in medicine and balneotherapy has seen a long-year development. At the beginning, the utilization was purely empirical, but gradually a solid scientific basis was formed. Carboxytherapy - therapeutically applied carbon dioxide injections have been used in balneotherapy since 1932. In the last four years however, this treatment modality has become the center of attention as a unique method applicable in dermatology, aesthetic dermatology and anti-aging medicine. Many renowned clinics of aesthetic medicine promote this unique method as minimum invasive and non-aggressive, comfortable for the patient and producing excellent effects without the risk of undesired side effects. Nowadays, this method is very popular and used in various offices around the globe. In aesthetic dermatology, this method may be applied as a rejuvenation modality and is employed mainly due to its classic vasodilatation effect and its capacity to foster intradermal collagen restructuring. In classic dermatology it is used to treat patients with poor healing lower leg ulcers, in diabetic patients and in patients with poor healing surgical wounds. Carboxytherapy is efficient also in some psoriasis manifestations when combined with some other traditional approaches, in circumscribed scleroderma, lichen verrucosus as well as hair loss. In aesthetic dermatology, the effect manifest quite soon (usually after two sessions already in the course of 7-14 days). It significantly and visibly improves the tonus of the skin as well as other aesthetic parameters (especially while treating skin laxity in abdomen area, inner arms and thighs and double chin or saggy eyelids. Good effects also show following the application of carboxytherapy to treat stretch marks, cellulite and scars (also older and more extensive scars after burns). Great effects are achieved in correcting the side effects of ill performed interventions such as liposuction or in using carboxytherapy directly to shape problem body areas (thighs, hips and abdomen). The presentation demonstrated great therapeutic effects achieved in aesthetic dermatology and alopecia totalis, alopecia areata, keloids, striae cutis distensae, andrologia - erectile dysfunction and other various diagnoses.

Biography

Hana Zelenková has been active in dermatovenerology since 1973. Since 2000 she has been directing her own Private Clinic of Dermatovenereology. She has given more than 650 lectures in Slovak Republic as well as abroad, and has 420 scientific publications. She is the Founder and President of the Slovak Society for Aesthetic and Cosmetic Dermatology.

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Notes:

Tariq Saeed, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-011

Things don't tell you about fillers

Tariq Saeed
Dr. Tariq Hospital, Bahrain

For decades a myriad of fillers have been used, almost all of which were abandoned as a result of serious complications and deformities. Ever since, the medical world has been searching for the 'ideal filler'. Finally, in 2003 with the advancement of medical technology, Hyaluronic Acid (HA) arrived and received FDA approval, the wait was finally over….HA appeared to meet all the criteria of an ideal filler: easy to use, relatively safe, required no testing, caused no allergic reaction, gave good results and above all it was dissolvable. Soon, with its widespread use, unexpected complications began to surface. The author presents his views and experiences on how to tackle and most importantly prevent these issues.

Biography

Dr. Tariq Saeed is the renowned Bahraini, Plastic, Aesthetic and Laser surgeon who has been in plastic surgery practice since 1983 and trained in Ireland, UK and the USA. Dr. Tariq holds fellowships in surgery from both the Royal College of Surgeons in Ireland and Edinburgh. He holds higher Fellowships in Plastic Surgery from Ireland and the University of Miami in the USA. Dr. Tariq is an assistant professor of Surgery at the Arabian Gulf University in Bahrain and is an external examiner for the Royal College of Surgeons in Ireland.

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Notes:



International conference on

Aesthetic Medicine & Cosmetology

May 21-22, 2018 Singapore

Keynote Forum

(Day 2)

Tariq Saeed, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-010



Tariq Saeed

Dr. Tariq Hospital, Bahrain

Finesse in rhinoplasty

Introduction: The goal in rhinoplasty is to achieve an aesthetically pleasing, natural appearing and normally functioning nose which stays in harmony with the rest of the face.

