Title: Integrated Care and Pediatric Mental Health Promotion :What, Why and How

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Abstract (300 word limit)

Statement of the Problem: Pediatric mental health conditions are prevalent, impactful, and all too often unidentified and/or untreated. As many as 1 in 5 children in the United States have a mental or behavioral health disorder, however only approximately half receive treatment. The traditional approach with physical and mental health in separate silos simply can not meet the need. Integrated care must become the standard for pediatric primary care providers; however, the practical considerations of practice and implementation can prove daunting. A new generation of tools, approaches and practice tools must be developed to support pediatric primary care providers in proving integrated care. Methodology & Theoretical Orientation: Literature regarding the evidence-base for integrated care in pediatric primary care settings, with an emphasis on patient and provider perceptions as well as clinical outcomes was reviewed. Additionally, literature regarding interventions for commonly treated and encountered clinical issues in the pediatric primary care setting was reviewed. Finally, the practical considerations of billing and reimbursement and workflow issues was explored. Findings: This information is synthesized into a model for approaching integrated care in an evidence-based manner that is informed by pediatric primary care practice conditions. Though within medical literature, there are few sources that integrate research findings into action-oriented, practical clinical tools, there is ample information available to inform best practices for integrated care in pediatric clinical settings. Conclusion & Significance: Pediatric mental illness is a major health concern and pediatric primary care providers are on the front line. The approach outlined in this presentation will serve as a clinically relevant, practical guide to implementation and execution of integrated care with information clinical resources for ongoing reference.

Recent Publications (minimum 5)

1. Vinson S, Vinson E (2018) Pediatric Mental Health for Primary Care Providers.
2. Wissow LS, van Ginneken N, Chandna J, Rahman A. Integrating children's mental health into primary care. Pediatric clinics of North America. 2016;63(1):97-113.
3. American Medical Association. CPT 2018 Professional Edition (2018)
4. Enhancing Pediatric Mental Health Care: Algorithms for Primary Care Jane Meschan Foy, for the American Academy of Pediatrics Task Force on Mental Health Pediatrics Jun 2010, 125
5. Hao Y, Koklo D, Torres E. Collaborative Mental Health Care for Pediatric Behavior Disorders in Primary Care: Does It Reduce Mental Health Care Costs? Families, systems & health of collaborative family healthcare. 2017;35(1):46-57.



Biography (150 word limit)

Sarah Y. Vinson, MD is a triple board certified child and adolescent, adult and forensic psychiatrist. She is an Associate Clinical Professor of Psychiatry and Pediatrics at Morehouse School of Medicine, where she designed and provides teaching and supervision for a psychiatry mini-rotation for pediatric interns. She is also the co-editor of Pediatric Mental Health for Primary Care Providers. In addition to her academic interests, she has practical experience acting as an integrated care consultant, working with primary care clinics to develop policies, procedures and educational materials for integrated care practice as well as in providing clinical outpatient consultation. She is a dynamic speaker and educator, has won multiple teaching awards at Morehouse School of Medicine, and has been selected to present at multiple national and regional meetings for physicians. She has also been quoted in articles in national outlets such as Medscape, Parenting, Everyday Health and been interviewed on local television and radio and national radio on numerous occasions. She has been appointed to the Communications Council of the American Psychiatric Association by two different APA presidents.

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Notes or Comments: