Denton County Public Health

Women's Health Program

Introduction

The Texas Administrative Code(TAC) states that access to primary health care services are for persons, who are at or below 200% of the Federal Poverty Level (FPL), who are unable to access the same care through other funding sources or programs. In 2013, the Texas Legislature appropriated funds to be used for expanded primary care services for women 18 years and older. The statute and rules are effective for both Primary Health Care and the Expanded Primary Health Care Programs.



Objective

The purpose of the Department of State Health Services (DSHS) Expanded Primary Health Care (EPHC) program is to deliver preventative and primary care medical services, while providing contraceptive services to uninsured women age 15 years and older residing in Texas. Providing these important health services enables Denton County Health Department to empower Denton county residents to make better and more informed choices about their health.



Materials and Methods

The use of these preventative health care services are central to improving long term health status. Therefore, it is our mission to make sure each woman has access to these services. In doing so, each woman has the ability to successfully plan out her pregnancies, while ensuring a healthy birth physically, and mentally. Our program delivers our services such as:

- Educational lectures within universities, public schools, mental health clinics, major companies within the area, day care facilities, and churches.
- Representing our program at career fairs, health fairs, and special events catering to a specific population. For example, last year our women's program was presented at K-Loves/Air-1 radio's annual Single Mom's Night event, Univision's radio program in Dallas, and Tarrant County's Hispanic Wellness Health Fair.

Our services include:

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General Women's Services

- Well woman exam/Pap
- Clinical breast exam
- Treat urinary tract infections
- Treat yeast infections
- Prenatal care

Family Planning Services:

- Oral contraceptives
- Depo-Provera Injection
- Nexplanon (implantable rod)
- Intrauterine device (IUD)
- Nuva Ring
- Condoms
- Abstinence counseling
- Natural family planning
- Pre-conception counseling (planning for healthy pregnancy)

Servicios Generales De Mujeres

- Examen para la mujer/(Papanicolau)
- Examen de los senos
- Tratamiento para infecciones de la orina
- Tratamiento para infecciones vaginales
- Cuidado prenatal

Servicios de planificación familiar disponibles:

- Anticonceptivos orales
- Inyección de Depo. Provero
- Nexplanon (implante con hormonas)
- Dispositivo intrauterino (IUD)
- Nuva Ring
- Condones
- Asesoría para la abstinencia
- Planificación natural familiar
- Asesoría previo al embarazo (planificación para un parto saludable)

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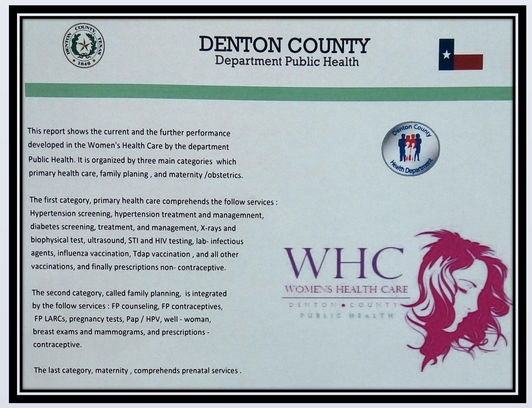
Lewisville Location: 401 N. Valley Pkwy, Suite 100, Lewisville, Texas, 75067/ Phone: 972-434-4700 / Fax: 972-434-4701

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Conclusions

Improving the health status of Denton County residents requires the use of preventive health care services such as those our women's health care program provides which, in turn, leads to positive health behaviors. Unfortunately, 1 out of 2 pregnancies go unplanned and lead to health complications along the way. Also, 1 out of 3 women report not visiting a doctor due to costs. Therefore, our goal is to create access and opportunities for our health services, help women plan out their pregnancies, and make sure their well-woman needs are met. In closing, Denton County Health Department Women's Health Program aims to educate women to make better and more informed choices about their health.

Results


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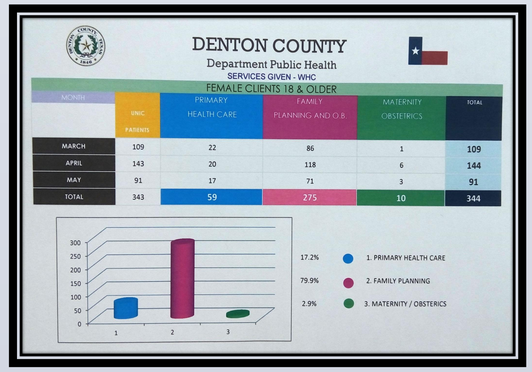
This report shows the current and the further performance developed in the Women's Health Care by the department Public Health. It is organized by three main categories which primary health care, family planing , and maternity /obstetrics.

The first category, primary health care comprehends the follow services : Hypertension screening, hypertension treatment and management, diabetes screening, treatment, and management, X-rays and biophysical test, ultrasound, STI and HIV testing, lab- infectious agents, influenza vaccination, Tdap vaccination , and all other vaccinations, and finally prescriptions non- contraceptive.

The second category, called family planning, is integrated by the follow services: FP counseling, FP contraceptives, FP LARCs, pregnancy tests, Pap / HPV, well - woman, breast exams and mammograms, and prescriptions - contraceptive.

The last category, maternity , comprehends prenatal services .

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SERVICES GIVEN - WHC
FEMALE CLIENTS 18 & OLDER

MONTH	UNIC PATIENTS	PRIMARY HEALTH CARE	FAMILY PLANNING AND O.B.	MATERNITY OBSTETRICS	TOTAL
MARCH	109	22	86	1	109
APRIL	143	20	118	6	144
MAY	91	17	71	3	91
TOTAL	343	59	275	10	344

References

- **Denton County Health Department** http://dentoncounty.com/Departments/Health-Services/Womens-Health-Care.aspx
- **Office of Women's Health** http://womenshealth.gov/index.html