Methods: We have looked at the records of rhinoplasty procedures performed by our senior author over a period of the 32 years (1983-2015) and noted which technique was used these included both closed and open rhinoplasty techniques. We studied the rhinoplasty cases performed in the 1960 to 1980 in the literature and concluded that the trends and teaching norms were over resection and grafting through close rhinoplasty techniques.

Results: All our rhinoplasty cases performed from 1983-1987 were only by closed technique. All the cases performed from 1988-1991 were only by open techniques and since 1991 a combination of both techniques are used and currently less than 5% are performed by open (external) technique.

Conclusion: We feel the open technique has greatly enhanced over rhinoplasty results and has added a new dimension to our work. We also learned to adopt the philosophy of "preserve and conserve" use suturing techniques wherever possible rather than excision and grafting to achieve a finesse in rhinoplasty.

Biography

Dr. Tariq Saeed is the renowned Bahraini, Plastic, Aesthetic and Laser surgeon who has been in plastic surgery practice since 1983 and trained in Ireland, UK and the USA. Dr. Tariq holds fellowships in surgery from both the Royal College of Surgeons in Ireland and Edinburgh. He holds higher Fellowships in Plastic Surgery from Ireland and the University of Miami in the USA. Dr. Tariq is an assistant professor of Surgery at the Arabian Gulf University in Bahrain and is an external examiner for the Royal College of Surgeons in Ireland.

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Wen Hsien Ethan Huang, J Cosmo Trichol 2018, Volume 4
DOI: 10.4172/2471-9323-C2-010



Wen Hsien Ethan Huang

Gene Hope Biotech Ltd, Taiwan

The individualized needle-hub threading: Developing a systemic approach to high-risk facial rejuvenation

Thread lift is one of the most popular aesthetic procedures worldwide. Accurate preoperative planning combined with a systemic approach can improve precision and balance in facial rejuvenation techniques. Complete reviewing of history record and efficient procedure design are critical to optimizing aesthetic outcomes, especially in high-risk conditions. The purpose of this study was to evaluate the efficacy and complication of ten high-risk facial threading's with individualized needle-hub technique in China. From November of 2015 to January of 2018, ten high-risk patients between the ages of 35 and 70 (mean, 45 years) in China, who wished to rejuvenate their faces with minimally invasive thread lift procedures were studied retrospectively. Among them, 2 patients are with history of lung cancer, 1 with Paroxysmal Supraventricular Tachycardia (PSVT), 1 with malignant hypertension, 2 with double cancers (thyroid cancer & breast cancer), 1 alcoholism and 3 with previous poor surgical outcome. Here we describe an individualized needle-hub technique that effectively corrects the aging face, performed under local anesthesia and with great patient satisfaction. The results over a mean follow-up period of 18 months were good, with high patient satisfaction. All the complications experienced by the ten patients were minor and temporary including temporal area pain (10%), hematoma (10%) and suture palpability (5%).There were no infection. The ideal facial threading has the best efficacy, the fewest complications and ultimately, the highest patient satisfaction. There exists no technique suitable for every patient. Our case study strongly suggests that the individualized needle-hub threading provides an effective and much safer alternative to current procedures especially for high-risk populations. This report has also shown the need for better studies and a need for a systemic approach to growing high-risk population for minimally invasive facial rejuvenation.

Biography

Wen Hsien Ethan Huang is a qualified aesthetic surgeon and dermatologist both in China and Taiwan. He started working in aesthetic medicine since 1999 and later joined Gene Hope group in the year of 2011. He is now president of Taiwan International Academy of Anti- Aging Educator's Training, president of Threafa Tight ® Biotech Ltd. and CEO/CMTO at Gene Hope Biotech Ltd. His work has centered on building a sustainable anti-aging path to the future, and in particular has unceasingly make effort to increase innovative patents in various territories and works steadily and makes solid progress to meet all the market requirements. He developed the innovative software-assisted NHTL technology which exhibits promising clinical results and offers a superior guideline for thread lifting. He is known for his prominent professional role both in China and Taiwan. His research interests include innovation of medical devices, aesthetic AVMR, Computer Vision, Machine Learning, Deep Learning and aesthetic medical robotics.

