Letter to the Editor Regarding "Evolution of the body image perception of people with obesity on the pathway from bariatric surgery to body contouring lift surgery"

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Abstract

Obesity is a highly prevalent and significant public health concern and is responsible for dangerous metabolic and mental health diseases. Mental health in people with obesity is a crucial issue, because they may feel inferior compared to the people around them, which is directly related to their academic, work, and social performance. Herein lies the importance of seeking appropriate techniques to help improve the quality of life of these people.

We decided to comment on the article entitled "Evolution of the body image perception of people with obesity on the pathway from bariatric surgery to body contouring lift surgery" by Proczko M. et al. [1], in Journal of Plastic, Reconstructive & Aesthetic Surgery. Our interest in the article It's due it manages to identify the level of satisfaction regarding the body image of patients undergoing the different stages of bariatric surgery.

We consider this type of study to be of great relevance, since, in general, research on bariatric surgery focuses on safety and postoperative success and not on the level of satisfaction of each patient.

As the author mentions, it should be considered that this type of surgical treatment is available to people with greater economic possibilities, and this, together with higher education, will result in greater weight control and better physical conditions.

Therefore, after a bariatric lipoabdominoplasty, studies related to the degree of alteration of body perception in the medium and long term must be carried out, to achieve objectives that may not be clear at the moment. Because the objective is not only to reduce obesity but to treat a person integrally.

Image

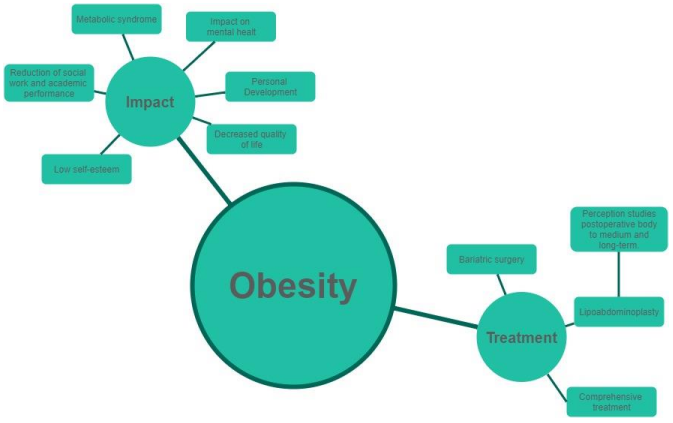


Figure 1: Impact of obesity and most used surgical treatments.

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Biography

Lorena Betancourt is a fifth-year medical student at the University of Caldas, Colombia. She has shown great interest in Plastic and Reconstructive Surgery, intending to improve the quality of life of people, since she believes that many people need a first impulse that allows them to continue with a healthy lifestyle and thus improve their health and well-being with results maintained over time.

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