ADOVOCATING FOR SRHR ADOLESCENTS GIRLS IN AFRICA

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ABSTRACT

PROBLEM: Africa is experiencing the largest youth population ever in its history entering child bearing age of 14 or less, with adolescents constituting more than one quarter of the total population. Teenage pregnancy rate stands at 28% and about 42% of girls are married by age 16; while an estimated 30% of maternal deaths are a result of unsafe abortions, of which 80% are among adolescent girls. Due weak supportive legal policy and less accountability by most government at local or district level on sexual and reproductive health rights for adolescents' girls and young women has caused above problems. During my research, I noted that 80% of the district development plans do not have the plan in place at district -grass root level .The paper will provide information and recommendation how to improve accountability and awareness of sexual and reproductive health rights for adolescents' girls at district level.

The paper will recommend the promotion and distribution of male and female condoms targeting adolescents and young people, through social marketing, social media platforms and mass media. The parents especially mother will be trained to have Franky talk with their adolescent's girls to spread messages on reproductive health rights to young girls so that they can demand for their rights promoting accountability from their leaders and prevent early baby like me.

During my research I noted that the evidence-based approach can influence, facilitate and promote social accountability to achieve health outcomes among the adolescent's girls. They is a need for African national to build capacity of peer educators to demand for accountability and improved supply of family planning services in established youth friendly centres in rural areas and district levels. To increase the awareness of sexual and reproductive health rights to millions of adolescents through sex education should be introduced in schools at early age, which recently was denied by Zambian community due past culture believe.

Parents should look at education as the only weapon to fight future poverty for their families especially girl child. Through this paper will be will lobby and advocating to all African government to ensure that budget spending towards education of poor girl child is reasonable

Keywords: Increase the awareness of sexual and reproductive health rights of adolescents girls

Themes: (SRHR).

Biography

1. Full name: Natasha Precious Kabonde
2. Position /department/organization/country; Zambia MOH
3. Biography : I am a young Zambian lady aged 21, medical doctor by professional. I am presenting this paper because I am the past victim of sex abuse at age of 13 had a baby due lack of sex education which is affecting a lot of adolescent's girls, in Africa. Most of the girls after having a baby at early age they end up dropping school and get married. I am encouraging all adolescents' girls who are having babies y to go back to school and continue their studies. I am a testimony to the adolescents' girls who have passed through the problem of human rights abuse thus lack of sexual and reproductive health education which nearly costed my life.

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5. Presentation Category: (Oral presentation)
6. Author Category: (Delegate)
7. Name for the Certificate: Diploma in General Medicine

   Certificate in HIV /AIDs & Certificate in SRHR for Adoloncents



Biography:

Natasha Precious Kabonde
Clinical Officer
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Biography: (Only 50 words)
Highly-professional Clinical Officer with a solid experience in managing clinical medicine and ensure effective patient carev satisfaction. Possess exceptional communication, leadership, team-working, problem-solving, and documentation skills along with a clear understanding of patient safety and

healthcare quality standards. Experienced in handling and counselling in HIV/AIDs cases, COVID 19 and advocating for SRHR for adolencents.

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Reason(s) to attend the conference - Please give a number 1 – 10 (1 is the highest priority and 8 is the lowest priority)

Reason	Priority
Publish My research paper in a journal or in the conference proceeding	x
To build a professional network	x
Finding a research partner	
Presenting my research to an International Audience	x
To get feedbacks to my research findings	
Participate to workshops and other career development programs	
To meet internationally recognized resource persons (conference keynoters, chair etc.)	x
Travel and have a fun	
Win awards and certificates	
Increase the knowledge about the field by listening to other presenters	
Other (Write your requirement)	x

Rereference

REFERENCE

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3. **Sexual' education signed off in Zambia** ('Sexual' education signed off – Zambia Daily Mail (daily-mail.co.zm)