The Effect of herbal treatment on Meniere's disease

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Abstract

Background

Ménière disease is named after the French Physician Prosper Ménière. (Baloh 2001). Me´nie`re's disease is a disabling disorder with the episodic rotational vertigo, fluctuating sensorineural hearing loss, aural pressure, and tinnitus symptoms. Literature shows that there is no cure for Me´nie`re's disease(Thorp, Shehab et al. 2000), meantime Traditional Chinese Medicine as an alternative treatment has a lot to propose the least is improving vertigo and sustain hear loss.

Case

A 37 years old married man who has been suffering from Ménière disease for 2 years and was treated by an otolaryngologist. After 2 years of treatment, continuing vertigo, vomiting and tinnitus was the chief complain of the case which made him disable in his daily activity. Chinese herbal medicine have been used in the period of 1 month for this case.

Results

After one month, due to the purpose of the herbal decoction which was resolving dampness in the patient's body and the disharmony of the Zang-Fu organs, almost all of patient's symptoms relieved.

Conclusion

Traditional Chinese medicine especially, herbal therapy, because of its holistic perspective which does not focus only on the affected organ and tries to solve the root of the problem, can treat the main symptom of Ménière disease.

Keywords

Ménière disease, Vertigo, Tinnitus, Traditional Chinese Medicine

Refrences

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