



Workplace Mental Health Awareness:

Save Lives, Save Money

Become a Workplace Mental Health First Responder

- Signs, Symptoms, and Solutions
- Recovery, Resiliency, and Return to Work
- Interventions For a Wide Variety of Situations

A former writer for The Tonight Show with Jay Leno, Frank King uses his lifetime battle with depression and his skills as a speaker and comedian as a vehicle for social change. Customized presentations are available for human resource departments, as well as association or company conventions or conferences.



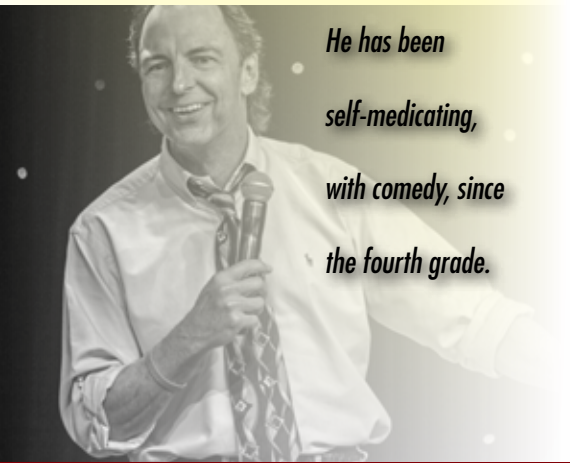
"Frank King delivered the best event luncheon keynote that we've ever had. Being able to laugh about the hard issues makes it easier for people to discuss them. Ditto takes away the shame and encourages conversations that can be life-saving."

Michelle Madison
Events and Outreach Manager
NAMI Oregon

Frank,

"After seeing your presentation, it dawned on me that your content should be taught in medical school, because most physicians do not take the time to follow up on subtle "warning signs" given verbally by patients. I would think that your keynote should be required curriculum for all medical students. It is really powerful in so many ways."

Dr. Pete Dempsey
MD Anderson Medical Center
Houston, TX



He has been self-medicating, with comedy, since the fourth grade.

Frank King, *Former Writer for The Tonight Show with Jay Leno*
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