

VASCULAR DEMENTIA 2021 Conference ~ **Musical Walkabout CIC** Abstract

Title: "Play It Forward ~ Music, Dementia and Wellbeing"

Inclusive Music Practitioner Nina Clark founded community interest company Musical Walkabout in 2015 to use music to combat the difficulties of social isolation for people living with dementia.

The impact of Covid-19 on global caring communities continues to evolve, and utilising the powerful bonding effects of music to bring people together is at the heart of Musical Walkabout's ethos.

In 2021, Arts Council England have funded MWCIC to deliver their project, THRIVE, which musically engages people living with dementia, family, caregivers and health and social care staff from around the UK and worldwide.

Join Nina for an inclusive exploration into the easy, fun and rewarding methods of embedding music into your workplace practices and daily lives to support the wellbeing of all.

https://www.musicalwalkabout.com/

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