Poster Guidelines:

- The size of the poster should be: **40" x 59" or 1X1.5 Sq. Mts.**
- **Space your information** proportionally: divide your poster either horizontally or vertically into three or four sections, and place your materials within those spaces.
- Use **large text** (your text should be at least 18-24 pt; headings 30-60 pt; title >72pt.
- Choose **colors** carefully and pay attention to contrast.
- **Cropping, Margins, and Spacing**: All edges and margins should be straight and even. Don't overcrowd space and be attentive to balance from top to bottom and from the side margins. Organize your elements into columns.
- **White space**: (the area not covered with text or graphics): Not too much (or the viewer's eye will wander). Not too little (or you'll confuse and overwhelm your viewer)

Posters should have the following information.

- Title (with authors and affiliations)
- Introduction / Objectives / Aims
- Methods
- Results
- Conclusion
- References
- Acknowledgments
- Contact information



- Posters should stimulate discussion, do not give a long presentation. Therefore, keep **text to a minimum**, **emphasize graphics**, and make sure every item in your poster is necessary.
- Good **quality ink** is to be used to print the poster.
- No computers or extra aids may be used during a poster presentation.
- The poster should be placed at the allotted places **2 hours prior** to the poster session and can be removed at the end of the day.
- Keep your poster presentation to **~15 minutes per visitor/judge** (10 min discussion & 5 min query session).
- Each poster can be presented by a maximum of **2 presenters** during the poster evaluation.
- Try not to stand directly in front of your poster, allow other scientists to view the entire poster. **Stand to the side.**
- Carry your poster to the meeting, using **tubular packaging or a portfolio case**. Do not mail your poster to the conference headquarters or to the meeting site.

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