Abstract

Explore the Effectiveness of Outpatient Surgery in Pre-school Children's Fear

Children are susceptible to sentiment because of physiology, psychology, comprehension and language expression have not been mature. Wherefore when they have an operation and face a fear of the unknown, there will be resistance. In this study, only 13.3% of pre-school children were willing to cooperate with medical treatment, while 67.8% of pre-school children feel fear before the operation. Therefore, in order to reduce their fear, this study including clinical care teaching, the development of pre-school preoperative fear of care guidelines, the layout of surgery waiting area for outpatient and operating room , providing touch medical equipment and selective medical treatment , and use of modeling balloons, the game in tablet and stickers as a care auxiliary. Via the auxiliary, they not only will willing to cooperate but also reduce their fear. The degree of coordination increased from 13.3% to 76.7%, the extent of fear cut down from 67.8% to 10.3%; for family member, 98% of they were satisfied. Through the operation professional nurse care about the cognitive development of pre-school children, they establishing a good relationship. In addition to, through our teamwork can provide pre-school children with a wide range of care, and also reducing the preschool children 's preoperative fear. Let family member become more satisfied and dependence.

Biography

Mei-Ling Kuo, RN, graduated from the Institute of Science in Public Health at Kaohsiung Medical University. Mei-Ling specialises in perioperative nursing, surgical nursing, nursing administration and nursing quality management. Mei-Ling serves as the Nursing Deputy Director of the Department of Nursing at Kaohsiung Chang Gung Memorial Hospital.