

Title: Dissociation and addiction: Psychotherapy of unresolved emotional conflicts and of associated dissociative personalities in the safe place removes trauma-related introjects and related symptoms, including auditory hallucinations

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Psychotherapy of unresolved emotional conflicts may be used to efficiently treat dissociative disorder. This is based on the assumption that dissociation is caused by severe conflicts with perpetrators and that resolution of conflicts may alleviate symptoms. Conflicts with perpetrators as well as with passive participants are treated equally, starting with the more severe conflicts with perpetrators, since they appear to be related to the most severe symptoms.

Dissociative disorder may be present in addiction and may be suspected in patients consuming heavier drugs, especially heroine or methadone. Dissociative disorder in addiction may be more psychoform and therefore much less obvious to diagnose than somatoform dissociation, but can be diagnosed with tests of dissociation like the DES, the S.D.Q.-20, and the SCID-D. Patients with addiction have been treated with psychotherapy of unresolved emotional conflicts controlling the success of psychotherapy via the disappearance of dissociative personalities in a safe place scenario, as well as through monitoring of reduced psychiatric symptoms and auditive hallucinations, sometimes manifesting up to several weeks after a psychotherapy session. Auditive hallucinations were related to specific dissociative or so-called emotional personalities. Negative emotions linked to specific dissociative personalities may be creating a constant urge to the continued use of drugs in addiction. (Up to 250 words)

Biography

Dr. Peuschel has studied medicine and molecular biology at the University of Zurich, she completed her MD from the University of Zurich and has obtained postgraduate diplomas in psychiatry and psychotherapy in Switzerland. She is a consulting psychiatrist and psychotherapist in Zug, Switzerland. She has published papers about a novel antiviral therapy, a newly developed megaprimer PCR, about prion diseases and hemochromatosis and has been invited to multiple conferences in Europe, the US, Asia, and other countries to present her work. She has developed a novel behavioral psychotherapy of unresolved emotional conflicts since 2011. (Up to 100 words)

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Session name/ number: Keynote session
Category: (Oral presentation/ Poster presentation): Oral presentation