

Title: Physical Observation for Nutritional Deficiencies

- Therapeutic Assessment of Sub-Clinical Symptoms and Organ Health

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Physical Observation for Nutritional Deficiencies: Learning how to observe physical features can help one determine nutritional deficiency patterns and health needs prior to disease occurring. This information is imperative in today's health care and in the "sub-clinical" patient, before disease progresses to outright symptoms and blood changes. Traditional doctors used physical observations of our body to confirm our health issues. They did not and could not rely on testing or blood work. Physical observations enable one to take the guess work out of nutritional deficiencies and organ health patterns. This class insures a measurement of patient evaluation as a critical tool in the medical toolbox. If pre-and post-nutritional evaluations and sound patient observations are added, the practitioner can confirm the findings while creating a recordable and even visual benchmark for patients to see the change and progress. This approach heightens the practitioner's ability to identify root causes, target priorities, and integrate patient interaction, while improving understanding, retention and compliance. Using functional assessments of the digestive system, thyroid, adrenals, and more, the health and direction of care becomes more obvious to see, treat, and monitor. While correlating specific observations and testing procedures, one can determine organ health, utilization of nutritional factors, and what direction is best for the client. We will look at the tongue, face, nails, reflex points, simple office testing procedures and holistic care to determine how to help our patients through physical observations for nutritional deficiencies.

Biography

Dr. Keri Brown received her doctorate (ND) Degree in Naturopathic Medicine from Bastyr University in Seattle, WA in 1998 and has successfully integrated nutritional, emotional, and structural therapeutics into a unique health approach. She is a founding member of Sojourns Non-Profit Community Clinic in Vermont, owner of Tallas Heath in Colorado, author, speaker, and entrepreneur. She focuses on utilizing holistic health information, cutting edge techniques, and common sense to support and inspire transitions in health. For over 30 years, Dr. Brown has been exploring and integrating the balance of nature, healing, science, and meditation.

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