

Title: Housing Models Promoting Aging in Community in the U.S.A. – A Brief Report on Key Lessons Learned

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The majority of older adults prefer aging in their own homes or communities. Four promising housing models promoting aging-in-community (AIC) in the USA, including the village, naturally occurring retirement communities (NORC), senior cohousing, and university-based retirement communities (UBRC) were reviewed. A 20-year literature review (2000-2020) from eight scientific databases was conducted to address two key AIC issues: (1) What are the merging research areas and key findings from data-based empirical studies on these four promising AIC models? (2) What are major challenges and recommendations from existing data-driven research studies? Among the 177 articles yielded from the initial search, a total of 34 unduplicated empirical studies were identified which examine the impact of these models including enhancing social support and improving older adult's well-being, remain independence at homes, and community social and civic participation. Although there is variation within and across AIC models, the current review of published empirical studies show these models have similarities such as access to activities that will increase social connections to reduce social isolation and essentially increase the ability of older adults to age in communities with others on a similar path. Findings support the positive impacts these AIC models and programs had among members. This review further identified research gaps, model challenges, and recommended strategies for continued research attention. It is critical to update current knowledge to capture emerging research areas and lessons learned for housing and community developers, and policymakers to consider for addressing the critical and growing aging in community needs.

Biography

Su-I Hou is Professor and Founding Director of the School of Global Health Management and Informatics at the University of Central Florida, Orlando, FL. She is the health-specialization liaison for the interdisciplinary Doctoral Program in Public Affairs, and Founding Director of UCF's Taiwan Study Abroad Program on Asian Culture, Healthcare, & Aging Society. Hou served as an Associate Editor for *Health Promotion Practice*, Society of Public Health Education's official journal devoted to the practical application of health promotion and education. She has published 120+ peer-reviewed articles, presented 250+ papers at national & international conferences, and given 100+ invited international presentations.

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