

Title: Applying MRM Theory in the Nursing care for a Teenager with Ewing Sarcoma.

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This nursing care experience described a 18 year old male patient who was diagnosed with Ewing sarcoma. During the care period from April 11, 2016 to April 27, 2016, nursing care was provided based on the "modeling and role modeling" and Maslow's need theory. After collecting data through observations and interviews, three major health problems were identified including hopelessness, acute pain, and ineffective protection. Under the guidance of MRM theory, individual care was provided to build a trusting relationship, to improve positive orientation and strengths, and to set mutual goals with the patient. The nurse also used several complementary and alterative therapies including mindfulness-based interventions, aromatherapy, meditateon, music therapy, and life review. In the end, the patient ultimately achieved goals of positive adaptability and coexistence with the disease .

Biography

Guang-Mao Lee is a Master student at Graduate Institute of Nursing, Fooyin University and works as a nurse at Department of Nursing, E-DA Hospital, Taiwan.

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