Case studies in Psoriasis

Practical experiences to share

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Abstract

Psoriasis is a chronic inflammatory skin disease characterized by thickened, silvery-scaled papules and plaques. Currently there is no cure and treatments only attempt to reduce the severity of symptoms. Patients with psoriasis are increasingly asking for the use of alternative and complementary medicine to manage their psoriasis. Here in this study we report the 3 cases of psoriasis successfully managed in 3 separate approaches. Written informed consent were obtained from all the patients. Case-1 was to see the efficacy of probiotics with a psoriatic patient. Case-2. Role of combination of Oral Vitamin D3 and Azithromycin in Psoriasis. Case-3. Tofacitinib for the treatment of severe form of psoriasis with arthritis. All the patients experienced better clinical out come.

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