Title: **Double Trouble: Clinical Management of Problematic Substance Use in Adolescent Youth with Mood Disorders**

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There have been increasing concerns of substance use in adolescent youth. Providers are often challenged with how to screen and treat these conditions. Substance use disorders are often complicated by co-existing conditions including mood and anxiety disorders. Youth and transitional age youth may use substances to self-medicate or avoid unwanted circumstances. They may be less likely to be forthcoming about their use, for fear of being judged or stigmatized. As a result, they may be missed by schools and primary care practitioners on individual assessments. Despite efforts to understand these conditions, challenges still persist with how to effectively screen for these disorders. In this clinical perspectives, the audience will a) become more aware of substance use and co-existing mood disorders in the adolescent population b) understand how to better screen and treat these conditions, and c) be aware of the research-practice gap which still exists for these conditions. Methods: The audience will review literature pertaining to substance use and co-existing mood disorders in the adolescent population. Practical applications will be applied. Results: Upon completion, participants will be more informed of addiction disorders in adolescents, how to manage clinically complex co-existing conditions, and recognize barriers which are still encountered. Conclusion: Substance use disorders may impact an adolescent's personal growth and maturation, may place them in risky and potential lethal situations, and lead to worsening clinical outcomes. Through ongoing education about these conditions, clinicians can make better informed decisions with how to recognize and treat them.

Biography: Dr. Krakower is a Summa Cum Laude graduate from the University of Florida where he designed a major in structural biology and x-ray crystallography. He pursued medical school at the New York College of Osteopathic Medicine. He is currently on faculty with the Division of Child and Adolescent Psychiatry and Department of Psychiatry at Zucker Hillside Hospital where he trains medical students, residents, and fellows. Dr. Krakower is an international speaker, has published articles for child and adolescent psychiatry, eating disorders, and mood disorders, and has provided expert opinion for hundreds of articles for mental health conditions worldwide.

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