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Scientific Program

8th International Conference on

Addictive Disorders and Alcoholism

May 17-18, 2018 | Holiday Inn Atrium Singapore City





Hosting Organization: Conference Series LLC LTD

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Day 1 May 17, 2018

08:00-08:40 **Registrations**

Sentose Room Level 3

conferenceseries.com **08:40-08:55** **Opening Ceremony**

Keynote Forum

08:55-09:00 **Introduction**

09:00-09:45 **Integrating scientific modalities in addiction discovery- Use your brain for a change**

Judith Ann Miller, Soaring Hope Recovery, USA

09:45-10:25 **Addiction Interventions: With love, honesty and boundaries, supporting the family to help addicts access treatment immediately**

Ian Young, Sober Services Global & Sober Academy, United Kingdom

Group Photo

Networking and Refreshments Break @ Seletar Foyer: 10:25-10:45

10:45-11:30 **Evidence of brain damage in chronic ketamine users – A brain imaging study**

Wai Kwong Tang, The Chinese University of Hong Kong, Hong Kong

Workshop

11:30-12:15 **Drug of abuse testing for synthetic cannabinoids and psychoactive drugs**

Colin La Galia, Abott, Singapore

12:15-13:00 **Affairs don't just happen: A challenge to relationships & marriages**

Lissy Ann Puno, International Counselling & Psychology Centre, Singapore

Lunch @ Atrium Restaurent: 13:00-13:50

Sessions: Addiction | Alcoholism | Addiction Therapy | Addiction Treatment and Rehabilitation | Depression & Anxiety Disorders | Drug addiction | Mental Health and Substance Abuse | Mindfulness

Session Chair: Lissy Ann Puno, International Counselling & Psychology Centre, Singapore
Session Chair: Ian Young, Sober Services Global & Sober Academy, United Kingdom
Session Chair: Spencer D. Li, University of Macau, China

Session Introduction

13:50-14:20 **Is addiction a state of mind issue rather than a disease issue?**

Jacqueline Hollows, Beyond Recovery, United Kingdom

14:20-14:50 **The role of mindfulness in treating addictive disorders and rehabilitation**

Kathirasan K, Centre for Mindfulness, Singapore

14:50-15:20 **Effects of camellia sinensis in alcohol abstinence anxiety, depression and gene expression analysis in hippocampus of rats**

Girdhari Lal Gupta, SVKM's NMIMS University, India

Special Session

15:20-15:50 **Adopting a holistic approach to overcoming alcoholism**

Ram Narain Dubey, Registered Clinical Counsellor, Accredited Mediator, Singapore

Networking & Refreshments @ Seletar Foyer: 15:50-16:10
Session Continues.....

16:10-16:40 **Using Laughter Therapy to beat stress**

Suchi Deshpande, Happiness Strategist and Laughter Coach, Singapore

16:40-17:10 **Depression, marital dissatisfaction and problem drinking among adults in South Korea**

Myeong Sook Yoon, Chonbuk National University, South Korea

Panel Discussion

Day 2 May 18 , 2018

Sentose Room Level 3

Keynote Forum

08:55-09:00	Introduction
09:00-09:45	Title: Effects of opioid receptor blockade on nicotine-taking and -seeking behavior in rats: Clinical implications for smoking cessation medication **Xiu Liu**, University of Mississippi Medical Center, USA
09:45-10:30	Title: Ice induced psychosis: A literature review **Wai Kwong Tang**, The Chinese University of Hong Kong, Hong Kong
10:30-11:15	Title: Understanding the links among alcohol use, aggression and violence among chinese adolescents **Spencer D. Li**, University of Macau, China

Group Photo

Networking and Refreshments Break @ Seletar Foyer: 11:15-11:35

Workshop

11:35-12:25	Title: Mindfulness based yoga in recovery **Anouk Prop**, Psychologists and Yoga Therapists, Thailand
12:25-13:05	Title: Using the example of military veterans in community outreach for the LGBT community for drug addiction treatment **Paul Schulte**, Schulte Research, Hong Kong

Lunch @ Atrium Restaurent: 13:05-13:55

Sessions: Addiction | Addiction Therapy | Child & Adolescent Substance Abuse | Drug addiction | Marijuana and Opioid addiction | Mental Health and Substance Abuse | Rehabilitation Therapies

Session Chair: Paul Schulte, Schulte Research, Hong Kong

Session Co-Chair: Ram Narain Dubey, Registered Clinical Counsellor, Accredited Mediator, Singapore

Session Introduction

13:55-14:25	Title: Residential treatment for LGBTI clients at Resort 12 in Thailand **Stuart Fenton**, The Cabin Addiction Services Group, Thailand
14:25:14:55	Title: SNS addiction, SNS fatigue and Depression in South Korea **Wan Kyeong Park**, Chonbuk National University, South Korea

Young Research Forum

14:55-15:20	Title: Friends' company affected my Life **Mafia Shahzadi**, Cyberjaya University College of Medical Sciences, Malaysia
15:20-15:45	Title: Health promotion intervention for schooling adolescents on harm of alcohol and industry strategies improved awareness and generates collective actions against alcohol use in the community: Example from rural Sri Lanka **Madubashini Balasooriya**, Rajarata University, Sri Lanka

Networking & Refreshments @ Seletar Foyer: 15:45-16:05

16:05-16:30	Title: Effectiveness of health promotion intervention on improving skills in identifying alcohol company strategies among school age adolescents **Dilshani Karunarathne**, Rajarata University, Sri Lanka
16:30-17:00	Title: Addictions and the family: A dual diagnosis **Manju E Madhusudhanan**, PSNA Engineering College of Engineering and Technology, India
17:00-17:30	Title: Exploration of psychological distress among care givers in ayurvedic treatment setting **Hemant Gupta**, Advanced centre for Ayurveda, (CCRAS), NIMHANS, India

Awards & Closing Ceremony

Next in Series

9th International Conference on

Addictive Disorders and Alcoholism

June 17-18, 2019 Brisbane, Australia

e-mail: alcoholism@neuroconferences.org
Website: https://alcoholism-addiction.conferenceseries.com