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Title: "The role of **biologicals** in modern Oncolgy**"**

The treatment of chronic diseases, including cancer, is very complex and requires a coordinated interaction of all disciplines. The success comes from the right combination of treatment options from many areas.
In case of failure of the guidelines treatment or in case of recurrence there are limited treatment possibilities.
What to do now? That is the question!

Few new treatments are available:

1. Hyperthermia is an innovative method in treatment of cancer and chronic diseases, well studied and auspicious, showing considerable enhancement of therapeutic success. The result of experimental and clinical studies point out that hyperthermia is an ideal integrative/complementary therapy and a potent sensitizer for phyto-, radio- or chemotherapy.
Hyperthermia is an very potent issue in detoxification, chronically diseases e.g. skin diseases, Burn-out-Syndromes, Immune deficiency, lime disease and many more indications in combination.

2. Phytopharmacons (plant origin, herbal medicine, some examples)

- **Curcumin**, a natural compound commonly found in the food spice turmeric, has been shown to have excellent anticancer activity via various molecular and cellular pathways, and has attracted much attention for its potential use as a non-toxic anticancer agent. Curcumin has a very sprite indication in many chronicle, cancer and auto immune diseases. C. treatment inhibited NF-kappaB (potent anti-inflammatory agent).

- **Hypericine** has been shown to be able to induce apoptosis and radiosensitize tumor cells, and to have antiinflammatory and phototoxic skin effects. Hypericin treatment inhibited NF-kappaB (potent anti-inflammatory agent).

- **Ginger** has a potential preventive property against some chronic diseases, especially diabetes, hypertension, coronary heart disease [CHD], hyperlipidemia, cerebrovascular disease, fatty liver, anemia, and tumor). Daily ginger consumption was associated with decreased risk for hypertension and in other chronical diseases..

- **Artesunate** In the field of holistic, complementary cancer treatment with the annual mugwort (Artemisia annua) extract, a natural active ingredient artesunate, is taking on an increasingly important and important therapeutic value. Some studies with artesunate with respect to cancerzells showed in the (tumor) tissue excellent effect.

- **etc.....**

We have more possibilities to help or cure our patients in combination and personalised medicine.

Biography

Dr. Hüseyin Sahinbas is a specialist in radiotherapy, radiology and palliative medicine. He has a Diploma in Biological and Complementary Cancer Medicine, he is President of the German Society for Hyperthermia e.V. (DGHT).

Dr. Sahinbas has published several articles and held over 250 lectures at national and international congresses. His clinic is focused on hyperthermia, especially in cancer and cronica diseases, diagnostic and therapeutic punctures, radiotherapy, palliative medicine and complex complementary-biological cancer therapies. He works parallel as a senior physician in radiotherapy at a university hospital in Bochum.

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