

Leanne Rose Dorish

Empowering Caregivers So They Can Care For Others

As professionals that take care of fragile babies and their families, I invite you to strive for a deep understanding and compassion for the story behind the emotion with every person that you serve. -Leanne Rose Dorish

While there's a great deal of conversation occurring around mental health and trauma, anthropologist, NICU graduate mother and healing trauma counsellor, Leanne Rose Dorish has spent thousands of hours in session and speaking with individuals and caregiving groups helping them to:

Adopt

A mindset that is willing to improve and see strength inside yourself and in those around you.

Connect

Knowing the spirit within you being able to co-create with individuals and families.

Develop

Discover routines that work for your life to amplify your readiness to care for others.

About Leanne Rose Dorish

Anthropologist. Mother of a NICU Graduate. Mental Health & Trauma Counsellor. Leanne started working with marginalized populations while working as an archaeologist in Northern British Columbia. After leaving that profession, she sought out a deeper form of caring for others through a Masters Degree in Clinical Counselling. While living in South Dakota she grew not only as a person but also as a healer. Now that she is the proud Mama of a NICU graduate with mild Cerebral Palsy, she is bringing all of her Skills and Love together. Leanne is passionate about advocating for and educating about thriving mental health for families and professionals living and working in a Neonatal ICU or Special Care Nursery.

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