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Notes:



International conference on

Aesthetic Medicine & Cosmetology

May 21-22, 2018 Singapore

Scientific Tracks & Abstracts

(Day 2)

Session:

Day 2 May 22, 2018

Scars & Wounds | Acne & Treament | Photo Rejuvenation | Hair Transplantation Non-Surgical Liposuction | Entrepreneurs Investment Meet in Primary Health Care | Face Lifts

Session Chair

Hana Zelenkova
Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia

Session Introduction	
Title:	**Liposuction- technique and basics**
	Manoj Khanna, Enhance Clinics, India
Title:	**Scars and wounds Novel Approach in Scar Management**
	Hana Zelenkova, Slovak Society for Aesthetic & Cosmetic Dermatology, Slovakia
Title:	**Differential depth parameters of fractional CO_2 laser for acne pits and scars in skin of colour**
	Uddhav Patil, Dr. D. Y. Patil Medical College, Hospital and Research Center, India
Title:	**Health Care Management**
	Mahran Ashour, Med Art Clinics, UAE
Title:	**Abdominal liposculpture (Abdominal Etching) for male patient with ultrasound energy (VASER)**
	Huseyin Kandulu, Bilecik State Hospital, Turkey
Title:	**E-BABE- Progressive tunnelizations in neck face-lift**
	Dilson Luz, Plastic Clinic Dilson Luz, Brazil
Title:	**Recent advances in fue hair transplant**
	Bhavesh Gupta, The Esthetic Clinic, India

Zelenkova.H et al., J Cosmo Trichol 2018, Volume 4
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Novel Approach in Scar Management

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For the majority of population, scars seem to pose a long-term aesthetic and mental problem. They often limit both the professional as well as the social life of those affected. The possibilities to therapeutically influence scars are quite many, including intralesional application of corticoids, cryotherapy, laser therapy, surgical remodelling, microdermabrasion, AHA acids application, silicone gel or of the silicone patch, the combination of various methods and conservative therapy. The final effect may not always be satisfactory. Scars disturbing the appearance of the patient or restricting them in any way (hypertrophic, keloid or atrophic) require intensive treatment, which is usually required by the patients themselves as well. The most effective therapy of new hypertrophic scars and keloids includes intralesional application of corticoids, however, connected to a certain systemic effect risk for the patient. Surgical interventions are not used frequently nowadays because of the risk of frequent relapses and neither is cryotherapy, as it may cause long-term depigmentation. After the initial uncritical interest in laser therapy, this option is not taken advantage of so widely nowadays. What shall remain part of the therapy (with satisfactory effects) are combined methods including application PRP, carboxytherapy, rehabilitation, massage, pressure and occlusive therapy procedures. The presentation demonstrates firstly: the effect of the combination of excellent application of PRP with great keloids on earlobes. Secondly, the excellent effect of the combination of PRP and carboxytherapy in extensive ulceration of the forelegs.

Biography

Hana Zelenková has been active in Dermatovenerology since 1973. Since 2000 she has been directing her own Private Clinic of Dermatovenereology. Orientation: Psoriasis vulgaris, atopic dermatitis, mycosis, aesthetic dermatology (anti aging medicine, keloid and scar). She has given more than 650 expert lectures in Slovak Republic as well as abroad, and has 420 scientific publications. She is the Founder and President of the Slovak Society for Aesthetic and Cosmetic Dermatology President of the traditional international DERMAPARTY congress.

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Notes:

Uddhav A Patil, J Cosmo Trichol 2018, Volume 4
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Differential depth parameters of fractional CO_2 laser for acne pits and scars in skin of color

Uddhav A Patil
Dr. D. Y. Patil Medical College, Hospital and Research Center, India

