

Title:
The Secret Journey to Blood Sugar Balance.

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According to the CDC 2017 Diabetes statistics, 30.3 M Americans live with diabetes and 8.4 M have pre-diabetic condition.
The most alarming statistic however is that 9 out of 10 people are not aware of having blood sugar issues.
Balance is the essence of Life.
Awareness precedes balance.
We do not know what we do not know.
How would we know what to address if we do not know what is out of Balance.
The Journey of Living our Life within Homeostasis parameters reveals the Secrets of finding the Source of Stress in our Bio-System.
When the Source of Stress is determined the Protocol of Maintaining Health Risk Factors becomes obvious
One of the most important aspects in achieving a Longe, Healthy, Happy Life is to establish Who is in Charge.
Who will be given orders to your Body and who is going to monitor the results.
All Answers come Within - Know Thyself!

Biography

Genie Goykhberg is a Board Certified Naturopath Loomis Advanced Digestive Health Specialist, Intuitive Physiognomist, Dots Connector with over fifty modalities in her arsenal. Genie is one of the new waves of Healers, with a very keen intuition and an extremely analytical mind.

MS in Mechanical Engineering with minor in Physics (Russia) and extensive studies of the power of Human Dynamics granted Genie with unique way of processing information. Talented Mentor and Teacher, Genie's passion is to re-introduce the Forgotten Art of Ancient Healing to our society.
She believes everyone must hold themselves accountable for their own Well-Being.

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