WHO spoke about the epidemic of a new type of flu. I have a very strong flu immunity. Thanks to your lifestyle. Almetyevsk infectious disease specialist in confusion. Lymphocytes exceeded by 500 ab.number.

MUSLIM!

Thus, the activity of the immune system depends on a number of factors: Gastrointestinal tract health (hereinafter GIT). I eat 5 times a day. Almost every day I go to the toilet for the most part. Toxic load on the body. . I live in Almetyevsk
oil capital of Tatarstan
Stability of the nervous system. Since childhood, I do not work as a disabled person of 2 groups. I sleep 8 hours. Calm Houses
cat lives, constantly stroking her
The quality of food. . Thanks to my mother, the quality of food is excellent. Mom is an old-age pensioner by profession a cook .. I eat milk porridge every
day and drink 100% coffee every day. I eat or drink dairy products almost every day. I eat vegetables and fruits every day
, Evidence of my immunity 4 immunograms. In 4 immunograms, the number of lymphocytes was significantly exceeded. The local immunologist looked at the 1st and 2nd immunograms and wrote lymphocytosis in the 2nd immunogram as a result of t-cell activity. T cells are the most powerful weapon against the flu.
This is the weapon of our body
Since 2014, I once had the flu, in March 2018 I was ill for 3 days, the symptoms are a high fever of 39.5 degrees and a dry cough. ARVI passes very quickly within a few hours or several days, but the disease doesn't let my immunity go further than the nasopharynx. Just do not forget that I have acquired immunity. He lets the disease into the body and then fights it
From the emergence of a new influenza virus to the appearance of a vaccine against the virus, several months pass. I suggest reducing vaccine production to a few days. I propose to infect me, then select antibodies from my blood and then copy them. My services can be used only in cases of emergency. My offer is limited in time. At the end of February, my immunity will fall due to vitamin deficiency. I want to help treat flu
What harm can a strong immunity do?
Strong immunity can cause chronic fatigue syndrome, which is characterized by a constant feeling of weakness (even after rest), problems with sleep and memory.
I have very strong immunity. I sleep 2 times a night before the morning prayer. I read the prayer and then I sleep until nine in the morning. I sleep very soundly. I can not argue with memory, memory is broken due to illness. I do not feel any fatigue
.
I can not live to see the next pandemic. I am ill with two rare internal incurable diseases. There is experimental treatment 11) diabetes insipidus, another type of diabetes. I can drink more than 20 liters of water per day but I drink from 3 to 5 liters of water, I have been taking desmopresin medicine for 38 years. I am 42 years old.2) olivopontoceribral degeneration, symptoms of unsteady gait, speech retardation.

This chaotic H3N2 strain, which also tends to cause the worst seasons of the flu, especially in older people, makes the development of a "universal" flu vaccine (see J.ID: NIAID Strategic Plan for a Universal Flu Vaccine) more meaningful. more important than ever.

Credit NIAID
Despite the progress made, it may take 5 years (or more) before we see the commercially available universal flu vaccine. Until then, we must work with what we have.
This trend convinced WHO to switch its recommendations for vaccines for the southern hemisphere next year to a completely different strain (a virus like A / South Australia / 34/2019 (H3N2)), which

raised concerns about the effectiveness of the Northern Hemisphere vaccine this fall. I propose to make a vaccine based on my blood in a few days.