

Proportion and Risk Factors of Unintended Pregnancy among Currently Pregnant Sudanese Women at Omdurman Maternity Hospital, 2016

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Unintended pregnancy is an unmet health need worldwide. It is among the most troubling public health problems and a major reproductive health issue. Although the prevention of unintended pregnancy has been the major rationale of family planning and reproductive health programs throughout the world, available evidence shows that a significant level of unintended pregnancy exists in almost all countries of the world. This study conducted to determine the proportion and risk factors of unintended pregnancy among the women who attended the antenatal clinics. It was a cross-sectional hospital based study comprised of 330 pregnant women attended Antenatal care clinics at Omdurman maternity hospital between January and February 2016.Systemtic Random sampling was used to select the study participants. A standard structured tested questionnaire was used to gather the relevant information. Overall, (47.9%) of the current pregnancies were unintended. The findings showed that, duration of marriage (p.value=0.000), parity (p.value =0.000), age of the youngest child (p.value =0.000), contraceptive use (p.value =0.031) were strongly associated with unintended pregnancy, (47%) of women used contraception prior to their current pregnancy, the commonest method used were oral contraceptive pills (73.6%). In conclusion the proportion of unintended pregnancy was high,the commonest reason for the pregnancy being unintended was that it happened soon after the previous one.Community awareness to continue the use of modern contraceptive methods to avoid unintended pregnancy through training of service providers to provide enough needed information to choose a contraceptive method and to use it correctly is crucial.

Biography

I am Esra Salah Aldin, graduated from Ahfad University for Women, School of Medicine . I completed my public health master at the age of 29 years from Ahfad University for Women. I am a public health spechalist at Health Emergency and Epidemic Control Department in Sudan Federal Ministry of Health .

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Session name/ number:
Category: (Poster presentation)