PULSUS

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Scientific Program



July

23-24, 2018

Rome, Italy

Global Experts Meeting on

Psychiatry and Mental Health

Pulsus Group

40 Bloomsbury Way, Lower Ground Floor, London, UK WC1A 2SE

Ph: +44-203-769-1765

E-mail: psychiatry@cmesocietyconferences.com; psychiatry@pulsusmeetings.org

Day 1 : July 23, 2018

Hall

08:30 - 09:30 Registrations

09:30 - 09:55 Opening Ceremony

Keynote Forum

09:55 - 10:00 Introduction

10:00 - 10:40 Title: A general overview of mindfulness research in the field of well-being

Michaela Pascoe, Victoria University, Australia

Workshop

10:40 - 11:40 Title: Workshop on cold therapy

Sam Vaknin, Southern Federal University, Russia

Refreshments and Networking Break 11:40 - 12:00

Symposium - Physical activity and improved wellbeing - what are the mechanisms?

Session Chair: Michaela Pascoe, Victoria University, Australia

12:00 - 12:30 Title: The effects of Mindful Movement on emotional and neurophysiological well-being

Tal Dotan Ben-Soussan, Patrizio Paoletti Foundation for Development and Communication, Italy

12:30 - 13:00 Title: The molecular side of Quadrato Motor Training: implications for mental health

Sabrina Venditti, Sapienza Università of Rome, Italy

Lunch Break 13:00 - 14:00

14:00 - 14:30 Title: The diagonal movement: electrophysiological effects and clinical implications.

Fabio Marson, Patrizio Paoletti Foundation for Development and Communication, Italy

14:30 - 15:00 Title: Physical exercise and depression: mechanisms of action from a cognitive-behavioural perspective

Timothy Carter, University of Nottingham, UK

15:00 - 15:30 Title: Oxidative stress in the context of youth mental health and the beneficial effects of exercise

Emily Fisher, University of Birmingham, Uk

Refreshments and Networking Break 15:30 - 15:50

B2B Meetings & Networking

Day 2: July 24, 2018

Hall

Keynote Forum

10:00 - 10:40

Title: Development of a web-based child mental health profiler system in South Africa: global implications

Jace Pillay, University of Johannesburg, South Africa

Session Introduction

Sessions: Child and Adolescent Psychiatry | Mental Health Stigma| Psychotherapy and its Advances | Stress | Suicidology and Suicide

10:40 - 11:10

Title: The challenge in positive psychology: facing the dark side of innovative & creative work

Sandra B. Císcar, Psycho-oncologist, Spain

11:10 - 11:40

Title:Life quality and the self : A person- centered case study of alzheimer's disease

Sylva Sarafidou, Psychologist, Greece

11:40 - 12:10

Title: Mindfulness practices can mediate stress: as told by Physiological Markers

Michaela Pascoe, Victoria University, Australia

Poster Presentation 12:10 - 12:30

PSY- 01

Title: The relationship between forgiveness, mastery and emotional distress following exposure to traumatic events through the media

Sharon Gil and Michael Weinberg, University of Haifa, Israel

PSY -02

Title: Improving mental health among children in low income families

Gyungjoo Lee, Catholic University of Korea, Republic of korea

PSY -03

Title: Gender differences in depression: the association with repeat bully victimizations

Jennifer Hartman & Michael G. Turner, University of North Carolina, North Carolina

PSY -04

Title:The role of supervision and professional efficacy in enhancing the professional competency of mental health professionals

Gyungjoo Lee,Catholic University of Korea, Republic of korea

Lunch Break 12:30 - 13:30

Award and Closing Ceremony

B2B Meetings & Panel Discussions