THE INTEGRATION OF PUBBLIC AND PRIVATE PRACTICE IN GRIEF TREATMENT FOR ADULT AND CHILD CASES: HOW CAN THEY WORK TOGETHER?

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Bereavement and grief are perhaps the only traumatic event that is common to us all. Bereavement itself is a traumatic event sharing many of the broader features of disturbances related to trauma. Grief is a process, which requires careful management at any age. Nowadays, there is a trend in psychotherapy of improving treatment outcomes whilst reducing treatment times. An integrated approach helps practitioners work with this contemporary context. This research project aims to assess how this integration can be achieved for adults and children, and the effectiveness of the treatment in a public Day Hospital setting. Much importance has been given to the inclusion of group therapy as representative of positive psychology and also to EMDR as an individual therapeutic protocol for the treatment of grief as a trauma.

Recent Pubblications

1. Liotti, G. (2004). Trauma, Dissociation and Disorganized Attachment: Three Strands of a Single Braid. Psychotherapy: Theory, Research, Practice, Training, 41 (4), 472-486. DOI: 10.1037/0033-3204.41.4.472.
2. Luber M., (2016). Treating Trauma -and stressor- related condition. Eye Movement Desensitization and Reprocessing EMDR Therapy. Scripted Protocols and Summary Sheets. Springer Publishing Company. ISBN-13: 9780826131645
3. Semeraro, V., (2014). La condivisione del dolore: l'approccio EMDR in un caso di lutto in età evolutiva. Sharing the Pain: EMDR Approach in a Case of Loss in Developmental Age. Quaderni di psicoterapia Cognitiva, 115-124. DOI: 10.3280/QPC2014-034008
4. Pagani, M., Di Lorenzo, G., Verardo, A.R., Nicolais, G., Monao, L., Lauretti, G. e Siracusano, A. (2012). Neurobiological Correlates of EMDR Monitoring-AN EEG study. PloS ONE, 7 (9), e45753. DOI: 10.1371/journal.pone.0045753.
5. Van der Kolk, B.A., (2014). The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, Viking. ISBN-13: 987-0143217741, ISBN-10: 0143127748



Biography

Fantinati Mara completed the Clinical Psychology Master Degree at Bologna University of Psychology and the Cognitive-Behavioral Psychotherapy studies at Studi Cognitivi Psychotherapy Training Institute and

Research Center. For 10 years, she worked at the Villa Igea Psychiatric Hospital in Modena, leading DBT Psychotherapy Groups. She perfected the study of trauma and dissociation at the Trauma Unit (Tavistock and Portman NHS Foundation Trust, London-UK) and at the Center for Behavior Research and Therapy (DABATEM, Istanbul-TR). She is member of Trauma Research Group at Studi Cognitivi and of Italian Company Cognitive Behvioral Therapy (SITCC) and of Italian Association EMDR.

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