[1]Simple blood test for electrolytes and trace elements for suspected cases in different stages of hepatic encephalopathy

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- Hepatic encephalopathy (HE) is a challenging clinical complication of liver dysfunction with wide spectrum of neuropsychiatric abnormalities that range from mild disturbances in cognitive function to coma and death. It was estimated that quarter to half of hospitalizations for liver cirrhosis are related to HE.
- Mortality increased by increasing grades of HE and death could be in few hours to days due to brain herniation or intracranial hemorrhage.So, by careful detection and control of manifestations we can improve outcomes.
- Correlation between serum electrolytes level (sodium & potassium) trace elements level (zinc & magnesium) and different degrees of hepatic encephalopathy will help to diagnose the cases in early stages and avoid complications and bad prognoses of late stages.

Biography:

Got my master degree in internal medicine and gastroenterology on 2015 from Ain shams university (Egypt). Professional course of therapeutic endoscopies on 2016 from Theodor Bilharz research institute (Egypt). On 2017 got diploma of healthcare and hospital management from the American university of Cairo. Working as internal medicine and gastroenterology specialist at Galaa military hospital in Cairo and now at Al Seef hospital in Kuwait.

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Oral presentation