Nursing Experience of Caring for an Intestinal Perforation Elderly Accept temporary Enterostomy

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Abstract

This article describes a 75-year-old woman who has Suffering from intestinal perforation and accept surgery with temporary enterostomy, feeling depressed, refusing relatives and friends's care and facing low willingness to participate in various activities due to fear of changing body appearance caused by surgery and leave enterostomy; the author collected information through observation, talks, physical evaluation and medical records during the period of care from November 14, 2016 to November 30, 2016, using the four aspects of physiology, psycholog, society and spirituality as a whole Sexual assessment to establish the nursing problem of this patient included of acute pain, disturbance of body image,coping ineffective individual , Encourage cases to express their inner feelings and take part in self-care programs through providing good therapeutic interpersonal relationships with their families, Provide clear information about the disease and follow-up treatment plan, give compliments in a timely manner, enhance self-confidence of individual cases and further enhance their motivation to participate in self-care of stoma and face the disease in a positive manner . At the same time, cross-section team care model and individual care measures were developed to enhance the care skills after returning home and at the same time assist the individual in facing the psychological impact caused by stoma. Hope to provide this experience, as a reference for the future care of the disease.

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Notes/Comments: