Enhancing Your Rear is not Rare in China: Creating a curvy Silhouette with New Needle-Hub Buttock Threading

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Abstract

Background The purpose of this study was to evaluate the results of gluteal suspension with new needle-hub buttock threading in China. .

Methods Thirty healthy female patients in China between the ages of 40 and 60(mean, 45 years), who wished to remodel their buttocks from October 2015 to January 2018 were studied retrospectively. All 30 patients were treated with on each buttock using the following procedures: 12(40%) patients were suspended with new needle-hub threading alone; 18(60%) patients were more treated with microfocused ultrasound (Ultherapy) and radiofrequency (Thermage) in the lower back, supragluteal regions, and flanks to improve buttocks contour.

Results Over a 2-year period, 30 female patients underwent gluteal suspension procedures. Good aesthetic results without complications were obtained in 27 of 30(90%) cases. Complication occurred in 3 of 30 (10%) patients, including thread removal due to postoperative pain in 1 (3%) patient, and thread protruding due to early heavy exercise in 2 (6%) patients.

Conclusion The results of this study performed in 30 patients over 2 years in China showed that the suspension with new needle-hub buttock threading performed as a single procedure or in combination with other cosmetic methods helps to enhance and lift ptosed gluteal and paragluteal areas and demonstrates an effective alternative to achieving improved lower gluteal fold contour with very good symmetry and patient satisfaction. The proper selection of patients and the procedures are paramount to achieving a successful outcome.

Key words: Needle-Hub Buttock threading, Gluteal ptosis, Gluteal suspension, Gluteal augmention, Buttocks.