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Empowering individuals and families to engage in a process of healing from the ramifications of addiction

Jeff is a Licensed Professional Counselor, and holds certifications of Certified Addiction Counselor III , Certified ARISE Interventionist, and Certified Intervention Professional. The focus of his private practice is trauma. addiction. and families. He has done groups within the context of the criminal justice system, as well as in treatment centers. Because of his own childhood, he is drawn to a systemic understanding of problems as well as solutions.

Increase your therapeutic effectiveness: Discover the link between empathetic parenting and navigating addiction in the family.

Presentation Objective 1:
To gain a unique overview of an integrative perspective of patterns and roles that reinforce trauma over generations in families with addiction, and what you can do to change it.

Presentation Objective 2:
Visually demonstrate how patterns and roles occur in families with addiction, how these patterns contribute to addiction moving through generations, and how families can start the process of change.

Presentation Objective 3:
Identify a dynamic map of empathetic parenting over time, how this map relates to navigating addiction in the family and is useful in reframing the past narrative and opening/inspiring future choices for each individual.

This talk will illustrate and describe multi-generational structural patterns that occur in families with addiction. Techniques and tools will be explained that reduce shame, fault, and stigma, empowering family members to reframe the painful pathway addiction has taken historically into unified strategies to heal from the ramifications of the cycle of generational addiction. A comprehensive model will be presented, that empowers families to make positive structural change, learn and practice skills of resilience, and navigate family connections in the future.