Collagen modulation and neocollagenesis by fractional CO_2 laser is a well-established treatment modality for various types of scars such as traumatic, post burns, surgical, hypertrophic, as well as atrophic scars of acne along with the different types of acne pits. The side effect of post-treatment hyper pigmentation which was a common occurrence with continuous beam CO_2 resurfacing has been largely reduced with fractionation of the beam but none the less it does exist, particularly in the skin of color i.e. skin types IV and V. The majority skin type of Indian population is type V with minority type VI and IV. Also, the severity of acne scars is greater due to socio-economic reasons, tropical climate as well as due to thick oily skin. As such fractional CO_2 treatment needs to be delivered in an average of 6+ sessions to achieve satisfactory results. Giving higher energy at deeper skin level to achieve early results invariably leads to Post Inflammatory Hyper pigmentation (PIH). Also, we need to remember a fact that in an area say, cheeks, not everywhere collagen induction is required to same extent. In pits its requirement is maximum, on atrophic scars it is moderate while on normal skin it is minimum. With a long 17 years of experience in using various cosmetic lasers, we have developed a protocol with differential parameters for treating acne scars and pitted areas to achieve maximum benefit with bare minimum side effects.

Biography

Uddhav A Patil is an MS and MCh qualified Plastic Surgeon having 28 years of experience in General Plastic Surgery, practicing cosmetic or aesthetic surgery for last 23 years and for last 8 years practicing cosmetic laser surgery. He has a fully equipped cosmetic laser center Lakshya Kiran Cosmetic Laser Center at Kolhapur, Maharashtra.

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Notes:

Mahran Ashour, J Cosmo Trichol 2018, Volume 4
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How to manage your practice and win more patients?! (Patient Relations)

Mahran Ashour
Med Art Clinics, UAE

Introduction: Wowing the patients (medically–non-medically) builds the organization's reputation and overall brand including your name. Most of your employees will not always understand this; therefore, it is imperative that you or your management challenges employees and coaches them to a level beyond what they're willing to do and beyond what others doing!

Methods: It is imperative that employees have the proper attitudes as well as the capacity to act. It's one thing to be willing to offer great patient relation, however willingness means nothing without action. Employees need to be encouraged to take matters into their own hands and impress clients.

Results: If you can prevent 5% of your customers from leaving you can increase your bottom line profit by 25–95%-Harvard Business Review-90 % of machine manufacturers said to defend against low cost competitors a greater percentage of their revenues must come from services; therefore, the way they service their clients is critical to their long-term success - Industry Week

Conclusion: There are so many factors for a successful health practice, and the most important one is, if you are a business owner or you care about the place you work right now, you should consider, how to deal with your client in a way to make them come back to your practice and trust you as a doctor!

Biography

MAHRAN ASHOUR is a healthcare management consultant in Dubai, United Arab Emirates. Mahran has a rich and varied background in the operational and business aspects of healthcare operations and management. He has demonstrated success in the health care field as both a manager and consultant for over 11 years. In that time, he has worked in single and multi-specialty practices, aesthetic & cosmetics, primary care, surgical groups and academic medical centers. he has lead with a very hands-on approach to the daily operations of these organizations and has developed proven strategies in the management of start-up, business planning, insurance, billing, personnel, budgeting, marketing, contracting, accounts receivable, accounts payable and strategic planning.

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Notes:

Huseyin Kandulu, J Cosmo Trichol 2018, Volume 4
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Abdominal liposculpture (Abdominal Etching) for male patient with ultrasound energy (VASER)

Huseyin Kandulu
Bilecik State Hospital, Turkey

In the field of plastic surgery liposuction succeeded in becoming the most frequently performed cosmetic surgery procedure during the last decade in both man and women. First liposuction was described with curettage technique and then dry, wet and super-wet techniques performed as Suction Assisted Liposuction (SAL). The first aim with liposuction is removing excess fat and making body smaller. On the other hand, in last ten year's everything was changed and liposuction techniques are different due to understanding fat anatomy under the skin. To get better results all innovative plastic surgeons need more superficial liposuction with less complications, so more dynamic liposuction or liposculpture techniques was essential. When we want to get shaping on the body, we need to do more superficial liposuction. Third generation ultrasound energy (VASER) is giving 36 Khz sound energy per second and it helps in emulsifying fat without any damage to surrounding tissues. VASER (Vibration Amplification of Sound Energy at Resonance) has provided liposculpture techniques to the superficial fat layers and this technique is more applicable for 'abdominal etching' with less complication. VASER is currently the gold standard for use in abdominal etching. VASER hi-def surgeries provides less complication and more successful results. The technique decision depended on the BMI (it must be <28), degree of skin excess, skin elasticity, patient's sportive history. Between December 2010-August 2016, 221 patients have undergone VASER liposuction. 89 cases were male and 132 cases were female. In these cases, abdominal VASER Hi-Def procedure was performed in the field of cosmetic surgery to 43 male patients by same surgeon. All patients satisfied with aesthetic results of their VASER Hi-Def within the time of follow-up. Seroma rates were 8%, unsatisfied definition rates were 1% due to patient selection, hematoma rates were 1% and skin necrosis did not occur.

