Title: The Significance of Theurapetic Games in Pediatric Nursing

Şerife TUTAR GÜVEN, Ayla KAYA, Ayşegül İŞLER DALGIÇ

Akdeniz University, Faculty of Nursing, Antalya - TURKEY

Games play a crucial role for children to express themselves and to cope with stress during hospitalization processes. Theurapetic games are the core of psychosocial and cognitive development activities that improve child's emotional and physical well-being. It has been suggested that theurapetic games reduce stress and traumas caused by the disease and hospitalization processes, help children to cope with stress before, after, and during the medical intervention, and enable the evaluation of child's emotional reactions against medical interventions. This review aims to highlight the significance and efficiency of theurapetic games in nursing care. As children express their feelings verbally and/or nonverbally through games, theurapetic games are utterly functional for nurses explore children's world. Theurapetic games are basically structured games and they should be structured in accordance with the child's age, clinical condition, and cognitive development. Children may be allowed to play with medical masks, nursing uniforms, syringes, and stethoscopes. Nurses can demonstrate how to insert venous cathethers on a teddy bear or baby doll. It is recommended to use theurapetic games in coping with painful and agitative interventions, preparing children for surgical or invasive interventions, and routing pediatric nursing practices based on atraumatic care philosophy.

Biography

Şerife Tutar Güven-She is a research assistant at Pediatric Nursing Department, Akdeniz University Faculty of Nursing. She is educated as nursing and her major topics at the moment are pediatric nursing, childhood epilepsy, abuse and neglect in children espacially sexual abuse, sexuality in disabled children, neurology in nursing. She has many scientific studies which has been submitted and published in the national and international scientific journals. She worked in Antalya Training and Research Hospital for five years.

Ayla Kaya-She is a research assistant at Pediatric Nursing Department, Akdeniz University Faculty of Nursing. She is a research assistant from September 2014 at Akdeniz University Faculty of Nursing, Pediatric Nursing Department. Between 2001 and 2005 she served as nurses at Mersin University Hospital, Neonatal Intensive Care Unit. Between 2005 and 2008 she served as a nurse at Akdeniz University Hospital, Pediatric Stem Cell Transplantation Unit. Between 2008 and 2014 she served as a nurse at Akdeniz University Hospital, Operating Theatre. She graduated in Master of Science nursing management. She is a candidate doctor of pediatric nursing. Her research interest is nursing and pediatrics.

Ayşegül İşler Dalgiç- She is an Associate Professor in Pediatric Nursing Department of Akdeniz University Nursing Faculty in Antalya/TURKEY. She has worked as a tutor for more than 15 years. She is educated as nursing and her major topics at the moment are pediatric nursing, childhood epilepsy, abuse and neglect in children espacially sexual abuse, sexuality in disabled children, neurology, and complementary therapies in nursing. She has many scientific studies which has been submitted and published in the national and international scientific journals, author of books. She has been organized and gave lectures, speeches, conferences and presentations in congresses and symposiums and had organized congress and symposiums.

Presenting author details
Full name: Ayşegül İşler Dalgiç
Contact number: +9 0 242 310 61 24
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