Effect of analgesics on the coordination of movements. The use of pain relievers in Ukraine while driving a car

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Medicines for many diseases are vital -necessary.
They help to overcome the disease, however, it is not worthwhile to drink them before they are going to sit behind the wheel. There are a number of medicines that adversely affect the attention and reaction of the driver. Often they have such side effects as suppression of the central nervous system, lethargy, drowsiness, impaired coordination of movements. German researchers from the Security Council say that the cause is every 4-5 accidents.According to the US, every tenth American offender has crashed after taking medication. Therefore, foreign doctors are increasingly offering heads of pharmaceutical concerns to place prominent characters on medical packaging. They should remind drivers about the unwanted effects of using drugs at the wheel. The driver should feel well, to know his chronic diseases and the dynamics of their changes. All this is necessary in order to answer the question to myself: can I get behind the wheel today, can I drive fast today, will not my depressed mood be a road accident, especially for the elderly, female drivers, that is, for amateur drivers , for the health of which, there is no medical and administrative control.

Many people take medications or injections 3-4 times a day, combining this treatment with work, and

hence with driving. Sometimes, drugs are bought immediately in roadside pharmacies, if they are not in a car kit. Driver's license:

-Read the instructions for the drug. If it says that "you should not sit at the wheel of a car or engage in other activities that require increased attention", then you should treat this warning with all seriousness.

-If in the instructions it is written that the drug belongs to the group of antidepressants, tranquilizers, hypnotics, sedative, dasgs of lithium, then they are all contraindicated for drivers. These medicines, suppressing the central nervous system.

-Sometimes the instructions stated: "Be especially careful at the beginning of the course of treatment:"

If the drug is well tolerated, then refuse to drive completely is not worth. "This advice is not the best because the drug can be hidden effects. Well, if a person feels lethargy and drowsiness, he most likely will not sit behind the wheel. And if it seems to him that his health is all right, he is unlikely to be able to get to the point that the tablet taken on the eve of the tablet will disrupt the

ability to coordinate movements and concentration of attention.

Thet is not possible to make a fixed "black list", because the pharmaceutical industry is developing, and in the market there are new names of medicines. I would like to begin to review the basic list of prohibited drugs and substances that should be in the driver's chest. It is only necessary that this list be in each car:re is no such document that would clearly indicate all prohibited drugs for drivers.

-alprazolam
- butorphanol-tartrate
-dimedrol
-amitriptyline
-Anaprilin
-atropine
-barbitol
-buprenorphine
-diazepam
-diprazine
-israzole
-imisin
-carbamazepine
-Clofelin
-codein
-magged
-made
-midazolam
-morphine
-nitrazepam
-novocaine (intramuscularly)
-nozepam
-pentalgin
-pylophone
-propazin
-raunatin
-realanium
-Sedalgin
-Seduxen
-spasmoveralgin
-Azomeralgin-Neo
-Tavagil
-tazepam
-Tierecin
-yapredal
-Tramadol
-triftazine
-phenamine
-franolone
-cinarizine
-cyclodol
-elenium
-etaperazine

And now consider separately for the groups drugs at the wheel.Anesthetics (non-steroidal anti-inflammatory drugs). Protected !:nimesulide, nimesil, nazid, nemulida, nemuleks,nimesan,nefopam, prodai
-ketolol (bol-ran, biorgan, acetophen)
-diclofenac (diclorber, voltaren, dicklac, diclobrium, diclofenac, dicloplus, dicloran)
-ibuprofen
-combined preparations, in combination with barbiturates (pentalgin, quintalgin, pentalgin-new,
sanoperalgin, sedal-m, sedalgin-neo, pentalgin plus)
-Combined antipyretic drugs, in combination with antiallergic agents (terafl, influenza, infliomorph,
stoprigpan, rhizobia, rinicold hotmix, antiflu, zadact flux plus, terafle extatab, rhinosa, ferveyx, flukoldin, antigripin, influenza, rhizoma, rinzasip, rhinosa hotspip, stoprigpan, fervex, flukoldin)

Such drugs reduce the attention and ability to react quickly to the situation.

Therefore, more reliable cough and cold cures for the drivers are home remedies - juice of cranberries, currants, elder, linden, raspberries, honey, camomile, thyme, chemist's chest collection.

Drug analgesics (analgesics)

With regard to narcotic analgesics, the problem of "driving drugs" has become more and more

relevant in daylight hours. It turns out that in the hands of the orderly order, it is increasingly not the young people who are infused with drugs, who returns at night from the discotheque to their home, and the citizens of middle ages, who ride in business on a white day or, worse, carry passengers. Drug analgesics are medicines of natural (plant and animal), semisynthetic and synthetic origin, having a significant analgesic effect with a predominant influence on the central nervous system, as well as the ability to cause mental and physical dependence (drug addiction).After the introduction of these drugs, there is a general reassurance of the person, weakened attention, there is apathy, indifference, disappears desire to work physically or mentally, reduced motor activity, drowsiness occurs. Drugs:

- Tincture and opium extract.

Alkaloid opium:

a) Preparations containing morphine (doltard, morphing, morphine, morphine hydrochloride, morphine sulfate, MST continuum, M-eslon, omnopon, schenan)

b) preparations containing codeine (aspulgin, pentalgin, prodain-30, sedalgin neon, eperalan codeine, sulpadein, caffeine, paracomadum, hexapneum, spasmoralgin-neo, narrofen plus, santottiralgin, tetralgin, pyrgalin, pentalgin H, pentalgin plus, codelock-cough tablets, codec phyto-elixir, terpinkode, kodterpin, tdeine).

- Semi-synthetic analogues of morphine: etilmorphine, hydrocodone

-Synthetic substitutes for morphine: estocin, butorphanol, buprenorphine,
methadone, sufentanil, alfentanil, oxymorphone,
propoxyphene, levorphanol, propoxyphene, nalbuphine,
nalorphine, fentanyl, promedol, tramadol, tramal.
These drugs are also strictly forbidden.

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Be healthy and attentive while driving!

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