Biography

Hüseyin Kandulu has graduated as a Medical Doctor in 2003 and began his residency training in the field of Plastic Reconstructive and Aesthetic Surgery. In addition to many reconstructive operations, he was strongly involved in nose, breast and body aesthetics during his residency training and carried out many surgeries. He delivered his thesis, entitled - The effect of chitosan on microvascular anastomosis applications with minimal suturing technique in the field of microsurgery in 2010. He has more than 12 years of surgical experience, performing all manner of body surgeries and reconstructive surgeries, in addition to various other aesthetic surgeries and procedures. His recent interest focuses exclusively on Hi definition body sculpting, working closely with world renowned surgeons to develop and hone his skills.

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Notes:

Dilson Ferreira da Luz, J Cosmo Trichol 2018, Volume 4
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Progressive tunnelizations in neck face lift detachment: Fat grafts as complement

Dilson Ferreira da Luz
Plastic Clinic Dilson Luz, Brazil

The author describe 17 years experienced in the application of a new and simple method of facial cutaneous detachment using specially designed bi-faceted rigid steel wands called "Dilson Luz Vascular Dilation Wands®". These wands considerably reduce the bleeding during face-lift surgery, reducing both post-operative hematomas as well as the risk of facial nerve injury. This technique 'Progressives Tunnelizations' involves stretching the blood vessels to the point of rupture by inserting progressively larger wands. At the point of rupture, a spontaneous coagulation within the vascular extremities occurs. This is due to a significant blood platelet migration induced by the stimulation from the rupture of the vascular intima. The wands vary in dimension from 1.5 to 20 mm and the more larger were used for cutaneous facial complete detachment and the more fine to perform tunnels. A method which we found to result in minimal bleeding across the detached surface as well as an excellent perfusion of the over lying skin. With this new technique, we have obtained improved cutaneous detachment, reduced postoperative swelling, edema and ecchymosis; prophylaxis of facial nerve damage and/or late postoperative hematoma formation. The fat grafts with active platelets always performing the face lift.

Biography

Dilson Ferreira da Luz has graduated in medicine in 1969 and performing plastic surgery since 1975. He has been presenting this original technique for cutaneous detachment in Face Lift for 16 years. He has delivered dozens of lectures at various conferences and publication in various journals. In 2009, he has published the book Technical Dilson Luz, Tunelizações Progressive in the Face Lift; in 2013, published Technical Dilson Luz, Tunelizaciones Progresivas and in 2014, he published the chapter Progressive Tunnelizations in Neck Face Lift Detachment in necklift book. He is the Member and Specialist of the Brazilian Society of Plastic Surgery and a Member of the International Society Aesthetic Plastic Surgery.

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Bhavesh Gupta, J Cosmo Trichol 2018, Volume 4
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Recent advances in FUE hair transplant

Bhavesh Gupta
The Esthetic Clinic, India

FUE hair transplant has evolved to be the most common and predictable technique of surgical hair restoration in last two decades with minimal down time, absence of linear scar and with time tested results. Since the introduction of FUE technique, there has been an array of improvement in the technique of local anesthesia administration, graft extraction techniques, the surgical armamentarium and the implantation techniques. We herein discuss about the recent advances in the graft extraction techniques for a better, faster and predictable graft yield and about the different types of punches, machines and our experiences associated with it. Accurate graft implantation is also a critical step in hair restoration surgery. As the hair transplantation has evolved, the size of the graft and recipient micro-incisions has decreased while the number of graft and placement density has increased. Implanting large number of micro graft into this micro incision is a technically difficult maneuver which involves a significant risk of trauma to the grafts. We also discuss the graft survival rate, graft density, the caliber of the graft, the operating time required and the operator's comfort between two different implanting techniques, manual and with readymade implanters.

