

Contact

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Nairobi kenya
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Email:
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LinkedIn:
linkedin.com/Caroline ngare

Languages

English
Swahili

Hobbies

Traveling,Swimming,Socializing, Reading,Watching movie

Summary

Exceptionally sensitive and dedicated Caregiver with a strong record of health care service and client satisfaction. Adept at handling a variety of client issues and problems with kindness and professionalism. Flexible scheduling availability to include evenings, some weekends, and emergency situations as required.

Skill Highlights

Safe Patient handling ,Compassion	First Aid
CPR Communication	Observation
Teamwork	Time Management

Experience

DEC 2020 TO PRESENT - CAREGIVER HOME CARE 360

- Assist clients with certain physical activities, such as walking, getting into or out of bed, dressing and climbing stairs.
- Monitor aspects of the client's health under the direction of a registered nurse, doctor or other approved physician, including taking vital signs.
- Maintain detailed records of services provided to each client.
- Take part in discussions about the client with the rest of the health care team.

FEB 2020 TO NOV 2020 CAREGIVER INTERNSHIP GURU NANAK HOSPITAL

- Praciticed activities of daily living like dressing, bathing, administering medicines
- Aided with transferring the recipient in and out of bed
- Assisted with physical therapy, injections, feeding and other medical processes
- Arranged the medical appointments and transportation to the doctor or clinic
- Ordered and pick up medications at the drugstore
- Discussed the care plan and needs with the doctors and care managers
- Handled a crisis or medical emergency

2011-2014 WORKED AS A COSMETOLOGIST AT QUEENS BEAUTY SPA

- Providing skin care treatments, such as scalp treatments, massages, and facials, and using a variety of lotions and creams.
- Shaping eyebrows and removing or trimming unwanted hair from the face.
- Giving demonstrations and advice on makeup use.

2017 -2018 WORKED AT ASHELY HAIR N BEAUTY AS A BEAUTICIAN

- Performing manicures & pedicures, nail art, and color recommendations.
- Suggesting guidelines on personal skin care regimes.
- Cross-selling beauty therapies and products.
- Making appointments and documenting treatments.
- Stock taking

Education

April 2020 Cpr, Aed And First Aid Course
National Health Care Provider Solutions
2019-2020 Certificate of Professional Caregiver Course
I care Life Pte Ltd Singapore

2008 -2010 Gorgeous Looks Hair and Beauty College Diploma in Beauty Therapy
2000 -2002- City and Guild Diploma in Culinary Arts
1995-1998 Gatura girls high school- kenya Certificate of Secondary Education
1987-1994 Park road primary -kenya certificate of primary Education

Referees

Joan
Nurse homecare 360
0773273360

Elizabeth nyambura.
Sister
0713948310

Jean wanja
Nurse Nairobi west hospital
0722722290