TENTATIVE PROGRAM



Theme: From Stigma to Support: Changing the Conversation on Mental Health

6th World Congress on

MENTAL HEALTH

May 09-10, 2024 | Barcelona, Spain

https://mentalhealth.cmesociety.com/

AGENDA

May 09, 2024 | Day 1

08:15 - 08:30 - Registrations & Souvenir Distribution
08:30 - 08:45 - Opening Ceremony

KEYNOTE FORUM

08:45 - 09:15	**Title: Emotional dysregulation and stress in Gambling disorder (GD) and Internet gaming disorder (IGD)** **Minna Chang | Epsom and St Helier University Hospitals NHS Trust | United Kingdom**
09:15 - 09:45	**Title: Brief Crisis Therapy: Overcoming Stigma and Promoting Hope in Crisis Therapy** **Andrew Sofin | Brief Crisis Therapy Institute | Canada**
09:45 - 10:15	**Title: Psychotropic Polypharmacy in the Intellectually Disabled to Manage Problematic Behaviors as an Accepted Practice: A Scoping Review** **Laura Graham | University of Alabama in Huntsville | United States**
10:15 - 10:45	**Slots Available***
10:45 - 11:15	

Networking, Refreshments and Exhibition Area 11:15-11:45

Plenary Sessions

Session on: Mental Health | Adult Mental Health | Child and Adolescents Mental Health | Mental illness | Psychology and Psychiatry | Impulse-Control Disorder

Session Chair: Aram Cargill| Change Challenge and the Adaption Apex Lab | Australia

11:45 - 12:00	**"Title: The Effect of Galacto-oligosaccharides (GOS) on Self-perceived Stress in Apparently Healthy but Stressed Dutch Women: A Randomized Controlled Home-Based Trial"** **Reina Tjoelker |FrieslandCampina | Netherlands**
12:00 - 12:15	**Title: Defining Psychological Birth Trauma: Beyond the PTSD in the DSM** **Julia Imanoff | University of Calgary | Canada**
12:15 - 12:30	**Title: Vagally Mediated Heart Rate Variability: Physiological Reactivity to Stressors and Hypertension** **Spyros Christou-Champi and Elena Papadopoulou |NeuroApto |Cyprus**
12:30 - 12:45	
12:45 - 13:00	**Slots Available***
13:00 - 13:15	

Lunch Break 13:15-14:15

Session on: Neuro-Development Disorders | Post-traumatic Stress Disorder | Bipolar Disorder | Personality Disorders | Dissociative Disorders | Anxiety and Depression	
Session Chair: Rauni Prittinen King | Pacific Pearl La Jolla | USA	
14:15 - 14:30	**Title: The Relation between Pattern of Feeding and Behaviour & Mental Health Disorders among Children** **Anne-Sophie Weyns | University of Antwerp | Belgium**
14:30 - 14:45	**Title: Social Deficiency and Alterations of Cholinergic Activity in the Medial Prefrontal Cortex in Adult Rat Prenatally Exposed to Vaproic Acid** **M Dashniani, M Burjanadze, N Chkhikvishvili, R Solomonia, L Tsverava, L Kruashvili and M Chighladze| Beritashvili Center of Experimental Biomedicine | Georgia**
14:45 - 15:00	**Title: Get Rid of the Stigma Associated with Mental Health - An Essential Step towards Real Education** **Shauli Mukherjee | Adamas University West Bengal | India**
15:00 - 15:15	**Slots Available***
15:15 - 15:30	
Networking, Refreshments and Exhibition Area 15:30 - 16:00	
Poster Presentation 16:00 - 17:00	
PP01	**Title: Girls, Trauma, and the Institutional Maze: The Challenges of Navigating Institutional Control** **Sanna King | University of Hawai | United States**
PP02	**Title: Journey to Self- Healing: Biofield Therapies, Spirituality and Body-Mind Health** **Rauni Prittinen King |Pacific Pearl La Jolla | United States**
PP03	**Title: No More Nightmares: How to Use Planned Dream Intervention to End Nightmares** **Beverly Ann Dexter | Licensed Clinical Psychologist | United States**
PP04	**Title: Life Inside and Out of the Matrix – Spiritual Therapy Approach** **Danny Shandor |Tel Aviv University | Israel**
PP05	**Title: Relationship between Insight and Cognitive Dysfunction among Patients with Schizophrenia** **Shikha Goel, B S Chavan, Nidhi Malhotra and Manoj K Bajaj |Government Medical College and Hospital | India**

May 10, 2024 | Day 2	
08:30 - 08:45 - Opening Ceremony	
KEYNOTE FORUM	
08:45 - 09:15	**Title : Addiction and PTSD for Long Term Recovery** David Shrank |Empowerment Behavioral Therapeutic Services | United States
09:15 - 09:45	**Title: The Psychology of Football: Psychological Factors and Football Players Performance** Kadhim Alabady | Dubai Health Authority | UAE
09:45 - 10:15	
10:15 - 10:45	**Slots Available***
10:45 - 11:15	
Networking, Refreshments and Exhibition Area 11:15-11:45	
Session on: Dementia | Schizophrenia | Suicidology | Addiction | Psychosis | Psychotherapy and its Advances | Psychological Evaluation and Assessment | Rehabilitations and Recovery	
Session Chair: Nancy Labib | Integrative Psychiatry Clinic | Egypt	
11:45 - 12:00	**Title: Evaluating the Use of Multi-Disciplinary Team Meeting Sheets in Older Adult & Adult Mental Health in a Tertiary Psychiatric Hospital in NHS Grampian, North Scotland - a Completed Audit Cycle** Sanah Ghafoor | Clinical Effectiveness Team | UK
12:00 - 12:15	**Title: Treatment Response to Low-Dose Ketamine Infusion for Treatment-Resistant Depression: A Gene-Based Genome-Wide Association Study** Sanah Ghafoor | Clinical Effectiveness Team | UK
12:15 - 12:30	**Title: Factors Associated with Empathy of Schizophrenia Patients in Psychiatric Rehabilitation and Recovery** Enuju Song |Wonkwang University | South Korea
12:30 - 12:45	**Slots Available***
12:45 - 13:00	
Lunch break 13:00 - 14:00	
Session on: Positive Psychology | Mental Health Nursing | Mental Health Stigma | Psychosomatic Medicine/ Consultation-Liaison Psychiatry | Covid 19 and Mental Health | LGBTQ+ and Mental Health | Mindfulness, Yoga and Meditation	
Session Chair: Giuseppe Bersani | Sapienza University of Rome | Italy	
14:00 - 14:15	**Title: A Comparison of Mainstream and Social Media Reporting of Suicide between Men and Women** Tina Guo | University of Toronto | Canada

14:15 - 14:30	**Title: Telepsychiatry: Moving beyond Rural Care to Enhancing the Patient Experience** **Allison Sikorsky| At Your Service Psychiatry | United States**
14:30 - 14:45	**"Title: Market Analysis: The Modulation of Spirituality in using the CISM Model with Mental Health Service Providers"** **Sahni Begum | GangaRammayaa University | India**
14:45 - 15:00	**Slots Available***
15:00 - 15:15	

PANEL DISCUSSION

Certificates and Award Presentations*

Thanks Giving & Closing Ceremony

****Note: The program schedule is subject to change****