Biography

Bhavesh Gupta is an Oral Surgeon, Oral Implantologist and Facial Cosmetic Surgeon. He is amongst the very few specialists whose practice is completely dedicated to oral implants, facial cosmetic implants a hair transplants. He has completed his Masters (Postgraduate Residency) in Oral and Facial Surgery from Bangalore and further pursued his Surgical training in Mumbai and in other parts of the country. His practice is strictly restricted to implants which include dental implants, hair implants and transplants, fat transplants, chin and cheek implants, nasal implants, botox and fillers. He is the Chief Consultant at Cosmetic and Craniofacial Clinique located at Kharghar, Navi Mumbai.

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The effects of a fascia manipulation device on subcutaneous fat tissue in middle aged women

Bart Jameson
Ashley Diana Black International Holdings LLC, USA

Research suggests that mechanical manipulation of fascia provides a non-invasive method to treat cellulite. However, there is no unified apparatus that has been studied for fascia targeted cellulite treatment. The purpose of this study was to investigate one such device (FasciaBlaster®, Ashley Diana Black International Holdings, LLC; Houston, TX). 33 middle aged women with thigh cellulite were instructed on proper Fascia Treatment (FT) procedures (5 days per week) for 12 weeks. Subcutaneous adipose thickness (SAT) via ultrasonography was examined in 4-week intervals. SAT thickness was lower from baseline at Wk4 (2.13±0.11 vs. 1.95±0.11 cm; $p<0.01$), Wk8 (2.13±0.11 vs. 1.86±0.11 cm; $p<0.001$) and Wk12 (2.13±0.11 vs. 1.86±0.11 cm, $p<0.001$). The present study provides evidence that a non-invasive protocol, which treats the fascia, can decrease SAT and lower the appearance of cellulite in middle aged females over 12 wks. These results indicate that the FT protocol may be a viable tool in treating cellulite.

Biography

Bart Jameson has completed his Bachelors of Science in Exercise and Sports Sciences from Texas Tech University and Postgraduate studies from Texas Tech University Health Sciences Center, where he has completed his Masters in Athletic Training. He is the VP of Research and Performance Sciences for ADB Innovations, LLC, which produces fascia therapy devices such as the FasciaBlaster. He is a Certified Athletic Trainer (ATC) and a Strength and Conditioning Specialist (CSCS) with experience in NCAA and the NFL.

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Prevention of complications in injectable procedures (botulinum toxin and dermal fillers)

Nisha Kundu
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Prevention is always better than cure. Injectable procedures like botulinum toxin and dermal fillers are an asset in the field of facial aesthetics. But lack of proper training, lack of knowledge, carelessness and improper use of materials can cause serious complications. Prevention of these complications is also not very hard. Taking care of few things and imbibing few others into practice can be very helpful. Botulinum toxin is a magical treatment for dynamic wrinkles, hyperhidrosis, overactive sebaceous glands and other signs of ageing skin. It can be associated with complications like drooping of the eyelids, drooping of the eyebrows (mesial or distal), facial asymmetry, perioral complications, asymmetric smile and plastic looking face. Allergic reactions and brushing are also there. However taking proper medical history, knowing the facial musculature, exact points of injection, depth and direction of the needle, dosage or quantity of Botox used at different locations and very important aspect of the post procedure instructions to the patient are all important to prevent such complications from happening. Talking of dermal fillers, these hyaluronic acid based products are a boon for an ageing face. Least discussed but common mistake is use of incorrect type of filler for different locations on face especially the under eye area. Then a very serious complication can be deposition of filler inside a blood vessel which can be a disaster for both client and the clinician. There are reported cases of blindness and tissue necrosis because of this. Bruising is another very distressing situation for the client especially in the undereye area, which is very common but also easily preventable. For doing fillers, using a blunt cannula is the all in one solution. Mastering the art of using a cannula the clinician is cent percent sure that he/she is not inside the vessel and the chance of bruising are also nil.

