Demystifying The Myths Surrounding Labor Analgesia

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One of the most severe pains experienced by a woman is that of childbirth. Providing analgesia for labor has always been a challenge more so because of the myths surrounding labor - Increased rate of caesarean sections, increased operative deliveries, prolonged labor. My purpose is to compare the incidences of these in a group of 10 women opting for labor

analgesia to a group of 10 women not choosing epidural analgesia.

The results have revealed that labor epidural analgesia does not increase the operative delivery rates, increase the incidence of c-sections and prolong labor and has thus busted these myths. Our women need to be made aware of this so they can opt for labor analgesia services and have a painless childbirth experience.

Biography

Dr Siril Patil, has completed Mbbs and is now pursuing post graduate degree in the field of Anaesthesia. She is in her second year of the PG course.

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