The client that doesn't respond - Mental blocks to healing and methods to transform these unconscious patterns

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ABSTRACT:

Unconsciously held limiting beliefs (e.g. "I can't heal.", "It's not safe to accept help.", "If I get well, I'll be alone.") have an enormous impact on our ability to receive the benefits of Acupuncture and other healing modalities. These negative belief patterns are common, especially in patients that don't respond well to proven treatment approaches. Typically, these clients are perceived as difficult, non-compliant or therapy-resistant. Acupuncturists usually enter their professional lives unprepared to mitigate this challenging, yet frequently occurring situation. By using muscle response testing we can identify those limiting beliefs. Thus, we bring unconscious material to the conscious mind. We can then help the client release his or her old patterns via different mental and emotional release techniques like the "Emotional Freedom Technique" and other body centered forms of mindfulness. Clients then not only heal better. They are also greatly empowered because they learn to apply these techniques on their own whenever they come up against harmful mental programs. It can be crucial to understand and utilize the workings and power of the mind if we want to deepen the level of care for our constituents. Together with the great benefits of Acupuncture, these methods can lead to a significantly greater quality of life.