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Facial rejuvenation: Overview of the last 25 years' experiences

Csaba Molnar
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In the late 1980s and early 1990s the mainly available methods for facial rejuvenation was face lift in which techniques have developed in several different ways dividing the surgeons into two main groups: Underminers' and plicators'. Endoscopic face lift appeared in the mid-1990s which has not been spread widely enough. Minimally invasive method such as thread lift technique was developed at the turn of the century. The original invention, made by Sulamanidze, was the APTOS thread lifting. As far as my own experiences are concerned, it was useful and had a long-term effect in well selected cases. Rejuvenative lasers were first used in the mid-1990s and the first device for this purpose was CO2 laser with its scanning mode. The enthusiasm of the early times dropped and the number of procedures got significantly reduced because of the relatively high risk of complications. The breakthrough in laser techniques came with the invention of fractional mode which reduced the risk of complications and optimized the result of this technique. Fat transferring from one part of the body to another came into fashion in the late 1990s. The technique has been developing continuously while the old Coleman technique has been replaced by micro and nano fat techniques. Currently, different ways are used to produce micro and nano fat grafts with increasing the ratio of stem cells inside. We use the state-of-the-art technique lipogems, which is based on a brilliant idea, separating the cells with the help of a special tool that allows us to gain grafts on the spot. Of course, we regularly use fillers and botox daily. To optimize the result, we have to combine invasive and noninvasive methods.

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Robotic core muscles plication

Marco Aurelio Faria Correa
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Robotics in surgery is becoming the gold standard of minimally invasive surgery for many different disciplines in the surgical field and in plastic surgery it has been used for harvesting the latissimus dorsal for breast reconstructive cases as well as some cases in microsurgery. In 2014, Dr. Marco saw many potentials in incorporating and adapting the use of robotic surgery into his field of interest; muscles aponeurotic rectus plication also known as abdominoplasty. The core muscles play an important role in all our daily activities as well as in our physiological function. Rectus diastasis can compromise the core muscle system function. The many advantages of robotic has shown superior comparing to the use of endoscopy with things such as an improve in terms of a 3D image with high definition and up to 10 times magnification and allows the surgeon to direct every movements of the tiny instruments using console controls and the robotic arms movements replicates the surgeon's hands movements and eliminate hand tremors and allows one to have very precise vision and control during the procedure as compared to endoscopy. Seeing these many advantages, the author embarked on his training journey to be a certified robotic surgeon. In 2015, the author delivered his inaugural case of muscles aponeurotic rectus plication (abdominoplasty) using the da vinci robotic incorporating with some special self-designed instruments. The author will discuss a series of cases performed with robotics and showing the pre, intra and post follow up results. He will discuss on the advantages comparing to open and endoscopy methods, his learning curve in the journey of embarking robotics and comments on the latest and futuristic developments on robotic surgery in the use of plastic surgery.

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Amazink Areola: Non-surgical reconstruction of areola (areola's micropigmentation)

Sylwia Nawrot
Micropigmentation Institute of Art and Science , Europe

Amazink Areola technique is the technique of non-surgical reconstruction of areola in the form of a cosmetic tattoo (micropigmentation). Pictorial, watercolor technique is based on the anatomical placement of the color gradient and the reconstruction of details to make an impression of a three-dimensional drawing. The uniqueness of the technique is based on a skillful way of seeing the areola, according to a well-defined prescription and the drawing reconstruction NAC (Nipple Areola Complex), which is individually matched to the case. In accordance with the principle that areolas are like fingerprints and each one has specific characteristics. As a result, the pigmentation should look like of a natural breast areola, matched to the beauty and age of a patient.

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