Mini-invasive treatment for cellulite blemishes

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Introduction: In October 2016, I started my experience with a tissue stabilized-guided subcision, a new procedure that represents the only FDA-cleared minimally invasive and clinically proven treatment, made to improve the cellulite blemishes for nearly four years after only one session.
Objective: To evaluate the results of mini-invasive treatment for cellulite blemishes.
Materials and Methods: We report our experience over 80 patients (78F; 2M) who had cellulite treated in one single session. The patients have been selected and classified with a simplified Cellulite Severity Scoring. Outcome measures included the photograph taken, Cellulite Severity Scale and Global Aesthetic Improvement Scale assessment. The patient's satisfaction, with a 5-point Likert scale and pain rating with Visual Analog Scale, were also recorded. The treatment takes 45-65 minutes. We have safely treated from 6 to 55 cellulite sites in only one session.
Results: The procedure has treated successfully the primary structural cause of cellulite blemishes in all of the 80 patients. Transient treatment-related adverse events were mild in severity, and the most common side effects reported were soreness and bruising with no serious adverse events.
Conclusions: This revolutionary FDA-cleared procedure combines a proven approach, with an innovative technology to treat the primary structural cause of cellulite blemishes in posterior thighs and buttocks.