BIOGRAPHY

Dr. Sam Berne

Whole Health Optometrist

Dr. Sam Berne is an established expert in the field of holistic optometry, vision therapy, and nutrition to improve eyesight, vision and overall wellness. Dr. Berne holds a Doctor of Optometry from Pennsylvania College and did his post-doctorate work at the Gesell Institute in collaboration with Yale University. Dr. Berne has been awarded The Special Awards for Service from the Behavioral Optometrists in Mexico for his innovative and holistic work with children.

Dr. Berne's work is focused on how to use Whole Health Methods to give patients an approachable, immediately usable, and powerful protocols for improving their vision.

LECTURE DESCRIPTION

On Nutrition and Eye Disease

Macular degeneration, and Cataracts afflict over 25MM people annually. The traditional diagnosis for these diseases leaves patients feeling powerless, facing expensive and potentially life-altering surgery. Fortunately, leading researcher from around the globe has brought to light empowering and holistic alternatives to treat, and even reverse, these conditions.

Dr. Berne highlights research demonstrating how nutrients can help improve conditions such as macular degeneration, cataracts, and glaucoma. Topics covered range from the favorable impact of lutein on macular pigment density, the effect vitamin E effect has on blood flow and slowing disease, and the powerful detoxification effects of glutathione

Join Dr. Berne as he shares holistic strategies on how to empower your patients embrace the body's ability to strengthen its healing balance.