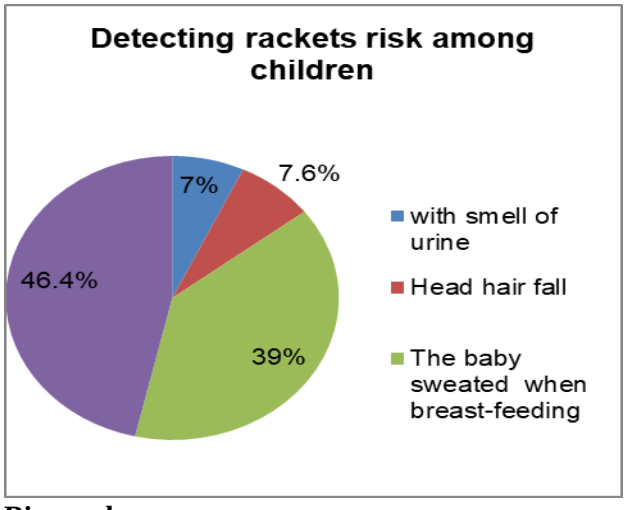
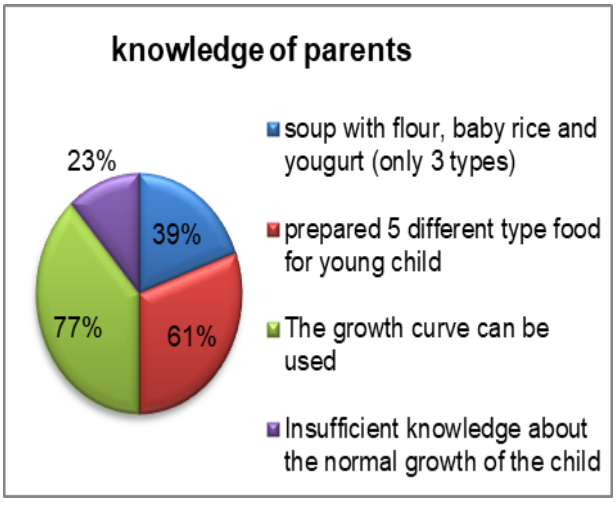


# **Title:** Study of parental knowledge related to early childhood development and complementary solid foods

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**INTORDUCTION**
Considering the result of the survey, although, there are many positive practices which should be encouraged, such as, family members paying special attention, caring and supporting women during pregnancy and after delivery, breastfeeding their child for a long period, women knowing well about the stages of child growth and development and, providing appropriate assistance and support in child growth etc., Children beginning proper feeding a decisive impact on children's health, both physical and mental development. So important what are the ingredients for child foods.[3]
**MATERIAL AND METHODS:** Sample selection with 300 mothers and fathers with children under 2 years and Sukhbaatar district. We analyzed of the questionnaire of 34 questions with cross-sectional survey.
**RESULTS:** 54 percent of the women surveyed received training on supplementary feeding. 80.5 percent of mothers gives food to children every day, but 39 percent the survey also indicated give their child a separate type of food that like soup with flower and meat in the afternoon and yogurt.
The parents surveyed, 43 percent use a few types of food products as meat, milk, flour, carrots preparing for baby`s food. The survey, family doctor to advice about a supplement diet 46 percent of parents, 30.7 percent of from nurses, 15.7 percent of children's health book, and 7.3 percent of the media and the public website, and 0.3 percent from other. 0.5 percent 7-24 months are malnourished, and 4.2 percent of a thin, 2.8 percent have stunted growth.
**CONCLUSIONS**: The survey is not to ensure that the parent-child sets specially prepared foods, but meal type, ingredient and processing required level. The baby is feeding a small number of frequencies per day. 76.7 percent listen to information about nutrition from doctors, nurses. The parent does not use mothers and child medical hand book reviews growth symbols and haven`t enough knowledge about it.
Keywords: Parental knowledge, early childhood development, complementary solid foods




**Biography**

I want to improving what raising awareness of child care and supplementary meals and increase nurses skill to advice parents. Last 9 year of experience in research, evaluation, teaching and administration to The Nursing field and Health education to Public health nursing care. We hard working to change bad habit of patient and to develop Public health nursing. I participated The Global Nursing leadership training in 2014, International Council of Nursing, GNLI, In Geneva and Nursing management training of Pacific Asia in 2014, In Japan

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