Title: Advance Provision of Emergency Contraception and Adolescent Pregnancy; A Systematic Review of Current Research and Practice Recommendations

Name: Michelle Ritter, DNP, FNP-C
Valdosta State University, Valdosta, GA, USA

Although the overall pregnancy rate for adolescent females has decreased in the past few years, teen pregnancy continues to be an issue in the United States. Teen pregnancy adversely affects the mom, infant, and community. Emergency contraception (EC) is a contraceptive method adolescents can use to prevent pregnancy and when used correctly can prevent 95% of unintended pregnancies. Studies have shown adolescent females who receive advance provision of EC use it more frequently and sooner after unprotected intercourse than those who do not receive EC in advance. A search was performed on MEDLINE, CINAHL, OVID, PubMed, and the Cochrane Library for research studies meeting inclusion criteria. Reference lists for systematic and meta-analysis studies were manually reviewed using Stetler's Evidence Ranking. Based on evidence from the analysis of the articles, advanced provision of emergency contraception to adolescents does not deter pregnancy rates. However, advance provision does increase the use of emergency contraception. Practice recommendations include: American Academy of Pediatrics routine health screening guidelines; ethical and legal issues; and health care providers roles as advocates for adolescent health and EC use.

Biography

Dr. Michelle Ritter completed her DNP from Georgia Regents University, formerly know as the Medical College of Georgia, in Augusta, Georgia, USA. She is an Assistant Professor and the Graduate Nursing Program Director for the School of Nursing at Valdosta State Univeristy, in Valdosta, Georgia. Dr. Ritter served as the director and lead Nurse Practitioner (NP) for the Lowndes County Teen Plus Center for over 5 years. She has over 20 years of expereince as a NP in women and adolecent health care, and currenlty practices as an NP for the Georgia Ellenton Farmworker Health Clinic in Ellenton, Georgia. She has presented at over 15 health conferences, has publications in reputable journals, and serves as a reviewer for *Women's Healthcare: A Clinical Journal for Nurse Practitioners.*

Presenting author details

Full name: Dr. Michelle Ritter, DNP, FNP-BC
Contact number: 229-251-3834
Session name/ number: Women's Health
Category: Oral presentation