ABSTRACT FORMs

Details of the Abstract

1. **List of Authors** **:** DR.MTF.Nafdha
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Gastritis (warm-e-meda) :A review with unani aspect.

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Gastritis (warm-e-meda) is one of the commonest problem among different society. Unani physicians have mentioned the disease by different names e.g. Hurqat-e-Meda, Sozish-e-Meda, Warm-e-Meda, and Iltehab-e-Meda. Antral gastritis (warm-e-meda) is one of the commonest form of gastritis. Acute gastritis is a transient mucosal inflammatory process that may be asymptomatic or cause inconsistent degrees of epigastric pain, nausea and vomiting. In more severe cases, there may be erosion, ulceration, haemorrhage, haematemesis, Malena or rarely massive blood loss. Acute gastritis is often erosive and haemorrhagic. Neutrophils are the predominant cells in the superficial epithelium. Many cases results from drugs intake like aspirin and anasid ingestion. In Unani system of medicine plants, animals as well as mineral origin, drugs are being used for the treatment of gastritis without any known side effects. Mode of action of these drugs are both systemic and local. Further unani physicians have suggested different medicines in different seasons, regions and for different temperaments (mizaj).

Keywords: gastritis, medicinal plants, unani treatment, warm meda, inflammatory process