





MICHELLE HAMMER

MENTAL HEALTH ADVOCATE

KEYNOTE | WORKSHOPS | SEMINARS

Michelle Hammer is a Schizophrenia Activist and spends her time passionately fighting stigma. She is an NYC native featured in the WebMD documentary *Voices*, which was nominated for a Tribeca X Award at the Tribeca Film Festival 2018. Michelle was diagnosed with schizophrenia at 22 after a misdiagnosis of bipolar at age 18. At 27, Michelle decided to use her artistic talents and fearless personality to do something that could benefit the mental health community. In May 2015, she founded a mental health focused clothing brand. Schizophrenic.NYC is a clothing brand with the mission of reducing stigma by starting conversations about mental health. Check it out at Schizophrenic.NYC.

AS SEEN IN

Mashable BuzzFeed INSIDE LACROSSE TEDx

WebMD DailyMail.com MTV PsychCentral

TAKEAWAYS

The Early Signs and Denial

How Did I Gain Insight into my Mental illness?

Finding Out I Had Schizophrenia

My Daily Coping Skills

How I Started My Own Business?

SCHIZOPHRENIA AWARENESS JUST GOT FASHIONABLE THANKS TO THIS CLOTHING LINE.

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MASHABLE.COM

SHE DOESN'T FILTER HER WORDS, MAYBE BECAUSE SHE'S SCHIZOPHRENIC OR MAYBE BECAUSE SHE'S A NEW YORKER.

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GABE HOWARD, INSIDE MENTAL HEALTH PODCAST

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