Holistic Includes the Heart, Too: Homeopathic Assessment of Heart Rhythms

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The goal in homeopathy is to find a “similar” substance in nature which, when applied homeopathically to the patient, stimulates the body to recognize and overcome illness. To find the correct remedy, a practitioner must collect symptoms relevant to every organ and system, mind and body. Ideally, the evaluation should include both a physical examination and a holistic interview. In practice, the physical examination component is often neglected. This is a lost opportunity. As the homeopathic masters knew, a specific physical finding can be a decisive factor in distinguishing between candidate remedies. This talk will address symptomatology which can be elicited by stethoscope, by pulse, or by ear: the heart rhythm. The lecture will include a discussion of various heart rhythms, interesting rubrics and remedies, and a case from the lecturer’s own practice.

Biography
Dr. Janice Block is a medical doctor and integrative physician with over 20 years of experience in clinical medicine. She is the author of **Cardiac Examination in Homeopathy***: A practical approach to examination, in the tradition of the homeopathic masters.* Dr. Block has written multiple articles on integrative medicine for Connections Magazine, Nizat Magazine, and hpathy.com, and is a regular speaker for the Whole Health Forum, Israel.

Dr. Block completed advanced training in homeopathy through the Segula Academy in Zichron Yaakov, Israel. She is board certified in Pediatrics, Classical Homeopathy, and Naturopathy, and is a licensed medical hypnotherapist. Dr. Block practices integrative medicine in Beit Shemesh, Israel.

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Category: Oral presentation