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Title: Advanced nursing research: Preliminary results on the role of the multiple group membership

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Nursing is a person-centered occupation where professionals are involved on a daily basis with people and their care. Based on the social cure theoretical model, multiple group membership (MGM) is considered a promising way to gain explanatory power about nurses' desired outcomes. It refers to the identification and affiliation with different social groups and entails the potential of people's health and well-being when supported and benefited by their social relations, in particular those deriving from belonging to a social group. However, the detrimental consequences of job stress seem to be long-lasting and affective job satisfaction has been considered a direct indicator of employees' well-being at work, since it is linked to the presence of positive emotions and the absence of negative emotions elicited by the job itself. 180 registered nurses of a university hospital in Valladolid participate to prove that MGM will mediate the relations between job stress and job satisfaction. Social cure theory predicts that MGM is beneficial when facing diverse challenges, in this research we have confirmed that the positive impact of MGM on job satisfaction was very strong and reduced the total negative impact of job stress on nurses' well-being. Also, there are a positive relationship between job stress and MGM. As job stress is time and resource consuming, it could enhance the feelings of being in need of social support and the cognitive and emotional energies that people invest in order to initiate and maintain social membership.

Biography

Marta Peña is a psychologist and she is studying his PhD from Universidad Nacional de Educación a Distancia (UNED) in Madrid in Spain. She belongs to Department of Social and Organizational Psychology and her research is about the influence of different psicovariables in nurses. She is working in a NGO and in a private clinic while she is studying.