

Title: The Good Behavior Game-A universal classroom behavior management method to reduce aggressive and disruptive behavior as contributing factors for initial substance use on adolescent.

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Study of human temperament stated that a person with disruptive and aggressive behaviour in the middle childhood or early adolescence has been shown to be more vulnerable to develop substance use behaviour in later life. Such behavior has identified carried out mostly in classrooms at school. The Good Behavior Game (GBG) is an evidence-based classroom-wide, teacher-implemented intervention that aims to improve classroom behavior by reducing off-task and aggressive, disruptive behavior, and/or increase appropriate behavior. This method will help and promote the adolescent about the good role of a student and develop new sets of skills. These procedure basically involves identifying target behaviors, posting rules, identifying reinforcers, dividing classes into two equal teams, identifying rule violators by name and stating their infractions, debiting public team for infractions, and awarding daily and weekly prizes to the team with the least infractions. Many research has shown that the GBG is an effective ways to prevent initial substance use behavior in the school settings.

This study method was conducted in The School of Kak Seto Indonesia for 30 to 60 min per day depending on the school schedule for up to 3 months. The entire study involved an initial adaptation period, including training for teachers and mentors, followed by a follow-up phase. This study may considered as the first evidence-based approach for school-based drug prevention program that applied in Indonesia, since the scare tactics and direct inoculation were still as a common technique that is used in most of the school in Indonesia.

Biography

Erry will complete his master degree in social intervention psychology in University of Indonesia on October this year and was nominated for a cum laude. He is the director of Kapeta Foundation, a non-profit organization for substance use disorder and HIV AIDS programme. He is one of the first and also the few in Indonesia which have a credentials as an international certified addiction counselor and therapist. He is also one of Indonesia's national trainer for Universal Treatment Curriculum of Colombo Plan.

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