CHRISTIAN A. GONZALEZ

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WORK EXPERIENCE

Christian Gonzalez ND, Belmont, CA, January 2017- Current

Mobile/ telemedicine medical services

Description:

- Working as a functional/ integrative practitioner
- Analysis of laboratory (conventional and specialized) values for diagnosing and/or confirming disease processes and functional needs
- Providing services via telemedicine, at home or in office visits
- Working as a team with patient's allopathic practitioners to maximize patient outcomes
- Creating healing through dietary, lifestyle, supplemental, detoxification, and mental/ emotional interventions

NaturalStart Medicine, Mountain View, CA, December 2016 – December 2017

Naturopathic Medical office focused on chronic disease

Description:

- Working as a functional/ integrative practitioner in a chronic disease population
- Analysis of laboratory (conventional and specialized) values for diagnosing and/or confirming disease processes and functional needs
- Working as a team with patient's allopathic practitioners to maximize patient outcomes
- Creator of on-site clinical rotations with the Stanford University School of Medicine
- Creating healing through dietary, lifestyle, supplemental, detoxification, and mental/ emotional interventions

Cancer Treatment Centers of America at Eastern Regional Medical Center, Philadelphia, PA, November 2014 - November 2016

Two-year residency in competitive Naturopathic Medicine residency program

Patient Care Duties:

- Evidence-based interventions including: botanicals, nutraceuticals, homeopathics, oriental medicine, cold laser therapy, nutrition, and stress management techniques for an oncology population
- Symptom and comorbidity management, preparation for surgery, chemotherapy, immunotherapy, and radiation
- Enhancing effectiveness of conventional modalities
- Improving and stimulating patient’s immune system
- Counseling and lifestyle modifications
- Assessment of existing dietary supplement programs
- Evaluations of drug/nutrient/herb interactions
- Prevention of relapse and promotion of complete cancer responses

- Promotion of overall physical, mental, emotional, and spiritual health
- Patient population includes: new, exiting, return, inpatient, and stem cell

Residency Duties:

- Daily Patient Care Team Meeting: Discussion of daily scheduled patients and addressing of optimal care by various medical disciplines
- Weekly Research Journal Club: Pertinent and up-to-date scholarly articles presented by Medical Oncologists
- Weekly Cancer Conference (Tumor Board): Hospital-wide medical professional meeting for analysis and discussion of unique Oncology cases within the hospital
- Weekly Endorsement/Inpatient Meeting: Discussion of inpatient medical and social status among care team providers
- Weekly Naturopathic Medicine Class: Presentation of various Naturopathic topics to patients and their caregivers
- Bi-weekly Journal Club: Presentation of pertinent and up-to-date scholarly articles that illustrate the efficacy of Naturopathic intervention on cancer therapies and symptomatology, presented by the resident to medical staff
- Tri-monthly Case Presentation: Delivery of unique Oncology cases to Naturopathic medical team by the resident
- Naturopathic Representative: Presentations to new hospital hires about role and importance of holistic medicine
- Completion of monthly learning objectives: Monthly compilation of assigned research topics pertinent to various types of cancers and treatments (conventional and alternative)
- Monthly Webinar Series: 1-1.5 hour presentations of specific cancer types and all pertinent information, November 2014 - December 2015

Licensure/Certifications:

- State of California Naturopathic Physician licensure: 2016 - current
- Fellow of American Board of Naturopathic Oncology, pending
- Oncology Nursing Association; Chemotherapy and Biotherapy certified
- Boiron; Center for Education and Development of Homeopathy course certified

Residency Rotations:

- Surgery
- Medical Oncology
- Interventional Radiology/Diagnostic Imaging
- Radiation
- Genetics
- Internal Medicine
- Cardiology
- Oncology Immediate Care Clinic/Rheumatology
- Hospitalist/Inpatient
- Pathology

- Infectious Disease
- Pulmonology
- Endocrinology
- Gastroenterology

Professional Organizations:
- Oncology Association of Naturopathic Physicians, 2012 - current
- American Naturopathic Physicians, 2010 - current
- Pennsylvania Association of Naturopathic Physicians, 2014 - current
- Society of Integrative Oncology, 2014 - current

Continuing Education:
- Optimal Wellness: Designing an Integrative Care Plan for Thrivers, 2014
- Genentech: Molecular Basis of Cancer, 2014
- Fertility Preservation for Oncology Patients, 2014
- Molecular Therapies and Cancer, 2014
- Donor Lymphocyte Infusions and Hematological Cancers, 2015
- Emerging Strategies for Management of Recurrent Ovarian Cancer, 2015
- Overview of Analgesic Options in Cancer Patients with Pain, 2015
- Pennsylvania Association of Naturopathic Physicians Annual Conference, 2015
- University of Pennsylvania Basser Center for BRCA Symposium on Recent Advances in Breast and Ovarian Cancer Genetics, 2016

Unpublished Works:
- Tolerability of The Herbal Supplement Curcumin in Patients Receiving Concurrent Capecitibine Therapy: submitted and presented for poster presentation at the 2015 Society of Integrative Oncology Conference
- The Role and Efficacy of Sesame Seed Oil in Oncology Patients with Constipation, 2015 – current
- Intravenous Vitamin C and micronutrient infusion in a patient with glucose 6 phosphate dehydrogenase enzyme (G6PD) deficiency during adjuvant treatment for breast cancer: a case report: pending, current submission to multiple journals

EDUCATION

Doctor of Naturopathic Medicine, May 2014

University of Bridgeport College of Naturopathic Medicine, Bridgeport, CT, 2010 - 2014

Thesis: A Naturopathic Approach to Bladder Cancer
- Comprehensive review of current research on bladder cancer, including diet, lifestyle, genetic, environmental, botanical, and micronutrient influences

Clinical Rotations:
- Jared Skowron, N.D., Pediatrics, 1 term
- Emma Norton, N.D., General Medicine (offsite clinic), 3 terms
- Elana Gelman, N.D., General Medicine, 1 term
- Nadine Hokayem, N.D., General Medicine, 3 terms

- Lisa Rosenberger, N.D., Oncology, 3 terms
- Jennifer Botwick, N.D., General Medicine/Homeopathy, 1 term
- John Furlong, N.D., Pediatrics, 1 term
- Florence McPherson, N.D., Homeopathy, 2 terms
- Jennifer Krebs, N.D., Mind/Body Medicine, 1 term
- Paul Rizza, N.D., General Medicine, 1 term
- Eugene Zamperion, N.D., General/Botanical Medicine, 2 terms

Preceptorships:

- Geovanni, Espinosa, N.D., New York University Urology Associates, 50 hours
- Cancer Treatment Centers of America at Eastern Regional Medical Center, 42.5 hours
- Frederick Mayer, D.C., Holistic Chiropractor, 50 hours
- Virginia Nash, N.D., Homeopathy/General Medicine, 50 hours

Professional Conferences:

- Advances in Cancer Strategies and Integrative Oncology, various speakers, March 14th 2012, Stamford Plaza Hotel, Healthy Medicine Academy and University of Bridgeport

University of Minnesota School of Dentistry, Minneapolis, MN, Fall 2008 - Fall 2009

- Transferred from Dental School to Naturopathic Medical School

Bachelor of Science, Environmental Business Economics
Rutgers University, Piscataway, NJ, Fall 2004 - Spring 2008

Rider University, Lawrenceville, NJ, Fall 2002 - Spring 2004

- Transferred to Rutgers University

RELATED EXPERIENCE
YMCA, Bridgeport, CT, 2013
Presenter

- Presentation on healthy eating to elementary school members

CaPLESS retreat, NYU Langone Medical Center, New York, NY, 2012/2013
Assistant

- Two-day retreat for prostate cancer patients and guests promoting and educating healthy lifestyle choices through various activities
- Assistant to Dr. Geovanni Espinosa
- Facilitator of interactions between participants

DC FLI Initiative, Washington, D.C., 2013
Advocate

- Promotion of Naturopathic Medicine Week
- Meetings with NJ and NY State Representatives

Hope4Cancer, Tijuana, Mexico, 2013
Observer

- Shadowed various doctors and patients during one-day visit
- Familiarization with various modalities used at the center
- Met with director, Dr. Tony Jiminez

University of Bridgeport, Bridgeport, CT, 2012
Oncology Club Founder/President

- Organized speaker for grand rounds presenting on integrative oncology
- Increased awareness of integrative oncology in school and community

Wilbur L. Cross Elementary School, Bridgeport, CT, 2012
Presenter

- Presentation on healthy eating to third and fourth grade students

Naturopathic Medical Student Association, University of Bridgeport, Bridgeport, CT, 2012
Social Chair

- Liaison between NMSA and Naturopathic Student Government Association
- Responsible for updates on social media (Facebook, blog, student emails)

Rutgers University, Piscataway, NJ, 2008
Teacher's Assistant (Anatomy)

- Taught and demonstrated anatomical identification on cadaver

Avid Tutoring, Rutgers University, Piscataway, NJ 2007 - 2008
Tutor of Biology

- Tutored high school seniors

LANGUAGE
Spanish verbal proficiency 4, reading proficiency 4, writing proficiency 3